



GENCenter

Bridging Generations, Building Community

Please call (847) 768-5944 to register for programs
All programs require advanced registration



You can now register online for our programs. Visit www.myactivecenter.com to sign up. Please note, payment **MUST** be made with a credit card when registering for paid programs and you **MUST** also have a key tag to register.



Tax Aide (Appts. Req.) Feb. 10- April 8

Sign up for FREE income tax prep through the AARP/IRS Tax Counseling for the Elderly Prgm. This prgm helps tax payers with low to middle income with special attention to those 60 and over. Both spouses **MUST** be present unless the spouse who is present has POA over the non present spouse.



Lunch and Learn Wed., April 1

Lunch served @ 12 PM
Presentation @ 12:30 PM

Join us for a presentation related to health and wellness. Please note: You must stay for the entire presentation in order to receive a lunch.



Acupuncture (Appts. Req.) Wed., April 1st 12:30 PM- 3:30 PM NM: \$5

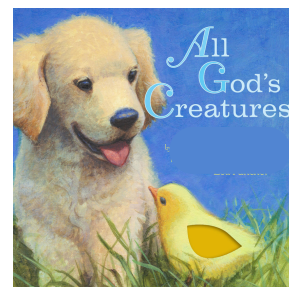
Victoria Sous of Healing Paradise Acupuncture will be onsite to give complimentary mini acupuncture sessions.

In order to allow other members access to this benefit, we ask that you skip a month between appts. You will be unregistered if you book back to back.



Veterans Roundtable Thurs., April 2nd @ 11 AM.

Join us monthly for coffee as well as for discussion around topics related to Veterans



Thurs., April 2nd 1:30 PM NM: \$5

Tom Merlin will once again be bringing his Pet Show to us which will feature some exotic pets as well as normal household ones.



GOOD FRIDAY

The GENCenter will be closed on Friday, April 3rd

Please Note

Due to the timeline of food related events, we kindly ask that you arrive on time. **The Majority of events (unless stated otherwise) will run from 12PM to 2PM.** Should you arrive late and have not notified a staff member of your tardiness ahead of time, no meal will be available to pick up and no refund will be issued.

Also, if you register for a food related event that is not a to go event and plan to take your meal to go, your meal will be handed out last.

MEMORY SCREENING

**Tues., April 7th
9AM to 4PM
(appts req.)**

Monika Peterson from Arden Courts of Elk Grove Village, will be onsite. Make your appt today!



Office Hours: 9AM-1PM

Tues., April 7th

Thurs., April 23rd

Jacki Kaiser, Outreach Coordinator, will be onsite to answer your questions or get you the answers you need to your questions.

Stop by and say HI!



**Podiatrist
Now 2X/month
Wed., April 8th & 22nd
12:45-3:30
(Appts. Required)**

Dr. Kelsey Krotiak, from Podiatry of Arlington Heights, specializes in Diabetic Foot Care, Wound Care, Surgery of the Foot, Orthotics, Toenail fungus, Warts, Flatfeet, Bunions, Hammertoes, Gout, Heel Pain, Neuromas, Sprains, Fractures, Geriatric Foot Care and Ingrown Toenails.

Please bring your completed form, ID, insurance card and a list of your meds to your appt.



**Paint and *Sip
Thurs., April 9th @ 1 PM
M: \$15 NM: \$20
Register by April 6th**

Stella Reeves is back with a Spring Theme.

*Sparkling Cider will be served.



**Mondays, 12PM-2PM
April 13 & 27th**

The Guild meets on alternate Mondays in the Art Room at the GENCenter to work on projects & hold some workshops.

Des Plaines Library



**Wed., April 15th @ 10AM
Atmosphere
by Taylor Jenkins Reid
book club**



Mon., April 20th @ 12 PM

Enjoy this friendly competition amongst friends.



Intergenerational Program

Mon., April 20th @ 4PM

Join members from the Des Plaines Youth Commission for a program on Late Blooms
Advanced Registration Required.



**Brunch & Brew
Wed., April 15th
@ 11AM**

M: \$10 NM: \$12

This spring brunch will feature bacon & egg galettes served with breakfast potatoes, mini chocolate chip muffins and Waldorf salad (contains nuts).



**Lunch & A Movie
Thurs., April 30th
M/NM: \$12**

**@ 12:30 PM
Song Sung Blue**

Based on a true story, two down-on-their-luck musicians form a joyous Neil Diamond tribute band, proving it's never too late to find love and follow your dreams.

Starring Kate Hudson and Hugh Jackman

Membership

	Join at anytime of the year. Annual Membership runs 1 year from the date you joined.	
Single	1 Yr \$75	2 yrs. \$130
Couple*	\$120	\$220
	*Must live in the same household. Proof of address required	

Veteran Outreach

<p>Tanya Reyes IDVA Representative Tuesday - Friday 8:30 AM to 4 PM</p>	<p>Derek Giffin Veteran's Srvcs. Officer 3rd Tuesday of every month 10AM to 3PM</p>
<p>Russell Meredith VFW Representative 1st Monday of every month 9 AM to 3 PM</p>	<p>Sherry McKee Frisbie Volunteer Liaison for VFW & VSO</p>
<p>Lisa Mendez Hines VA Representative 3rd Tuesday of every month 10AM to 2PM</p>	<p>Veterans Crisis Line 800-273-8255 Help 4 Homeless Vets 877- 424-3838</p>

Services

<p>Benefit Access Program The Benefits Access Program offers two benefits to seniors and persons with disabilities: license plate discount and free rides on fixed-route transit systems. To be determined eligible you must submit a benefits access application on the internet. Paper applications are not available. Eligibility is based on age, disability, residency, and income.</p>		<p>Medicaid Application Medicaid is a joint federal and state program that provides health coverage (eligibility based on modified adjusted gross income). Other available programs include SNAP benefits and Medicare Savings Program.</p>
<p>Handicap Placards We offer temporary handicap placards (3 months). Your doctor will need to fill out a form in order to obtain placard.</p>		<p>Medical Closet Open Monday thru Friday 9AM to 3:30 PM Rent or purchase gently used medical equipment at a discounted rate.</p>
<p>Meals on Wheels Delivery takes place M-F to homebound Des Plaines residents only. Call (847) 894-3482 for more info. Volunteers always needed</p>		<p>SHIPs Counseling A free and unbiased statewide health insurance counseling service for Medicare beneficiaries, their families and caregivers.</p>

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Edward Jones,
Christina Chervenak

Generations at
Oakton Place

Medicare Insurance Grp.

Senior Helpers

Sunrise Senior Living

Thank you to all those who have renewed their Membership and have become New Members*.

Ruby Bailey	Janet Gilbertson	Carolyn Lenhardt	Myung Saunders*
Rita Barth	Tito Gimeno	Robert Levin	Dianne Schmidt
Judith Bataille	Peter Greene*	Greg & Roxann Lewis	Craig & Darleen Slater
Linnea Beazley	Chun Han*	Edward Lim & Melissa Neil	Ann Marie Stephenson &
Nancy Blaine*	Patrick & Susana Hayes*	John Lipinsky*	Laurence Ewing*
Margaret Borkowski*	Marilyn Healy	Linda Lombardo	Robert & Janette Stiava
Karen Briskey &	Mary Heiser*	Marilynn Long	Rhonda Taormina
Charles Waite	Jeanne Hiller*	Ruth Mendez*	Mary Jo Thelander
Mary Cameron	Favor Jaiyeoba*	Jill Ocoa*	Patricia Thompson
Lucille Carney	B. Steve Johnson	Lewis & Jean Pennisi	Patricia Tomasiewicz
Judy Ciezadlo	Midge Klein	Laura Podulka	Judy Tuttle
Joseph Cipolla	Cynthia Kline &	Peg Rank	Elizabeth Unverricht
Dominic & Norma DiSilvio	John Steffins	Eva-Maria Rill*	Ronald Weil
Marion Eilken	William & Sally Kofla	Brian Rowe	Gerry White
Louise Essenberg*	Chuck Korcz	Karen Rudnick	
Kurt Frank*	Ann Kuta		
Lois Garner*			

**Your Membership Expiration Date is listed in parenthesis on your newsletter envelope address label.
Please make sure to pay your membership dues on time.**

Senior Advisory Council

***Meet the 2nd Tuesday of each month
@ 9:30 AM***

Spring is a season of renewal and transformation. After the long, cold months of winter, the world begins to warm and brighten. Snow melts away, trees regain their leaves, and colorful flowers push through the soil. The days grow longer, giving people more sunlight and energy.

This season encourages people to step outside, appreciate nature, and enjoy simple pleasures.

Beyond its physical changes, spring also symbolizes hope and new beginnings. It is often a time when people set new goals, try new activities, or focus on personal growth. Just as plants stretch toward the sunlight, people feel motivated to grow and improve. Spring reminds us that change can be positive and that brighter days always follow darker ones. In this way, the season represents not only a shift in weather, but also a powerful symbol of renewal and possibility.

That being said, we invite you to our Spring Open House on Mon., April 27th from 10AM to 12PM. This is a great opportunity to bring in your neighbor or friend, who after spending all winter inside, is looking for something new to do. Classes will be free that do so we encourage you to spread the word.

2026

“10 for 10 for 10” Program

The “10 for 10 for 10 Program” is an affordable way for you to make a charitable gift to the GENCenter. Simply donate \$10 for 10 months, or the entire \$100, to be eligible for 10 prizes awarded for the months of **February - November.**

Not only will you support the GENCenter, but you will also be automatically entered into a raffle (every month) for fantastic prizes. ***Please note***, all \$10 donations are due by the end of each month to be eligible for that month's prize. To be eligible for November's prize, you must donate for all 10 months.

Nancy Brandt	Holly Lynch	Irma Rodriguez
Darlene Budakovic	Sharon Madison	Mary Jo Thelander
Joan Bugay	Bill McNutt	Pat Tomasiewicz
Ann Fastert	David Meegan	Mona Vady
Nancy Gonzalez Valez	Thomas Molina	Linda Villarreal
Rita Howley	June Morita	Angela Volpe
Anne Lin	Anna Palumbo	Karen Wierer
Aryliss Lisner	Elaine Plummer	Barbara Winfield
Gloria Ludwig	Joyce Raygor	Denise Yonkers

Feb ~ Linda Villarreal (\$50 Gift Card to IHop)

March- \$50 Gift Card to Jewel