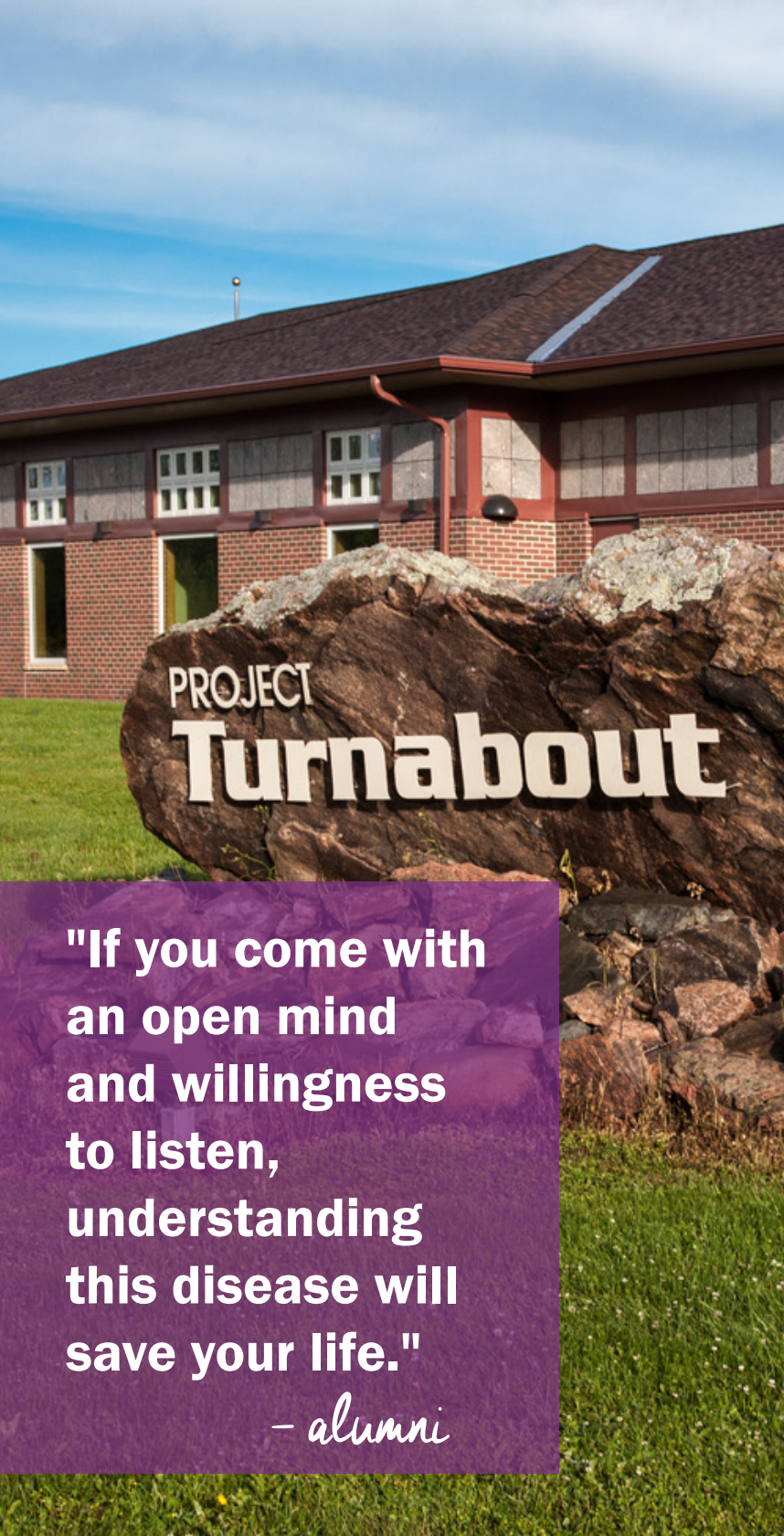




OUTPATIENT PROGRAMS & SERVICES





**"If you come with
an open mind
and willingness
to listen,
understanding
this disease will
save your life."**

— alumni

Why Project Turnabout?

Addictions have devastating effects on individuals and the people they love. While at times a situation may feel hopeless, Project Turnabout believes that all addicts can, and deserve to be treated for their disease, and given the opportunity to lead full, healthy lives. Treatment at our facilities is confidential, respectful, and dignified, and helps each individual patient learn skills to support a life-long recovery.

All of our programs are designed to meet the specific needs of every individual who comes through our doors. We apply a holistic approach to treatment. This is done by encompassing mind, body, and spirit as components of a healthy life.

Our programs and services use an abstinence-based model of care that incorporates education, counseling, fellowship, and general health with the supportive network of 12-Step recovery groups. Individualized care plans allow patients to work on both general issues affecting everyone and specific issues that meet their individual needs.

Outpatient Programs & Services

We offer a full continuum of outpatient programs and services for addiction treatment for both men and women throughout our four locations, including:

- Intensive Outpatient Programs
- Continuing Care Programs
- Transitional Living for Men
- Sober Living Homes for Men and Women
- Domestic Abuse Perpetrator Program
- DWI Clinics
- Adolescent Diversion Program

Whatever your addiction treatment needs may be - Project Turnabout is here to help you find hope and recovery.



A Place of Support

Project Turnabout's Outpatient Offices provide a supportive and caring environment for individuals and families to address an alcohol and/or drug problem while continuing their daily routine of work, school, and family life.

Our Intensive Outpatient Programs (IOP) are designed to embrace a person-centered approach, and are typically followed by Continuing Care. IOP includes weekly treatment planning and individual counseling sessions. Our professional counseling staff

assists in restructuring lives and establishing chemically-free lifestyles while focusing on Steps 1-5.

We integrate drug and alcohol education, as well as our Family Program, into treatment. Patients participate in group therapy sessions, lectures, individual counseling, family education, and 12-Step support groups. We also include a **Relapse Prevention Program** with a "Step-Down" structure for improved success.

Current costs are subject to change. Contact us to learn more.

www.ProjectTurnabout.org/Outpatient

About the Program

Project Turnabout's Intensive Outpatient Programs for alcohol and drug recovery are offered for both men and women (ages 16 years and older) through all four of our locations. The eight-week program is offered daytimes and evenings, depending upon location. These programs offer the flexibility one needs to continue other obligations in addition to learning new tools for their life in recovery.

- 75-Hour Program
- 25 Sessions | 3 Sessions Per Week

Current Program Days and Times by Location:

Granite Falls

Mondays, Wednesdays, and Thursdays | 9:00AM to 12:00PM

Marshall

Monday, Wednesday, and Thursday Evenings | 6:00PM to 9:00PM

Redwood Falls

Monday, Wednesday, and Thursday Evenings | 6:00PM to 9:00PM

Willmar

Monday, Wednesday, and Thursday Evenings | 6:00PM to 9:00PM



Granite Falls



Willmar



Marshall



Redwood Falls



A Place to Discover and Learn

Project Turnabout's Continuing Care Programs embrace an individualized care approach. Patients therefore participate in group therapy sessions, lectures, individual counseling, family education and 12-Step support groups. Guided by a counselor, they'll discover healthier ways to face daily challenges and learn skills to reconnect with family while continuing to have a built-in support network.

Admission to our Continuing Care Programs typically follows the completion of any residential treatment program or intensive outpatient program. This offers patients the ability and time to mindfully step down from a treatment-based approach to a life in recovery.

www.ProjectTurnabout.org/Continuing-Care

About the Program

Our Continuing Care Programs for alcohol and drug recovery are offered for both men and women (ages 16 years and older) through all four of our locations.

This 12-week program is offered daytimes and evenings, depending upon location, allowing patients the utmost flexibility to continue meeting their family, education, and work obligations.

- 24-Hour Program
- 12 Sessions | 1 Session Per Week

Current cost is subject to change. Contact us to learn more.

Current Program Days and Times by Location:

Granite Falls

Tuesdays | 10:00AM to 12:00PM

Marshall

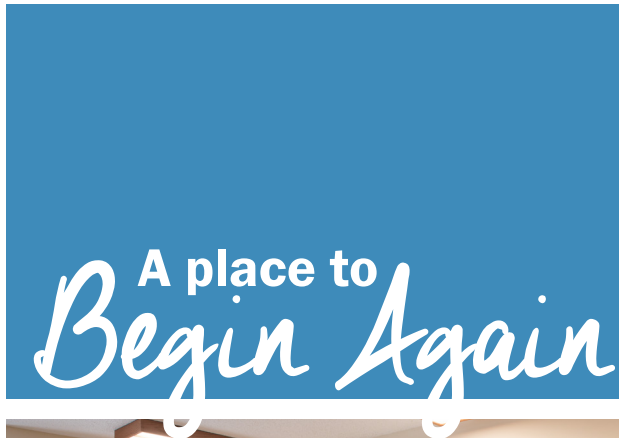
Wednesday and Thursday Evenings | 6:00PM to 8:00PM

Redwood Falls

Tuesday Evenings | 6:00PM to 8:00PM

Willmar

Tuesday Evenings | 6:00PM to 8:00PM



Recovery Happens Through Community

Our Transitional Living Home for men (ages 18 years and older), often referred to as a “Halfway House,” is located in Marshall, Minnesota. The program offers those in early recovery from alcohol or drugs a supportive place to settle in, go to school, or re-enter the workplace – a starting point to again become responsible members of the community.

Structured Daily Programming:

- Group Therapy
- Lectures
- Individual Counseling
- Spirituality Groups
- Family Groups
- 12-Step Support Groups

Program participation typically ranges from 60 – 180 days and requires the successful completion of a primary care treatment program prior to enrollment.

Our apartment-style living arrangements offer the chance for each resident to work on responsibility in self-care and independent living skills. The campus also offers other amenities that are readily available during your stay. Loved ones are also able to visit on Sundays from 1:00PM to 5:00PM.

Apartment Set-Up:

- 2 Bedrooms
- Living Room
- Bathroom
- Kitchen
- Dining Area

Other Amenities:

- On-Site Treatment Programming
- 24-Hour Staffing
- On-Site Fitness Area
- On-Site Laundry
- Shared Lounge Area

Admission is done on a referral basis only. Primary care providers of the patient may contact our Marshall Office to start the admissions process. Bed availability may vary.

Current costs are subject to change. Contact us to learn more.

www.ProjectTurnabout.org/Transition

A Place to Call Home

We offer two sober living homes in Willmar, Minnesota - one for men, and one for women. These homes serve as a starting point for those in early recovery to transition back into the community. *Our sober living homes are open to all men and women (ages 18 years and older) who have completed a primary care program for alcohol, drug, or gambling addictions.*

Our non-licensed private residences provide a gambling, alcohol, and drug-free environment. They offer inexpensive and temporary housing for up to 18 months. Residents are able to continue their recovery and learn living skills necessary to rejoin the community safely and successfully, all while enjoying continuous support of other recovering individuals. Loved ones are also welcome to visit. Each of our homes include many amenities and resources, such as:

- Off-Site or On-Site Manager
- On-Site Laundry (Included)
- Fully Furnished Rooms and Kitchen
- Accessible Public Transportation
- Wi-Fi, Cable Packages, and Utilities (All Included)

The residents have opportunities to advance their skills and education. Through the area, they can access academic resources, skill building networks, and area employment opportunities. Tenants are required to attend three recovery support meetings weekly.

Admission is done on a referral basis only. Primary care providers of the patient may contact our Marshall Office to start the admissions process. Bed availability may vary.

Current costs are subject to change. Contact us to learn more.

www.ProjectTurnabout.org/Sober-Living



Cheri's Place

In 2014, this historic Willmar, Minnesota home, originally built in 1896, was purchased and renovated by Project Turnabout. It was inspired by women, for women, as a place for those completing treatment and beginning their journey in recovery. It was named "Cheri's Place" to honor the support and commitment of those in treatment and recovery by long-time Project Turnabout board member, Cheri Weismantel.

Earl's Place

Purchased in 1998 by Project Turnabout, this sober living home for men has been in operation ever since. In 2016, a complete renovation was done inside the home with help from our dedicated staff and community members. Earl's Place, formerly known as the Becker House, was named in honor of Earl I. Olson, whose tremendous dedication to those in recovery will never be forgotten.

Adolescent Diversion Program

Adolescents have unique needs when it comes to education on substance use and the impact it has on their lives. Our Adolescent Diversion Program is specially designed to serve the needs of youth who are at a high risk of abusing alcohol and/or other mood-altering chemicals.

This program aims to educate adolescents, parents, and families on the harmful effects and consequences of alcohol and drug use through education and communication. Due to the extensive impact chemical use and abuse has on the family, it is required that a parent or legal guardian attend along with their respective adolescent.

- 4-Hour Program
- 2 Sessions | 1 Session Per Week

Current Program Days and Times by Location:

Granite Falls

Held Every Other Month
2nd and 3rd Mondays | 4:00PM to 6:00PM

www.ProjectTurnabout.org/DiversionProgram

DWI Clinic

Our DWI Clinic provides required education for first time offenders of Minnesota's Driving While Impaired Law.

This educational opportunity aims to assist participants in the understanding of the legal, social, and personal consequences of driving while impaired. It also aims to help prevent repeat offenses.

The program combines alcohol education with self-assessment and group discussion on the repercussions of driving while intoxicated. Our DWI Clinics are designed for and open to first time offenders.

- 6-Hour Program
- 2 Sessions | 1 Session Per Week

Current Program Days and Times by Location:

Granite Falls

Held Every Other Month
2nd and 3rd Mondays | 6:30PM to 9:30PM

Marshall

Available as needed. Dates and times are subject to change.

www.ProjectTurnabout.org/DWI-Clinics

Domestic Abuse Perpetrator Program

A key part of our mission is to operate a program designed to help perpetrators of domestic abuse or community violence. We believe that everyone deserves to live a life free from the threat of violence. We also believe in the ability for individuals to grow and change through structured education and accountability of the offender. Suitable participants for this program must be male, and they must be willing to follow all program rules, as well as willing to take full responsibility for their behavior.

- 52-Hour Program
- 26 Sessions | 1 Session Per Week

Current Program Days and Times by Location:

Marshall

Tuesday Evenings | 6:00PM to 8:00PM

Willmar

Tuesday Evenings | 6:00PM to 8:00PM

www.ProjectTurnabout.org/Domestic-Abuse



Referrals for our Educational Services can be made both personally and professionally, with or without the legal system.

Current costs are subject to change. Contact us to learn more.

A Place You Can Afford

Often, people forgo seeking the care they deserve because of financial fears. We want you to know we are here to help, no matter your financial circumstances. Project Turnabout's financial team employs three full-time patient funding coordinators whose goal is to help walk with you and your loved ones through making treatment as affordable as possible.

Insurance

Project Turnabout accepts most insurances. We are also currently a licensed provider for the State of Minnesota, a Preferred Provider for Blue Cross/Blue Shield of Minnesota, and an Essential Community Provider.

State Coverage

Our organization is a licensed treatment provider that accepts funding coverage from the State of Minnesota through the Consolidated Chemical Dependency Treatment Fund (CCDTF) and other Minnesota Health Care Programs (MHCP).

Private Pay

Our Patient Funding Coordinators are available to discuss current rates and develop a personalized funding plan that works best for your needs.

Patient Aid Funds

We have four different scholarship funds available for alcohol, drug, and gambling addiction treatment or aftercare. Scholarships are evaluated on a case-by-case basis.

Current costs and payment methods are subject to change. Contact us to learn more.

www.ProjectTurnabout.org/Affordable-Care



Reaching out for help can often be the most difficult step to take.

You may be wondering things like “is there really a problem?”, “will they tell someone I called?”, “maybe I’m just over reacting?” Whatever your worry, please know we have experienced them all with open minds and open hearts.

Someone from our staff is always available to answer any questions or concerns, help provide resources and tips for talking with your loved ones, and help guide you through the processes of accessing treatment if necessary.

All inquiries are free, confidential, and have no obligations. Just know we’re here to help. So don’t wait -

make the call today.

Granite Falls

Main Campus - Residential & Outpatient Programs

660 18th Street

PO Box 116

Granite Falls, MN 56241

(Toll-Free) 1-800-862-1453

(P) 320-564-4911

(F) 320-379-3122

info@projectturnabout.org

Admissions

(F) 320-379-1042

admissions@projectturnabout.org

Marshall

Outpatient Office & Transitional Living Home

1220 Birch Street

Marshall, MN 56258

(P) 507-532-3008

(F) 507-532-3058

Redwood Falls

Outpatient Office

334 Jefferson Street

Redwood Falls, MN 56283

(P) 507-637-8783

(F) 507-532-3058

Willmar

Outpatient Office & Sober Living Homes

130 SE Willmar Avenue

Willmar, MN 56201

(P) 320-214-7744

(F) 320-235-0642

www.ProjectTurnabout.org



1-800-862-1453
www.ProjectTurnabout.org

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