



Terms and Conditions

Show Up Show Out Boxing & Fitness L.L.C

1. Payment Terms:

- ★ Payment for personal training sessions must be made at the beginning of each session unless otherwise agreed upon in writing. Payment for group classes must be made in advance, prior to the start of each session or as specified by SUSO Boxing.

2. Scheduling:

- ★ Session scheduling is subject to availability and may be adjusted at the request of SUSO Boxing or for business reasons. In the event of a schedule change initiated by SUSO Boxing or for business reasons, clients will be compensated with priority rescheduling, contingent upon the availability of the trainer.

3. Session Start Time:

- ★ Sessions will begin promptly at the scheduled time. Late arrival by the client will not extend the session beyond the scheduled end time.

4. Cancellation Policy:

- ★ Clients must provide a minimum of 12 hours' notice to reschedule or cancel a session. Failure to do so will result in forfeiture of the session.

5. Bundle Cancellation:

- ★ If a client cancels a prepaid training package, they agree to forfeit any money already paid for unused sessions within the package.

6. Equipment Requirements:

- ★ Clients participating in boxing sessions must bring their own wraps and gloves. SUSO Boxing does not provide these items. For group classes, all

necessary equipment will be provided by SUSO Boxing, except for personal items such as shoes, workout clothing, and personal hygiene items.

7. Code of Conduct:

- ★ Clients are expected to conduct themselves in a respectful manner at all times towards trainers, staff, and other clients. Any disruptive behavior or failure to comply with SUSO Boxing's policies may result in termination of services without refund.
- ★ **Notice:** Fines will be issued following any session or class if health and safety standards are not followed. Fines start at **\$25.00** for violations of established procedures.

8. Health and Safety:

- ★ Clients must disclose any medical conditions or physical limitations that may affect their ability to participate safely in training sessions. SUSO Boxing reserves the right to deny services if it is deemed unsafe for the client to participate.

9. Liability Waiver:

- ★ Clients are required to sign a liability waiver and release before participating in any training sessions or classes at SUSO Boxing.

10. Photography and Media:

- ★ SUSO Boxing reserves the right to use photographs and videos taken during sessions for promotional purposes, unless otherwise specified in writing by the client.

11. Amendments:

- ★ SUSO Boxing reserves the right to amend these terms and conditions at any time. Clients will be notified of any changes in writing or via email. By signing below, I acknowledge that I have read, understood, and agree to abide by the terms and conditions set forth by Show Up Show Out Boxing.

12. Sparring Authorization and Fee Policy:

- ★ Sparring privileges are strictly reserved for **active, registered fighters** of the club who are in good standing. Any individual who is **not an active fighter** and chooses to participate in sparring will be considered **unauthorized** and subject to a **double session fee**. The standard sparring rate is **\$50**; therefore, unauthorized participants will be charged **\$100 per session**.

Repeated violations may result in **suspension of training privileges** or further disciplinary action.

Print Name: _____ Sign Name: _____ Date: _____