

Women's Retreat 2026



Seven Last Words of Christ - A Lenten Retreat

When someone we love is at the point of death, that person's last words are often the most important lessons that he or she teaches us. The Seven Last Words of Christ are seven distinct sayings Jesus spoke from the cross, offering profound messages of forgiveness, salvation, love, abandonment, distress, triumph, and trust. These phrases are traditionally drawn from the Gospels (Matthew, Mark, Luke, John) and used for Lenten reflection. This retreat will examine these final phrases uttered by Jesus on the Cross and serve to help participants focus on the order and structure of these words, showing how Jesus called on God as Father at the beginning and at the end of His Crucifixion. Through discussion and reflection, the retreat will help to encourage us to turn to our Heavenly Father in times of suffering and challenge. Following Our Lord's example, we are then able to entrust our heavenly Father with everything and hand over our spirits to Him in abandonment and love.



Our weekend away will be a quiet place to shut away for a few days and spend time in fellowship with other women and with God focusing on elements of the Benedictine tradition. It will be one of prayer, connection, and nourishment of faith as we are encouraged to take some time out of our busy lives to slow down, take a breath and let our minds and hearts focus on the words of Jesus and the implications for our lives.

The cost of \$245 covers overnight accommodation, meals, and use of the facility as well as the retreat materials and activities. To join us for this enriching weekend Lenten retreat, please **complete the following registration form and return with a deposit to Bridget in the Parish Office no later than Sunday, Mar. 1** to reserve your room.

For questions, contact Bridget Klawitter, Pastoral Associate at 262-679-1773 ext. 13 or bridget.klawitter@stleonards.org

Annual Women's Retreat 2026

Seven Last Words of Christ - A Lenten Retreat

Friday Mar. 6, 2026 (7 p.m.) – Sunday, Mar. 8, 2026 (12 p.m.)

St. Benedict's Abbey and Retreat Center, Benet Lake, WI

Full weekend includes 2 nights, 4 meals & snacks, retreat materials

\$245 single or double occupancy, per person

(If desired, shared room with _____)

\$5 extra for on-site low gluten meals (a special counter is available if you choose to bring your own food items)

Name: _____ Email: _____

☐ \$100 nonrefundable deposit enclosed to reserve my room for the retreat.

The total registration fee is payable by Thursday, Mar. 12, unless other arrangements are made.

Please make checks payable to St. Leonard Parish (memo: Women's Retreat).