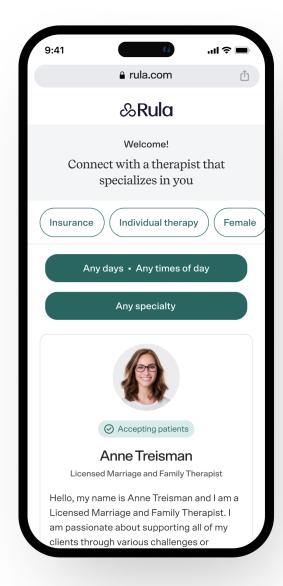
& Rula

Finding a mental health provider just got easier

Covered by your insurance | Meets your preferences | Accepting new clients



1 Select your therapist

Tell us your preferences so we can match you with the right provider.

2 Complete registration

Register within 12 hours of selecting your therapist. No charges will be made till after your first appointment (cancel anytime).

3 Verify your benefits

We'll check with your insurance and let your know your payment estimate before your appointment.

4 Confirm your appt. time

You'll receive a confirmation notice 1-2 days before your appt. along with a video call link.

Scan to register today

