



## Kids Club - 11 Day Rolling Menu – Winter 2025/26

All meals are homemade daily on the premises and we use fresh fruit and vegetables

	PM Snack	Dinner	Pudding
Day 1	Oatcakes with a selection of spreads CM, G, W	Creamy mushroom chicken with wholemeal rice & broccoli CM, G, W	Semolina pudding with fresh fruit CM, G, W
Day 2	Large rice cakes with a selection of spreads CM, G, W	Salmon fillet with roast potatoes, roasted parsnips, cauliflower florets & a lemon dill sauce F, CM	Apple oat cookie CM, G, W
Day 3	Cucumber batons with a homemade dip CM, G, W, E	Beef lasagne with garlic bread & peas, CM, G, W, S	Banana cake CM, G, W, E, S
Day 4	Water biscuits with a homemade dip CM, G, W	Garlic & Herb roast chicken with root vegetable mash, broccoli & gravy CM, G, W	Greek yoghurt with mixed berries CM
Day 5	Cheese cubes & fresh pineapple chunks CM	Homemade fish goujons with potato wedges, peas & sweetcorn F, CM, G, W	Carrot cake G, W, E, E
Day 6	Mixed pepper batons with a homemade dip CM, E	Chicken & spinach curry with wholemeal rice & green beans CM	Pineapple upside down cake CM, G, W, E
Day 7	Large rice cakes with a selection of spreads CM, G, W, E	Beef bolognese with hidden vegetables, wholemeal spaghetti & grated cheese CM, G, W	Rice Pudding with seasonal fruit Puree CM
Day 8	Large rice cakes with a selection of spreads CM, G, W	Homemade chicken goujons with herbed new potatoes, broccoli & carrots CM, G, W	Apple and Blueberry Muffins CM, G, W, E
Day 9	Strawberries & Satsuma pieces	Salmon & Cod puff with Broccoli F, CM, G, W	Forest fruit crumble with coconut & pineapple ice cream CM, G, W
Day 10	Oatcakes with a selection of spreads CM, G, W	Turkish chicken & vegetable casserole with cous cous G, W	Greek yoghurt with mixed berries CM
Day 11	Pears & raspberries	Beef Mexican tacos boats & rice with zingy Mexican salsa CM, G, W	Homemade shortbread biscuit with satsuma pieces G, W Peaches with custard CM

**Please note:** After dinner, children who do not want dessert will have the option to choose fresh fruit from our fruit bowl.

**Allergens:** F fish CM cow's milk, G gluten, W wheat E eggs, M mustard, CE celery S soy