

This program works collaboratively with Northeast Legal Aid and neighboring elder service agencies.

Where can I get more information?

Family Abuse Program
Greater Lynn Senior Services
Phone: 781-599-0110
Toll free: 1-800-594-5164
TTY: 781-477-9632
Toll free TTY: 844-580-1926
E-mail: info@glss.net
Web site: www.glss.net

If you would like to make a referral to the program, call Information and Referral:
781-599-0110

Help is also available toll-free, 24 hours a day by calling the Massachusetts Executive Office of Aging & Independence Hotline: 1-800-922-2275

SafeLink Domestic Violence Hotline:
1-877-785-2020

For more information about aging services in Massachusetts, call 1-800-243-4636 or visit www.massoptions.org.

GLSS values diversity and provides services and employment to all members of the community with-out regard for race, color, national origin, age, sexual orientation, disability, religion, or gender.

Credits

This program is partially supported by MOVA through the 1984 VOCA grant from the Office for Victims of Crime, Office of Justice Programs, and U.S. Department of Justice. Services are free and confidential.

Services available through GLSS:

- **Information and referral.** With one phone call, you can find the answers to many questions.
- **Help in your home.** Help with personal care, chores, and more...to help you maintain your independence.
- **Meals.** Tasty, nutritious, affordable. Served at several "community cafés" or delivered to your home by Meals on Wheels.
- **Transportation.** We help you find and navigate the options in your community, so you can safely get to the places you need to go.
- **Counseling and support.** We're here to lend an ear and offer some advice and support in a safe, judgment-free setting.
- **Protection for elders.** We investigate and intervene in instances of elder abuse and neglect. GLSS also regularly visits every area nursing and rest home to protect patients' rights.
- **Healthy living programs.** We offer a variety of programs to help you feel better and stay connected.

One number for everything:

Call GLSS at 781-599-0110

We'll listen. We'll help.

Family Abuse Program



Real help for abused adults 50 and older

*Confidential counseling,
legal assistance, advocacy.*

Helping people in Lynn, Lynnfield, Nahant,
Saugus, and Swampscott



The GLSS Family Abuse Program is here to provide support during difficult times.

We can help you with:

- Support, education and advocacy
- Individual, group and family counseling
- One-on-one therapy
- Legal assistance referrals and guidance, both to protect you and to make sure your interests and assets are protected
- Links to many other services within GLSS, as well as, our partner agencies, to help you live safely and independently in the community
- Accessing safe, short-term emergency shelter
- Accessing translation services as needed.

As a community partner working to educate, support and end abuse at home we also provide:

- Education for health care professionals, the police, mental health counselors and others to help them understand, assess and seek support for older adults.

Are you someone age 50 or older who has experienced abuse? You're not alone. We can help.

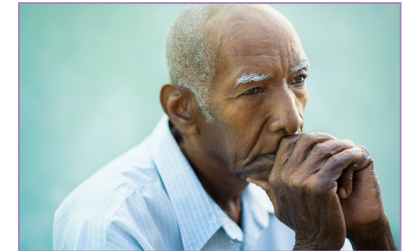
Intimate Partner Abuse

Anyone age 50 or older who has been abused by an intimate partner or spouse.

Many people that we work to support have experienced verbal and emotional abuse, physical abuse, sexual abuse and/or feel financially exploited.

Abuse can show itself in many ways both in new or long-standing relationships.

Experiencing things such as being belittled, called names, feeling afraid in your own home or being bullied for money are often considered abusive. These are situations we can talk about and help you take steps to alleviate.



Family Abuse

Anyone 50 and older that is being abused by a family member such as an adult child, grandchild or other extended family members.

There are many similarities between intimate partner abuse and abuse from other family members. Issues of verbal/emotional abuse, physical, sexual and financial abuse are all areas of concern.

Family abuse may add complex issues and feelings of how to support your children/grandchildren but feel comfortable to set boundaries and limits that are right for you.

We can help you sort out your thoughts and needs and move forward safely to make changes as you are ready.

All services are free and confidential.

We can talk on the phone, plan for a virtual meeting such as Zoom, or plan to meet face to face. With your permission, we can also collaborate with others that are involved and providing support.



Greater Lynn Senior Services
Lynn, Lynnfield, Nahant, Saugus, and Swampscott