

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"Fall Back Day" 1 A Special Trip to The School House Museum Built in 1872 Exhibit of America First 250 Years!  Daylight Saving Time Ends	 Foliage Drive Through Van Saun Park Outdoor Talk & Games Autumn Leaves Craft Lunch out to Miller's Ale House	ELECTION DAY 3 Voter Cards Election Buttons Debate w/Friends Ballot Box Vote Party Animals Election Issues & Brain Busters 1872 Susan B. Anthony Voted Election Night Pre-Party Celebratory lunch Rumba Cubana	 Paint and Sip Party 4 Taste the flavors of fall with fall flavored- inspired mocktails & festive treats while creating a beautiful art! Live Musical Performance Johnny Mac	Ready, Set, Bowl! 5 Join us for an Afternoon of Friendly Competition and Awesome Memories! 	SHAKE RATTLE & ROLL 6 Celebrating Songwriter Bert Berns' Birthday! "Twist and Shout" "Hang On Sloopy" Brown Eyed Girl" "Piece of my Heart" "Under the Boardwalk" Live Music with N. Martinez	Happy Birthday! 7 Howard B. 11/01 Patricia A. 11/05 Jack K. 11/07 Mary W. 11/09 Paul P. 11/18 Joan E. 11/19 John S. 11/19 Joseph O. 11/24 Anna Maria B. 11/27 Emelia D. 11/28 Afra S. 11/30
"Dear Santa" 8 Letter Week Begins The Boys Scouts will join us to celebrate "Dear Santa Letter Week" Sharing Stories, Laughter & the Joy of the Season 	9:00 Daily Chronicle 9:30 Lymphatic Stretch 10:00 Bottle Bowling 11:00 Recycled Art Creations 11:30 Twist & Toss Moves Barcelona's Italian Lunch 3:30 Trivia Time; Trash or Treasure 4:00 Songs of the Earth 4:30 Reduce, Reuse, Rejoice 5:30 Chain Game	9:00 Do You Recall? 9:30 Disc Championship 10:00 Autum Collage 11:00 Bullseye Blast 11:30 Fantastic Fitness P.F. CHANGS for Lunch 3:30 November Incredible Facts 4:00 Crooning Regency Chorus 4:30 Brain Games 5:30 Noodlecise and Stretch	Veterans Day 11 Celebrating Courage, Honor & Sacrifice Thank You Pinning Ceremony Red, White & Blue Happy Hour Stars and Stripes Art Class Celebratory Music & Dancing with Dennis Grau  Remembrance Day (Canada)	You are invited to a 12 Planetarium Adventure Get ready to explore the Wonders of the Universe at The Newark Planetrium! 	Let's Do-Si-Do 13 Wear your best western attire Square Dancing Steps Square Dance Calls & Patter ROOTIN TOOTIN LUNCH Saloon Happy Hour Music by Tricia	14
Join us for our 15 Annual Vintage Car Show Rusty Relics Car Show 	9:00 Daily Chronicles 9:30 Wake up The body! 10:00 Goal Kick Challenge 10:30 No Bake Club 11:00 Patriotic Tribute 11:30 Boogie & Bounce Lunch at Mei Habachi 3:30 Bowling for Dollars 4:00 Timely Trivia 4:30 Let's Talk Maps 5:30 Evening Antics	World Peace Day 17  Our Hands for Peace – Group Art Project Peace, Love & Music Doves of Peace Random Acts of Kindness Peaceful Moments Yoga Lunch out at Viva Margaritas	November 18 Member Birthday Party!  Live Music and Dance Party With Frankie M.	Trip to Mahwah Museum Trip to the Past of Bergen County History! Featuring The Donald Cooper Model Railroad 	SHOWTIME 20 AT THE APOLLO  In 1934 Ella Fitzgerald performed onstage for the first time, won the contest & became a STAR "Amateur Night" Who Here Can Sing? Makin' Whoopie (Pies) Nestor Entertains	21
Let's Celebrate 22 Autumn Fall Soup Throwdown Soup Tasting Competition, Sampling Soups and Stews from local restaurants Fall Art & much more! 	9:00 What's in the News? 9:30 Balance and 10:00 A-Z Categories 10:30 Brain Busters 11:00 Pitch Perfect 11:30 Monday Muscles Fiesta Lunch at Chilis 3:30 Fan Favorites 4:00 Remembering with Music 4:30 Hoops and Cones 5:30 November Landscapes	Thanksgiving 24 Inspired Table Centerpiece Class 	Let's Give 25 Thanks! Favorite Holiday Memories Let's Make Homemade Thanksgiving Jam! Recipe Sharing Pumpkin Pie Baking  Wild Turkey Dancin' with Mike Malone	Counting Blessings 26 *We Are Open* Enjoy a Delicious Holiday Brunch Get 'Holiday-Ready' at the Salon Macy's Thanksgiving Parade Thanksgiving Dinner Served  Thanksgiving Day (U.S)	 BLACK FRIDAY 27 FUNDAY Regency is giving Black Friday a different spin, so our members can feel more involved with this annual "crazy" day. Fun activities, raffles & door busters & memory-sparking topics Efrat Entertains	28
Kick, Punch, Block! 29 Karate Class with Barr Karate 	CRAZY HAT DAY  Wear a CrAZy HaT! Reminisce history's most iconic hat moments Make your own Fancy Hat Toss your Hat in the Ring Game Lunch out at Olive Garden					

*Activities are subject to change without notice.