



WELCOME TO ST. JOHN'S CATHOLIC CHURCH

www.stjohnsadel.org 515.993.4482

Office hours:

Mon.-Thurs. 9 am - 4 pm and
Friday 9 am to Noon

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Parish Secretary, Kelly Howard office@stjohnsadel.org

Director of Faith Formation, Ed Anderson re@stjohnsadel.org

Faith Formation Phone: 515-993-4590

YM & Con. Coor., Gabriela Finnegan youthministry@stjohnsadel.org

Director of Music Ministry, Miles Kean music@stjohnsadel.org

Maintenance, Steve Kofmehl

Knights of Columbus, Adel kofc@stjohnsadel.org

FIRST COMMUNION

First Holy Communion is a family and a community celebration. This year, we will be celebrating First Communion with the second grade students and their families at all three weekend Masses on April 18 and 19. There will be 14 students and families at the 4:30 pm Mass on April 18, one student and family at the 8:30 am Mass, and 10 students and families at the 11 am Mass on April 19. Please pray for our 25 First Communicants and their families. We want this to be a parish-wide welcoming celebration (Sacrament of Initiation), but we do anticipate a potentially large crowd for the 4:30 pm and 11 am Masses, in case you would like to plan accordingly.

WHY SHOULD I GO TO EUCHARISTIC ADORATION?

How long does Eucharistic Adoration last?

There is no fixed time. It can last from a few minutes to an hour or more. What's important is not how long, but how: with a willing heart. Dedicating one hour a week —out of the 168 hours in a week— can completely transform your spiritual life.

Upcoming Opportunities:

Holy Thursday, April 2nd: 8-11 pm

Friday, April 10th: 9 am - 3 pm

Divine Mercy Sunday, April 12th: 2-3 pm

Encounter Night Tuesday April 14th: 6-7 pm

Friday, April 17th: 9 am - 3 pm

Friday, April 24th: 9-10 am (please note time change for this week)

Friday, May 1st: 9-10 am (please note time change for this week)

MINISTRY SCHEDULE

Sign-up sheets are in the Church entry for Holy Week and Easter Weekend Masses.

KNIGHT NEWS

March Knight of the Month is Bob Pontious for his work with fish fry food prep. **Knight family of the Month** is the Ed Origer family. The Origer family is involved in supporting individuals with special needs and helping with the fish fry organization and clean up.

The Knights are offering their **Annual Scholarship** for children or grandchildren of Knights from Council #9574. Applications are due April 3rd and are available through Mike Cooper and the church office.

The **April Knights of Columbus meeting** will be on Thursday April 16th. Rosary at 6:15, meal at 6:30 and meeting at 7:00. If you are interested in becoming a Knight or have questions please contact Jesse Storck at kofc@stjohnsadel.org

BAPTISMAL PREPARATION CLASS

St. John's will host a baptismal preparation class on Sunday April 19th from 4-5:30 PM. If you are planning a baptism and have not attended the class, please contact the parish office to register. 515.993.4482 or office@st.johns.org

COFFEE AND DONUTS

Interest in Fellowship After 11 AM Mass?

Are you interested in attending and/or hosting fellowship after our 11 AM Mass? Donuts, fruit, meat/cheese and crackers? The church provides the refreshments and you provide the hospitality. If you can say yes to either question, please scan the QR code to let us know. A regular schedule will begin on April 19th.



DES MOINES COUNCIL OF CATHOLIC WOMEN

97th Spring Conference

This year's annual conference features Kali Schneiders, a popular author, who has inspired audiences across the country by combining her wit with God's wisdom and grace into inspiring stories. Kali's lessons come from her diverse personal background and a mission to shine a bright light in the dark corners. In addition to the guest speaker, attendees will have the opportunity to celebrate Mass with Bishop Joensen (11 am), enjoy lunch and fellowship with others, visit vendors and bid on silent auction items.

Date: April 11th, 2026

Time: 9:00 am - 2:30 PM
(8:30 am check-in begins)

Place: SS Peter & Paul Catholic parish center, 105 West 5th St. Atlantic, IA 50022

Cost: \$30

Registration deadline: April 1st



CHRIST OUR LIFE CONFERENCE

Save the Date!

September 26 and 27, 2026

Don't miss this bi-annual gathering of Catholics in Des Moines. Located at the Casey's Center downtown, the weekend includes international speakers, Mass, reconciliation, adoration and music. To learn more visit ChristOurLifelowa.com

ONE PARISH, ONE BOOK

We continue to read together The Seven Pillars of Catholic Spirituality. As you read and discuss, remain open to God's promptings in your heart.

PILLAR 6 - SPIRITUAL READING

"The goal of spiritual reading is to ignite the soul with a desire to grow in virtue and thus become the-best-version-of-oneself."

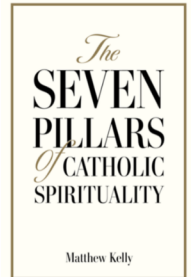
Questions to Consider:

1. How does Matthew describe the role of spiritual reading in personal transformation, and why does he consider it essential rather than optional in the spiritual life?
2. What obstacles to spiritual reading does the chapter identify (such as busyness, distraction, or lack of discipline), and which of these do you find most challenging in your own life?
3. Matthew emphasizes intentionality in choosing what we read. How can we practically discern which spiritual books or materials are best suited for our current season of faith?
4. Can you think of a time where a book, fiction or nonfiction, genuinely changed your life? What about it moved you?
5. In a world with a short attention span, how can you make time to prioritize spiritual reading in your life?
6. How has reading *The Seven Pillars of Catholic Spirituality* affected your spiritual life so far?

What is one practical piece of advice that you can take from this week's reading on the sixth pillar of Catholic Spirituality: Spiritual Reading?

Seven Pillars Challenge:

**Commit to reading one new spiritual book for fifteen minutes each day.
Reading for the Week of March 29: Pages 135 - 147**



FIRE-UP YOUR FAITH AND FELLOWSHIP

- March 31 @ 5:30 pm Mass, 6:00 pm meal, 6:30-7:30 pm presentation-Miles of Faith-Cycling Across America (speakers: Maria & Pat Steele).
- April 8 @ 5:30 pm meal, 6-7:30 pm presentation for catechists and those considering this ministry. (speaker: Tom Quinlan from DM Diocese)
- April 23 @ 11:30 am meal, followed by 12-1 pm Sharing Faith Visit to Holy Land (speaker: Lynn Bose)
- May 2 @ 9:00 am Mass, 9:30-10 am meal, 10-11 am presentation-Marian Apparitions. (speaker: Joshua Burks from Lincoln, NE).
- May 13 @ 5 pm meal; 5:30-6:30 pm Presentation-Mary and the Saints (presenter: Ed Anderson)

The Fire-up your Faith & Fellowship Nights are sponsored through the FIRE-UP Grant ---received by the St. John's Adult Faith Formation Committee.