



Kids Club - 11 Day Rolling Vegetarian Menu - Winter 2025/26

All meals are homemade daily on the premises and we use fresh fruit and vegetables

	PM Snack	Dinner	Pudding
Day 1	Oatcakes with a selection of spreads CM, G, W	Creamy mushroom beans with rice & broccoli CM,G,W	Semolina pudding with fresh fruit CM, G, W
Day 2	Large rice cakes with a selection of spreads CM, G, W	Bean cake with root vegetable mash, green beans carrots & gravy CM,G,W,E	Apple oat cookie CM, G,W
Day 3	Cucumber batons with a homemade dip CM, G,W,E	Moussaka with garlic bread & peas CM,G,W,S	Banana cake CM, G,W,E,S
Day 4	Water biscuits with a homemade dip CM, G,W	Spinach & lentil cake with wholemeal rice, roasted vegetables & gravy	Greek yoghurt with mixed berries CM
Day 5	Cheese cubes & fresh pineapple chunks CM	Homemade vegetable goujons with potato wedges, peas & sweetcorn CM,G,W	Carrot cake G, W,E E
Day 6	Mixed pepper batons with a homemade dip CM,E	Vegetable & bean curry with wholemeal rice & green beans CM	Pineapple upside down cake CM, G,W,E
Day 7	Large rice cakes with a selection of spreads CM, G,W,E	Quorn bolognaise with hidden vegetables, wholemeal spaghetti & grated cheese CM,G,W	Rice Pudding with seasonal fruit Puree CM
Day 8	Large rice cakes with a selection of spreads CM, G,W	Homemade vegetable goujons with potato wedges, peas & sweetcorn CM,G,W	Apple and Blueberry Muffins CM, G,W,E
Day 9	Strawberries & Satsuma pieces	Roasted root puff with peas CM,G,W,S	Forest fruit crumble with coconut & pineapple ice cream CM, G,W
Day 10	Oatcakes with a selection of spreads CM, G,W	Vegetable & bean balls with herbed new potatoes, broccoli & carrots CM,G,W	Greek yoghurt with mixed berries CM
Day 11	Pears & raspberries	Quorn Mexican taco boats & rice with zingy Mexican salsa CM,G,	Homemade shortbread biscuit with satsuma pieces G, W Peaches with custard CM

Please note: After dinner, children who do not want dessert will have the option to choose fresh fruit from our fruit bowl.

Allergens: **F** fish **CM** cow's milk, **G** gluten, **W** wheat **E** eggs, **M** mustard, **CE** celery **S** soy