

VITAL SIGNS

First Edition: February 2026

Welcome to the first edition of the Northumberland Primary Care Network Newsletter. As we continue to strengthen primary care integration across the Ontario Health Team of Northumberland (OHT-N), our goal is to keep all primary care providers informed, connected, and supported in the work that is done every day for our residents.

What's New

Here to support you, as you support our residents!

The OHT-N has introduced the Supported Attachment Nurse Navigation (SANN) Program supporting family physician and nurse practitioner practices by coordinating intake, attachment, and early navigation for unattached patients in Northumberland. We work alongside you to ensure patients are appropriately matched, prepared for attachment, and supported through the transition into your practice so attachment is smoother.

What we can support

- Intake and screening to help identify patient needs and readiness for attachment
- Coordinated attachment processes aligned with your practice capacity
- Patient preparation and navigation, including immunizations and preventative care

What this means for your practice

- Reduced administrative burden through coordinated attachment processes
- More appropriate attachments aligned with your capacity and patient complexity
- Improved continuity of care and more sustainable patient relationships
- Added system support for patients who may need extra navigation or follow-up

Interested in participating?

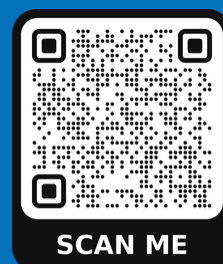
If your practice is interested in learning more about the SANN program or exploring participation reach out Cecilia Craig at ccraig@ohtnorthumberland.ca to start the conversation.

Are you connected?

The OHT-Northumberland Primary Care Network WhatsApp community is designed to enhance communication, collaboration, and resource sharing among health care providers in our area. This community streamlines information sharing and provide access to training and resources.

Join the OHT-N Primary Care WhatsApp Community

Having a community means you can lean on your colleagues to support each other on difficult cases, referrals, stay up to date on announcements, education/training and the latest news



SCAN ME

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WELCOME OUR NEW OHT-N PRIMARY CARE NETWORK LEADERSHIP COUNCIL

We are pleased to announce the launch of the Primary Care Network (PCN) Leadership Council, a new forum within the Ontario Health Team of Northumberland (OHT-N) designed to strengthen primary care leadership, collaboration, and shared decision-making across our region. The Council brings together primary care leaders from diverse practice settings to guide OHT-N initiatives, align priorities, and ensure primary care perspectives are central to regional planning and innovation.

The inaugural Council brings together family physicians, nurse practitioners, and team-based care leaders to ensure diverse primary care perspectives across Northumberland are represented.

- Dr. Fraser Cameron
- Dr. Jenn Braun
- Dr. Michelle Cohen
- Dr. Emilie Beylis
- Dr. Stephen Cornish
- Stephanie Ross, NP
- Nancy Hill, NP
- Theo Barker

All Primary Care Physicians and Nurse Practitioners are encouraged to share feedback, priorities, and emerging issues through their Council representatives or the OHT-N team by emailing info@ohtnorthumberland.ca or contact us through WhatsApp.

Registration is still open!

Don't forget to register for the Primary Care Strategic Action Planning Session happening on March 3 at 4 p.m.

Dinner will be provided. Don't miss the chance to help shape primary care access and attachment in Northumberland.

[Register now](#)



Newborn, Perinatal, and Reproductive Care (NPR) Clinic

The Northumberland Hills Hospital (NHH) NPR Clinic is now open and supporting families across Northumberland County.

Located on 2A beside the Maternal/Child Inpatient Unit, this in-hospital, non-urgent ambulatory clinic offers coordinated antenatal, postpartum, and newborn care by appointment (no walk-ins) on Mondays, Wednesdays, and Fridays from 7:30 a.m. to 3:30 p.m. Services are available for obstetrical patients attached to an NHH delivering provider, newborns up to six weeks of age (including recent discharges), and postpartum patients requiring follow-up such as wound checks or hypertension monitoring.

The clinic also provides RhoGAM administration, non-stress tests (NSTs), bloodwork, blood pressure monitoring, early pregnancy complication follow-up, and support with education and connections to community and specialty resources.

Referrals require a booked appointment with an NHH provider, and please note some services for uninsured patients may involve a fee.

For more information visit the [NHH website](#).

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PROFESSIONAL GROWTH AND EDUCATIONAL OPPORTUNITIES

Core Health — San'yas Indigenous Cultural Safety Online Training

Looking to deepen your understanding of Indigenous Cultural Safety in a way that is meaningful, practical, and respectful of your time?

The OHT-N is offering a fully funded training opportunity for family physicians and nurse practitioners with Core Health, Sanyas Indigenous Cultural Safety Training. This self-paced online program is nationally recognized and designed to strengthen understanding of Indigenous health and cultural safety and support culturally safe clinical practice.

Topics include:

- The history and ongoing impacts of colonization in Canada
- Racism, discrimination, and stereotyping in health care
- Social and structural determinants of health for Indigenous Peoples
- Health equity gaps and their impact on care
- Practical actions to address anti-Indigenous racism and enhance culturally safe care

This activity is certified by the College of Family Physicians of Canada for up to 10 Mainpro+® Certified Activity credits.

Cost: Fully funded by OHT-N.

To participate: Please confirm your interest by Friday, March 13 to Cecilia Craig at ccraig@ohtnorthumberland.ca.

STAY TUNED!

On Wednesday, March 4, the Ontario Health Team and Primary Care Network will launch the 2026 OHT Primary Care Provider Experience Survey.

Developed by Ontario Health in consultation with primary care clinical leads and OHTs and PCNs across the province, the survey will be open to family physicians, nurse practitioners, and other primary care providers. Results will help assess local progress in strengthening the Primary Care Network and will allow for provincial comparison.

Your participation is encouraged.

Ministry of Health Resources:

[Primary Care Networks in Ontario Health Teams: Guidance Document](#)

[Primary Care Networks in Ontario Health Teams: Guidance Document | Supports for Ontario Health Teams | ontario.ca](#)