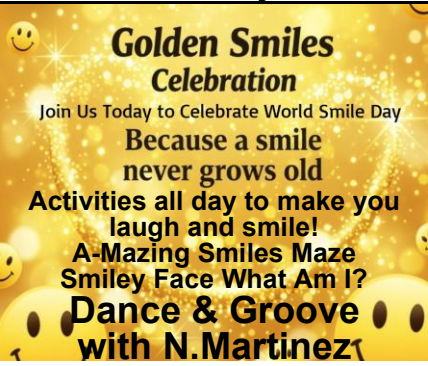


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 The Regency Memory Care Club – River Edge				Pizza & Bowling at Parkway Lanes 	 Golden Smiles Celebration Join Us Today to Celebrate World Smile Day Because a smile never grows old Activities all day to make you laugh and smile! A-Mazing Smiles Maze Smiley Face What Am I? Dance & Groove with N.Martinez	Happy Birthday! 10/03 Sandy C. 10/07 Marie B. 10/08 Rose P. 10/20 Louise W. 10/24 Ted W. 10/26 George K. 10/26 Theresa B. Simchat Torah Begins
Stir it Up Sunday Join us for the Baking Club stirring up Spooky stories Halloween Cookies and Special Lunch 	9:30 Monday Morning Stretch! 10:00 Tech Corner 10:30 Clay Sculpture 11:00 Goal Kick Challenge 11:30 Let's Move it or Lose it! Lunch at Rumba Cubana 3:30 Travelogue 4:00 60's Tunes 4:30 Sounds of Sukkot 5:30 Famous Faces and Gossip!	9:30 Brain Busters 10:00 Memory Madness 10:30 Discovering America 11:00 Hula Hoop Throw 11:30 Chair Exercises Viva Margarita's Lunch 3:30 Remembering Fred Astaire 4:00 Card Sharks 4:30 Sukkot Candles 5:30 Crossword and Stretch	October Birthdays Party Madness! It's John Lennon's Bday(10/9) Remembering the Beatles Vintage Halloween Candy Skeleton Scavenger Hunt Pumpkin Bowling Sing-a-Long & Dancing with Nestor Martinez	Private Tour of the Barrymore Film Center Honoring The Legacy of Fort Lee's Role in the Movie Industry! 	Get Your Kicks on Route 66! Interesting Stops Along the Way Travel Fun & Games Reminiscing Vacations Cruising Dance Party with J Mac! 	
Join us at the Bergen Community College for the Alzheimer's New Jersey Walk to FIGHT Alzheimer's! See our Facebook page for our Team Link to join our team / donate! Celebratory activities at the club with our members! 	Celebrating Columbus Day Benvenuto in Giorno in Italia Cannoli Making Class Join us for a Delicious Italian Feast at Barcelona's  Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 On the Day 10:30 Inner Artist 11:00 Daily Fitness Fun 11:30 Simchat Torah Lunch at Applebee's 3:30 Remembering with Music 4:00 Jewish Holiday News 4:30 Senior Singers 5:30 Heads Up!	Scarecrows Pumpkins and Bales of Hay, Join us to Celebrate the Season Today! Scarecrow Building Outdoor Happy Hour Live Music and Dancing with Dennis Grau	 The Hermitage House Tour	CADILLACS & COCKTAILS Today We Celebrate Cadillac's Birthday (1902) Rev Up Your Engines & Raise Your Glass Ultimate Throwback Party... Classic Cars Recall Signature Mocktails Vintage Beats w/ Ella Christina Cruisin' Through the Decades	
CIDER MAKING SUNDAY A Special Trip to Tenafly Nature Center  Make cider, taste apples, enjoy fall treats, and celebrate the season together!	9:30 Let's Talk Shop 10:30 Twenty Questions 11:00 Ladderball 11:30 Chair Zumba Fiesta Lunch At Chilis 3:30 Horseshoe Showdown 4:00 Bullseye 4:30 Corn Hole Challenge 5:30 Unlock Your Memories	9:30 Sitting Yoga 10:00 Haunted House Putting 10:30 Creepy Fun facts 11:00 Monster Mash Exercise Longhorn Steakhouse 3:30 Spooky Stories 4:00 Singing from the Heart 4:30 Chain Game 5:30 Three Piece Suit	FALL GARDENING DAY!  LIVE ENTERTAINMENT WITH MIKE MALONE	Pumpkins, Leaves & Stacks of Hay Come with us for Pumpkin Picking Day! Homemade Hot Cider & Donuts 	 SPIRITS & Sweets PARTY Name that Candy! "Apple Cider Fizz & Ghostly Glow Punch" Happy Hour Live Music Show by Nestor	
 The Spotted Canvas Visits PAINT & CREATE Art Project See Flyer for Details	9:30 Morning Madness 10:30 Balloon Volleyball 11:00 Seniors are Stretching. 11:30 Disc Throwdown Class Italian at Olive Garden 3:30 Men's Club/Ladies Club 4:00 Scattergories 4:30 Autumn Landscapes 5:30 Weights in the P.M.	Navy Day A day to honor the services of the U.S. Navy, both past and present. The holiday originated in 1920 and the date was chosen to honor the birthday of Theodore Roosevelt, who had served as assistant secretary of the Navy  LUNCH OUT TO MILLER'S ALE HOUSE	Don't Miss River Edge's Girl Scout Troop #98346 Halloween Costume Parade  Live Entertainment by Frankie M.	Celebrating Jack-o'-Lantern Day  History of the Jack-o'-Lantern The Legend of "Stingy Jack" Pumpkin Decorating Pumpkin Pie Social	HALLOWEEN PARTY Come on Out Boos & Ghouls Costume Contest, Pumpkin Carving & Guess the Pumpkin Weight Halloween Themed Lunch Monster Mash w/Johnny Mac	

*Activities are subject to change without notice.