



## Kids Club - 11 Day Rolling Menu - Summer 2025

All meals are homemade daily on the premises and we use fresh fruit and vegetables

	PM Snack	Dinner	Pudding
Day 1	Carrot batons with a homemade dips F,CM,G,W,E	Chicken goujons with potato salad, peas,sweetcorn and a homemade tomato dip CM,G,W	Beetroot Cake CM,G,W,E
Day 2	Large rice cakes with a selection of spreads CM,G,W,E	Salmon fillet with wholemeal rice, roasted parsnips, carrots and a lemon dill sauce F,CM	Greek yogurt & bananas CM
Day 3	Oatcakes with a selection of spreads CM,G,W,E	Beef lasagna with garlic bread & broccoli CM,G,W,S	Rice pudding & seasonal fruit puree CM
Day 4	Cheese cubes & fresh pineapple chunks CM	Chicken tantuni wraps with a cucumber and tomato salad G,W,E	Frozen strawberry yogurt CM
Day 5	Water biscuits with a selection of spreads CM,G,W,E	Turkish Karniyarik with wholemeal rice G,W	Greek yogurt and seasonal fruit salad CM
Day 6	Breadsticks with homemade dips F,CM,G,W,E	Cod goujons with garlic herb potato cubes, peas and carrots F,CM,G,W	Apple and blueberry muffins CM, G,W,E
Day 7	Croissant bites with blueberries CM,G,W,E	Chicken & spinach curry with wholemeal rice & green beans CM	Shortbread biscuit & satsuma pieces G,W
Day 8	Water biscuits with cheese slices CM,G,W	Kofte with pitta bread, yogurt and Turkish coban salad CM,G,W,E,S	Pineapple upside down cake G,W,E
Day 9	Cucumber batons with home made dips F,CM,G,W,E	Turkish chicken & vegetable casserole with couscous G,W	Summer fruit crumble with ice cream CM,G,W,E
Day 10	Cheese and apple slices CM,G,W,E	Beef Mexican tacos boats and rice with a zingy Mexican salsa CM,G,W	Frozen banana yogurt CM
Day 11	Peach & pear slices	Chicken & vegetable puff with green beans & broccoli CM,G,W,E	Apple oat cookie CM,G,W,E

**Please note:** After dinner, children who do not want dessert will have the option to choose fresh fruit from our fruit bowl.

**Allergens:** F fish CM cow's milk, G gluten, W wheat E eggs, M mustard, CE celery S soy