



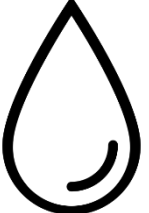
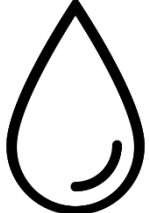





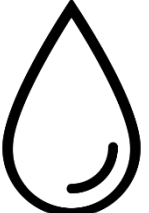
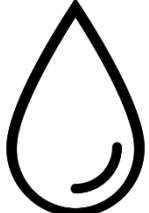






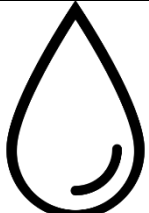












OLYMPIC**STEEL**

SEPTEMBER HYDRATION CHALLENGE



Name: _____

Division: _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						
						
						
						

Join us for the September Hydration Challenge. Start on Monday, 9/1 (top left) – for each day you drink at least 64 oz. of WATER, color in the water drop for the day. This challenge ends on Sunday, 9/28 (bottom right). Email completed sheets to wellness@olysteel.com to be entered into a drawing for AWESOME prizes! Visit IamOlympicSteel.com to learn about the benefits of drinking water and stay hydrated!