



11 Day Rolling Menu – Summer Menu 2025

A variety of cereals, whole meal toast, fruit and natural yogurt are served for breakfast daily until 9am.

All meals are homemade daily on the premises and we use fresh fruit and vegetables

	AM Snack	Lunch	PM Snack	Dinner
Day 1	Wholemeal pitta with cheese slices CM,G,W	Macaroni cheese with chickpeas, cauliflower and broccoli CM,G,W Beetroot Cake CM,G,W,E	Carrot batons with a homemade dips F,CM,G,W,E	Chicken goujons with potato salad, peas, sweetcorn and a homemade tomato dip CM,G,W
Day 2	A selection of melon slices	Jacket potatoes, beans, tuna, cheese and grated carrot F,CM,E Greek yogurt & bananas CM	Large rice cakes with a selection of spreads CM,G,W,E	Salmon fillet with wholemeal rice, roasted parsnips, carrots and a lemon dill sauce F,CM
Day 3	Grapes & orange slices	Wholemeal toasted muffins with a selection of fillings and crudités F,CM,G,W,E,S Rice pudding & seasonal fruit puree CM	Oatcakes with a selection of spreads CM,G,W,E	Beef lasagna with garlic bread & broccoli CM,G,W,S
Day 4	Breadsticks with homemade dips F,CM,G,W,E	Salmon and cod puff with peas and sweetcorn F,G,W Frozen strawberry yogurt CM	Cheese cubes & fresh pineapple chunks CM	Chicken tantuni wraps with a cucumber and tomato salad G,W,E
Day 5	Strawberries & plum segments	Freshly made pizza with vegetable and bean sauce base with a selection of toppings and crudité CM,G,W Greek yogurt and seasonal fruit salad CM	Water biscuits with a selection of spreads CM,G,W,E	Turkish Karniyarik with wholemeal rice G,W
Day 6	A selection of melon slices	A selection of sandwiches and wraps with a variety of fillings and crudités F,CM,G,W,E Apple and blueberry muffins CM, G,W,E	Breadsticks with homemade dips F,CM,G,W,E	Cod goujons with garlic herb potato cubes, peas and carrots F,CM,G,W
Day 7	Mixed pepper batons with homemade dips F,CM,G,W,E	Tomato, mozzarella, cannellini beans and mushroom pasta bake served with garlic bread CM,G,W Shortbread biscuit & satsuma pieces G,W	Croissant bites with blueberries CM,G,W,E	Chicken & spinach curry with wholemeal rice & green beans CM
Day 8	Strawberries & satsuma pieces	Salmon and pepper paella with a green salad F,CM,G, Pineapple upside down cake G,W,E	Water biscuits with cheese slices CM,G,W	Kofte with pitta bread, yogurt and Turkish coban salad CM,G,W,E,S
Day 9	Large rice cakes with a selection of spreads CM,G,W,E	Leek, chickpea & potato soup with cheese twists CM,G,W Summer fruit crumble with ice cream CM,G,W,E	Cucumber batons with home made dips F,CM,G,W,E	Turkish chicken & vegetable casserole with couscous G,W
Day 10	Breadsticks with homemade dips F,CM,G,W,E	Basil and sunflower seed pesto with giant cous cous & sweetcorn CM,G,W Frozen banana yogurt CM	Cheese and apple slices CM,G,W,E	Beef Mexican tacos boats and rice with a zingy Mexican salsa CM,G,W
Day 11	Oatcakes with a selection of spreads CM,G,W,E	A selection of sandwiches and wraps with a variety of fillings and crudités F,CM,G,W,E Apple oat cookie CM,G,W,E	Peach & pear slices	Chicken & vegetable puff with green beans & broccoli CM,G,W,E

After dinner dessert will always be fresh fruit which the children will get to choose from our fruit bowl.

Allergens: F fish CM cow's milk, G gluten, W wheat E eggs, M mustard, CE celery S soy