

## What to Expect from Detox

1

Your doctor or nurse talks with you.  
If they think you may need detox, they check your symptoms and make sure it's safe for you to transfer.

2

We get your information.  
The hospital sends us your records and gives us a call. Our nurses review everything right away.

3

You gather what you need.  
You gather what your toiletries and clothing essentials for the length of your stay.

4

You come to Project Turnabout.  
Once transportation is arranged, you'll arrive at our 24/7 detox unit, where our team is ready for you.

5

Next steps for recovery.  
After you feel better, we'll talk with you about treatment options and support for your recovery journey.

## How Admission to Medical Detox Works

Patients are first screened at the hospital or clinic to be sure they are medically stable and eligible for detox. The provider then calls and faxes paperwork to Project Turnabout, and our nursing team quickly reviews the information. Most insurance is accepted, and we'll help with questions. Once accepted, transportation is arranged and the patient is admitted to our 24/7 detox unit, where nurses provide medication and support to safely manage withdrawal. After stabilization, we guide patients into ongoing treatment and recovery with care every step of the way.

Medical detox  
can prevent  
complications

Medical detox  
can ease  
symptoms

Family &  
friends know  
you're safe

Medical detox  
gives you a  
fresh start



**CALL**  
**800.862.1453**

