

Women's Health Lunch and Learns



The Wellstar Women's Service Line have opened up their monthly Lunch and Learn series to the general public. The meetings take place on the 3rd Friday of each month from 12noon to 1pm.

Please see the proposed schedule of topics below.

To attend any of these events, simply scan the QR code above, or

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+1 470-344-8779,,288370614# United States, Atlanta

Phone Conference ID: 288 370 614#

February 16th: *Prioritizing Mental Health Across the Continuum* (Shawn M Coyne, PhD., ABPP)

March 15th: *Balancing Work Life: How to Take Care of Ourselves* (Lucy Triana, M.D)

April 19th: *Managing Inflammatory Disorders: Polymyalgia Rheumatica (PMR)* (Xena Whittier, M.D., Cara McLeod, M.D.)

May 17th: *Mobility Health in Women* (Jessica Johnson, PT,DPT)

June 21st: *Orthopedic Concerns in Women* (Jennifer Bruggers, M.D.)

July 19th: *Stroke Awareness in Women* (William Humphries, M.D., MPH, FAANS)

August 20th: *Abnormal Menstrual Cycles & Fibroids* (Nathan Mordel, M.D)

September 15th: *Suicide Prevention in Women* (Janna Williams-Pitts PhD, ABPP)

October 18th: *Endometriosis in Women* (Vidya Soundararajan, M.D.)

November 15th: *Gut Health: The Importance of Colorectal Checks in Women* (Summar Salim, DO)

December 20th: *Prioritizing Wellness and Self-Care During the Holidays* (Laura Baldwin, MS, ACSM, EP-C)

