

RENEE BRYANT

CREATIVE PLAY TEAM TRAINING

FOUNDER OF PLAY RX

YOUR TEAM IS RUNNING ON EMPTY

Global employee engagement fell to just 21% in 2025 and more than half of employees report regular burnout. The usual team bonding and mental wellness strategies (trust falls, forced positivity, surface-level "fun") make employees feel patronized and don't deliver skills. Renee brings a science-backed, adult-appropriate approach to play that restores ingenuity, trust, and creative risk-taking without moans, groans, or eye rolls.

Source: Gallup, State of the Global Workplace, 2025–2026

WHO THIS IS FOR

Teams dealing with burnout, disconnection, or creative stagnation. Leaders who want real engagement and not another icebreaker that insults everyone's intelligence. Companies building a quarterly or annual culture & wellness calendar.

ABOUT RENEE

After teaching creative arts & theater in the Socratic method for 12 years, Renee is bringing the power of play and creativity to those who need it most: ADULTS. With over a decade of coaching and facilitating experience, Renee takes play seriously and is here to deliver a transformative dose of play for burnt out employees and stagnated teams.

"Play Rx helped me understand the value of play — and the misguided weight I was giving avoiding play — for what they really are. Her ability to stay at a meta-level, critiquing the reactions we were experiencing rather than the art we were making, was of paramount importance to me." -*City of Buckeye participant*

THE NUMBERS

13+YRS
TEACHING THE ARTS

11+ YRS
COACHING ADULTS

175K+
IG FOLLOWERS

HOW IT WORKS

Workshops are custom to your team's goals. This is the basic arc for the full session:

THE SCIENCE OF PLAY

Research and statistics on why play matters. Built to get buy-in from even the most skeptical teams.

PLAY IN ADULTS

Methods and framing for how play works for grown-ups, plus practical tools to apply right away.

PLAYSCRIPTIONS

Unique, insanely fun creative play games that get people confidently building a tolerance for risk and spontaneous thinking.

PLAY HISTORY & PERSONALITY

A play history exercise and play-personality assessment, so teams learn how they play best. Plus a custom play jar kit for your home to incorporate your play style.

PLAY AT WORK

Concrete ways to bring play into daily work, plus a take-home PDF and resources for your team to continue the practice for less than 10 minutes during meetings.

WORKSHOP TYPES (ONLINE & IN PERSON)

MINI ONE SHOT

A shortened, focused 1-hr workshop for teams short on time.

FULL SESSION

A full 2 hour session that includes a play assesment of your team members.

QUARTERLY

3 full 2 hour sessions once per month for 3 months plus a bonus follow up call.

BOOK RENEE FOR YOUR TEAM

contact@theplayrxcure.com