

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 The Regency Memory Care Club – River Edge						1
Join us for a trip to Saddle River Park Picnic with Fun Outdoor and Sports Games! 	2 9:30 Summertime News 10:00 Fall Craft Club 10:30 What Comes Next? 11:00 Let's Hustle! RUMBA CUBANA  3:30 Reminisce Doris Day 4:00 Memory Building Blast 4:30 Autumn Choir 5:30 Movie Star Moments	3 9:30 Dear Abby.... 10:00 No Baking, Bake Club 10:30 What Comes Next? 11:00 Let's Hit the Gym chili's  3:30 Jeopardy Trivia 4:00 Card Sharks 4:30 Karaoke 5:30 Pictionary	4 Travel the World  Attention all members, buckle your seat belt & get ready for an amazing, fun-filled day of traveling! We will be discussing different cultures, cuisines, history & the club will be transformed into a new destination! Music with DJ Carey	5 Shimmy, Shake & Sparkle Come shake your hips and learn the art of Belly Dancing! 	6 Join us as we go "Under the Sea" BBQ Friday Swim over to The Regency for Fun Time, Hula Dancing& Outdoor Dining "SEA"labration with Flip Entertainment 	8
9 A visit to Ridgewood Historical Society and School House Museum Celebrating 250 Years of Independence & Endurance! 	10 9:30 Morning Zen Stretch 10:00 Croquet 10:30 Twister 11:00 Fitness Fun Applebee's  3:30 Famous Faces 4:00 Volleyball 4:30 Perfect Pitch 5:30 Reminiscing Summer Vacations	11 9:30 On This Day 10:00 Disc Throwdown 11:00 Boogie & Bounce Fitness 12:00 Soccer Kick Steaks for Lunch at Longhorn Steakhouse  3:00 Stay Cool Happy Hour 3:30 Remembering with Music 4:00 Parachute Adventures 4:30 Senior Singers 5:30 I Dream of Jeannie Trivia	12 Sew What! A Stich in Time Brings Memories to Mind On this date in 1851, Isaac M. Singer of New York City was granted a patent for the first sewing machine with a rocking treadle. Button Art Fashion Through the Decades Music & Dancing with Cecilia	13 Ballentine House Private Tour 	15 Ole! Ole! Ole! BBQ Friday It's Fiesta Friday! Senores & Senoras Join us for Mock-aritas & Fajitas!  Live Music by Dennis Grau	16
16 Let's get Fired Up! Join us for a sizzling time of great Food, Flying Shrimp, & Plenty of Flames!  Mei Habachi	17 9:30 Color Therapy 10:00 Name that Monument 10:30 Crafting Corner Time 11:00 Monday Morning Stretch Italian Lunch At Olive Garden  3:00 Sit Sing and Dance 3:30 Family Feud 4:00 Craft Class 4:30 Bullseye Throw 5:30 Brain Teasers	18 9:30 Views and News 10:00 Volleyball Competition 10:30 Personalized Art Project 11:00 Cardio Drumming Friendly's Lunch & Ice Cream  3:30 Jokes and Riddles 4:00 Karaoke 4:30 Ripley's Believe it or Not 5:30 Tricking your Brain	19 HAPPY BIRTHDAY AUGUST 	20 NFL's Birthday Celebrating The National Football League was founded in the United States on this day in 1920  Lunch Out to Millers Ale House	22 Margaritaville Tiki-Time BBQ Friday Mocktails & Island Bites Fiesta Photo Booth Citrus Watercolor Painting Sea Scent Games Beach Ball Fun and more! Live Music by Larry	23
23 Celebrating the U.S. Open Tennis Championships Wimbledon Style Attire Day Classic Match Moment Rewind Match Point Mojitos Tennis Trivia 7 "Love All" Word Games Design Your Own Tennis Visor 	24 9:30 Balance Yoga 10:30 Balloon Volleyball 11:00 Seniors are Stretching. 11:30 Disc Throwdown HOULIHAN'S  3:00 Noodle Nudges 3:30 Men's Club/Ladies Club 4:00 Brain Buzzers 4:30 Mini Golf Club 5:30 Name that Tune	25 Bowling & Pizza *wear sneakers 	26 Pep Rally! Wear Your School Colors! Reminisce "The Good Ole' Days!" See The Regency "Cheerleaders" Dance & Celebrate With Frankie M! 	27 Join us for a Grandmaster Barr Karate Class! 	29 WELCOME TO LAS VEGAS NEVADA Viva Las Vegas! Join us for a day of Glamour Glitz & Games! Entertainment by The King Himself - Elvis!	30
30 Join us for afternoon of Magical Harp Music Featuring Amanda Peckler 	31 9:30 Watercolor Art 10:00 Name 10 Brain Teasers 10:30 Ring Toss Challenge 11:00 Senior Zumba Time RED LOBSTER  3:00 Guess the Baby 3:30 I Spy Memory Challenge 4:00 Lasso Throw Challenge 4:30 Temptation Tunes 5:30 Tuesday Trivia	 Happy Birthday! Dania G. – 08/01 Marcos A. – 08/02 Marta M. – 08/04 Barbara S. – 08/05 Grace M. – 08/07 Pargellan M. – 08/08 Anita S. – 08/12 Yede D. – 08/13 Bettye E. – 08/15 Andrea J – 08/15 Lillian D. – 08/22 Michael B. – 08/26 James H. – 08/10 Toni B. – 08/30 				

*Activities are subject to change without notice.