



# Netball Rules

## General Rules

- Contact/ Net Contact
- Obstruction (3 feet)
- Breaking/ Delaying
- Offside
- Line Infringement
- Not Wholly Within (One foot completely in the centre square)
- Over a Third/ Untouched
- Short Pass
- Stepping/ Drag
- Held Ball
- Intimidation
- Illegal Shot (both feet land completely within the shooting circle)
- Replay

## Mixed 5 a side Rules

- Must have 2 boys and 3 girls
- Minimum 3 players to start the game
- Can not have 2 boys shooting or defending at the same time

## Mixed 7 a side Rules

- Must have either 2 boys and 5 girls or 3 boys and 4 girls
- Minimum 5 players to start the game
- A boy must be within each third (1 shooting, 1 defending, 1 midcourt)

## 5 a side Rules

- Minimum 3 players to start the game

## 7 a side Rules

- Minimum 5 players to start the game

## Qualifying and Point Scoring

Must play 5 games to qualify for finals

4 points for a win

2 points for a draw

1 point for a loss

-4 points for a loss on forfeit

+4 points for a win on forfeit



## **Please take note of the following:**

- **If your team has to forfeit a game, please contact Charmy Indoor on 0437 315 378 by text as soon as possible to allow us to let the opposition team know and to cancel umpires etc**
- **There is a forfeit fee of \$168 for 7 a Side Competition & \$120 for 5 a Side Competition**
- **If your side decides to pull out of a competition, please be aware that there is a withdrawal fee of \$200 payable along with any outstanding team payments owing**
- **Also please make your team aware that any abusive, aggressive or disrespectful behaviour towards the umpires will not be tolerated**



**Thanks and Enjoy the Season**  
**Charmy Indoor**

