

Where can I get more information?

If you have questions about the Adult Foster Care Program, please contact:

Greater Lynn Senior Services
8 Silsbee Street
Lynn, MA 01901

Phone: 781-599-0110
Toll free: 1-800-594-5164

E-mail: info@glss.net
Website: www.glss.net

For more information about aging services in Massachusetts, call 1-800-243-4636 or visit www.massoptions.org.

GLSS values diversity and provides services or employment to all members of the community without regard for race, color, national origin, age, sexual orientation, disability, religion, or gender.

Although many of our programs are funded in whole or in part by the Massachusetts Executive Office of Aging & Independence, MassHealth, and the United States Administration on Aging, we depend on and welcome community support to help us meet the needs of local elders.

Credits
Adult Foster Care is a special program funded through MassHealth.

Services available through GLSS:

- **Information and referral.** With one phone call, you can find the answers to many questions.
- **Help in your home.** Help with personal care, chores, and more...to help you maintain your independence.
- **Meals.** Tasty, nutritious, affordable. Served at several “community cafés” or delivered to your home by Meals on Wheels.
- **Transportation.** We help you find and navigate the options in your community, so you can safely get to the places you need to go.
- **Counseling and support.** We’re here to lend an ear and offer some advice and support in a safe, judgment-free setting.
- **Protection for elders.** We investigate and intervene in instances of elder abuse and neglect. GLSS also regularly visits every area nursing and rest home to protect patients’ rights.
- **Healthy living programs.** We offer a variety of programs to help you feel better and stay connected.

One number for everything:

Call GLSS at 781-599-0110

We’ll listen. We’ll help.

Adult Foster Care Program



Nursing oversight, care management services, and personal care assistance for people living with disabilities age 16 and older

If you need help with activities like bathing, dressing, toileting, taking medications, housework, laundry, shopping, meal preparation, etc., you may qualify for Adult Foster Care services.

Serving Communities on the North Shore



What is Adult Foster Care?

The Adult Foster Care Program is a MassHealth program that provides you with nursing oversight, care management services, and a caregiver who lives with you and provides supervision and support with bathing, dressing, toileting, transferring, ambulating, eating, laundry, shopping, housekeeping, meal preparation, medications management, and transportation.

Who can be your caregiver?

Your caregiver could be your son, daughter, grandchild, niece, nephew, friend, etc. However, your caregiver cannot be a spouse, parent of a minor member (including adoptive parent), or any legally responsible relative. Your caregiver must have the ability to make mature and accurate judgments and with no mental, physical, or other impairments.

Receiving 24/7 live-in support and direct care provided by a qualified AFC caregiver allows you to stay at home safely.

Do you qualify for Adult Foster Care?

You may be eligible if you:

- Have MassHealth Standard
- Have CommonHealth
- Enroll in a Senior Care Options program

AND

- Because of a medical or mental condition, you require daily physical assistance or cueing and supervision with at least one of the following: bathing, dressing, toileting, transferring, ambulating, or eating
- Your doctor prescribes services for you
- You and your caregiver live together in a qualified setting
- You are 16 years of age or older
- Your caregiver is 18 years of age or older

Would I be eligible for other services if I qualify for Adult Foster Care?

You will have access to 24-hour assistance and may be eligible for the following services:

- Adult day health
- Home delivered meals
- Companion

Who pays for Adult Foster Care services?

GLSS will pay your caregiver for providing you daily assistance.

How we help

Susan is a 66 year old elder who has multiple medical conditions, including dementia, fibromyalgia and depression. She also had a kidney transplant 6 years ago. The elder lives with her daughter Michelle and son-in-law Mike in a private home. The elder needs daily assistance and supervision with bathing, dressing, ambulating among other activities of daily living. The elder follows a special diet and needs encouragement to eat throughout the day.

The elder's daughter and son-in-law have been assisting the elder for many years and wanted to see if they can receive financial assistance, especially since the daughter is providing full-time care to the elder at home. They called GLSS and a nurse and a care manager came out to assess the elder for Adult Foster Care (AFC) services. In addition to being approved for AFC services, the elder also receives companion services to provide the caregiver with respite.

Today, the elder continues to live safely at home with her daughter and son-in-law. The daughter is paid a stipend for providing care to the elder. The elder also receives nursing oversight and care management services from GLSS on a monthly basis.