

HOMEMAKER SERVICES

Homemaker services are performed by trained staff whose role is to assist you in your home.

Cost and hours of service are dependent upon program eligibility.

A Homemaker is only allowed to perform the duties and tasks that are assigned.

You can help your Homemaker meet your needs by noting which tasks are most important to you and that you need your worker to do during the scheduled time.

Homemaking assistance may include:

- ☐ Tidy your home
- ☐ Wash dishes
- ☐ Clean the Kitchen
- ☐ Clean the Bathroom
- ☐ Change and make the beds
- ☐ Dust around objects/belongings
- ☐ Laundry
- ☐ Sweep or dry Mop
- ☐ Vacuum
- ☐ Empty and take out the trash
- ☐ Light Meal Preparation
- ☐ Grocery Shopping and put away groceries

Some examples of what Homemakers cannot do:

- Work outdoors
- Wash windows
- Clean stoves, ovens or refrigerators
- Clean up after other family members
- Administer medication
- Provide pet care
- Lift heavy items
- Clean carpets
- Put up or take down blinds or curtains
- Purchase alcoholic beverages, cigarettes or lottery tickets
- Provide transportation
- Assist with personal care

PERSONAL CARE SERVICES

Personal Care is performed after review, assessment, and approval by a GLSS Registered Nurse (RN) and a Plan of Care is developed.

Cost and hours of service are dependent upon program eligibility.

If approved, Personal Care assistance may include:

- ☐ Bathing
- ☐ Skin Care
- ☐ Foot Care
- ☐ Grooming
- ☐ Dressing
- ☐ Personal Appliances
- ☐ Incontinence Management
- ☐ Ambulation assistance
- ☐ Nutrition and meal preparation
- ☐ Medication reminders
- ☐ Mobility assistance

Personal Care workers *cannot* provide wound care, trim your nails, or administer medications.

Personal Care is performed by a trained worker and in accordance with the Executive Office of Elder Affairs (EOEA) Guidelines. Contact your Case Manager with any questions.

COMPANION SERVICE – is non-medical supervision and friendly visiting, not to include hands-on care. Companions assist with socialization, light meal preparation, and shopping. Companions may also be provided for transportation and outings. Cost and hours of service are dependent upon program eligibility.

OTHER HOME CARE SERVICES

In addition to the Homemaking, Personal Care, and Companion described on the front of this page, you may also be eligible for one or more of the following services. Talk with your case manager about which services best meet your goals, priorities and preferences, and they will inform you of your eligibility and any applicable budgetary limits.

- Adult Day Health (ADH). Health care, supervision, and socialization provided in a licensed day facility;
- Alzheimer's/Dementia Coaching. Education and support to you and your family experiencing Alzheimer's Disease or a dementia-related disorder;
- Chore. Services to maintain the home in a clean, sanitary and safe manner, including but not limited to minor home repairs, general maintenance, and heavy household chores such as washing floors, windows, and walls, and moving heavy items of furniture to provide safe access and egress;
- Environmental Accessibility Adaptations. Physical adaptations to your home and/or adaptive equipment to help you access services;
- Grocery Shopping/Delivery Services. Ordering, shopping for, and delivering groceries to your home;
- Home Based Wandering Response System. A device that transmits signals 24 hours per day/seven days per week using technology such as GPS or radio frequency to provide location assistance in the event the Consumer wanders;

- Home-delivered Meals. Meals provided to maintain optimal nutrition and health status. Hot, cold, and frozen meal options are available;
- Home Delivery of Pre-packaged Medications. Delivery of medications, including pre-filled blister packs and pre-filled syringes by a pharmacy to your residence;
- Home Health Services. Includes Skilled Nursing; Physical, Occupational, and Speech Therapy; and Home Health Aide;
- Laundry. Pick-up and delivery laundry service;
- Medication Dispensing System. An automated medication dispenser provides pill form medications at programmed intervals, with audio reminders. You must have a caregiver, friend, or family member who can fill the machine.
- Nutritional Assessment. A comprehensive nutritional assessment conducted by a qualified nutritionist;
- Personal Emergency Response System (PERS). Provision of an electronic device which can be used to alert trained third-party staff of an emergency 24 hours per day/seven days per week;
- Supportive Home Care Aide Services. Services including personal care and/or homemaking, emotional support, socialization, and escort services to persons with Alzheimer's Disease, a dementia-related disorder, or emotional and/or behavioral problems;
- Transportation. Transportation in a car or wheelchair-accessible van to enable you to gain access to community services, medical appointments, activities and resources.