

What is Medical Detox

Medical detox is the first step in recovery for people whose bodies have become dependent on alcohol or other drugs.

Detox is a short-term, medically supervised process that helps safely manage withdrawal symptoms.

You May Need Medical Detox

Shaking, sweating, or
chills



Nausea, vomiting, or
diarrhea

Fast heartbeat or high
blood pressure



Anxiety, agitation, or
restlessness

Trouble sleeping or
intense cravings



Hallucinations, confusion,
or seizures

(emergency signs—seek help immediately)

Why Medical Detox

- Keeps you safe by monitoring your vital signs.
- Reduces discomfort with medication-assisted care.
- Prevents complications like seizures, dehydration, or severe confusion.
- Prepares you for success by connecting you directly into ongoing treatment and recovery support.

We Support You

- 24/7 nursing care.
- Medications (taken by mouth) to reduce discomfort and prevent complications.
- A safe, supportive environment where your health is closely monitored.

800.862.1453
PROJECT TURNABOUT