

Please use this shopping bag to help feed the needy. SUGGESTED SHOPPING LIST

Mixed Vegetables, Carrots) *Laundry Detergent/Dishwashing Liquid *Taco Shells/Salsa/Taco Seasoning *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups *Snacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Panacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Tout Luice/Lemonade Mix *Dry Cereal (Frosted Flakes/Fruit Loops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chiece(Ground &	* INDICATES ITEMS MOST OFTEN REQUESTED	
*Spaghetti Sauce/Alfredo Sauce *Vienna Sausage/Spam/Beef Stew *Canned Vegetables (Sweet Peas, Mixed Vegetables, Carrots) *Laundry Detergent/Dishwashing Liquid *Taco Shells/Salsa/Taco Seasoning *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Spanketti & Meatballs (Mashed/Augratin) *Macaroni & Cheese (Velveeta/Kraft Deluxe) *Macaroni & Cheese (Velveeta/Kraft Deluxe) *Macaroni & Cheese (Velveeta/Kraft Deluxe) *Snacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Snacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Fruit Juice/Lemonade Mix *Dry Cereal (Frosted Flakes/Fruit Loops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Taco Shells/Salsa/Taco Seasoning *Coffee(Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Truit Cups (100% Juice/No Sugar Added) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups	*Pancake Mix/Syrup	*Tuna/Chicken
*Vienna Sausage/Spam/Beef Stew *Canned Vegetables (Sweet Peas, Mixed Vegetables, Carrots) *Laundry Detergent/Dishwashing Liquid *Taco Shells/Salsa/Taco Seasoning *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) Vegetable Oil/Vinegar Fruit Synacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Sunacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Sunacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Sunacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Fruit Juice/Lemonade Mix *Coffee (Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Jelly/Preserves (Strawberry) *Fruit Cups (100% Juice/No Sugar Added) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	· -	*Hamburger Helper
Mixed Vegetables, Carrots) *Laundry Detergent/Dishwashing Liquid *Taco Shells/Salsa/Taco Seasoning *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups *Snacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Panacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Tout Luice/Lemonade Mix *Dry Cereal (Frosted Flakes/Fruit Loops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chiece(Ground &	1 0	
*Laundry Detergent/Dishwashing Liquid Krispies/Lance Crackers/Popcorn) *Taco Shells/Salsa/Taco Seasoning *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups *Snacks (Cheez-its/Goldfish/Rice Krispies/Lance Crackers/Popcorn) *Pruit Juice/Lemonade Mix *Cops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) Chili/Manwich/Chicken & Beef Broth Cornbread/Muffin Mix	*Canned Vegetables (Sweet Peas,	*Macaroni & Cheese (Velveeta/Kraft
Liquid Krispies/Lance Crackers/Popcorn) *Taco Shells/Salsa/Taco Seasoning *Fruit Juice/Lemonade Mix *Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) Loops/Captain Crunch) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) Chocolate *Sugar/Flour *Crackers (Saltines/Ritz/Club) *Mayo/Mustard/Ketchup *Jelly/Preserves (Strawberry) *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) Added) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) Chili/Manwich/Chicken & Beef (Maple Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	Mixed Vegetables, Carrots)	Deluxe)
*Taco Shells/Salsa/Taco Seasoning	*Laundry Detergent/Dishwashing	*Snacks (Cheez-its/Goldfish/Rice
*Canned Pasta (Beef Ravioli/ Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups *Dry Cereal (Frosted Flakes/Fruit Loops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added) *Touthy Sugar Added *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added) *Touthy Sugar Added *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added) *Crackers (Saltines/Ritz/Club)	Liquid	Krispies/Lance Crackers/Popcorn)
Spaghetti & Meatballs) *Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Loops/Captain Crunch) *Coffee(Ground & Instant)/Tea/Hot Chocolate *Crackers (Saltines/Ritz/Club) *Truit Cups (100% Juice/No Sugar Added) ALWAYS APPRECIATED ITEMS Brownie Mix Chili/Manwich/Chicken & Beef Broth Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups	*Taco Shells/Salsa/Taco Seasoning	*Fruit Juice/Lemonade Mix
*Paper Goods (Toilet Tissue, Paper Towels, Tissues) *Sugar/Flour *Crackers (Saltines/Ritz/Club) *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Cups (100% Juice/No Sugar Added) *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added)	*Canned Pasta (Beef Ravioli/	*Dry Cereal (Frosted Flakes/Fruit
Towels, Tissues) *Sugar/Flour *Crackers (Saltines/Ritz/Club) *Mayo/Mustard/Ketchup *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Chocolate *Crackers (Saltines/Ritz/Club) *Fruit Cups (100% Juice/No Sugar Added) *Fruit Snacks/Strips/Roll-ups Chili/Manwich/Chicken & Beef Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups	Spaghetti & Meatballs)	Loops/Captain Crunch)
*Sugar/Flour *Crackers (Saltines/Ritz/Club) *Mayo/Mustard/Ketchup *Jelly/Preserves (Strawberry) *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *Fruit Cups (100% Juice/No Sugar Added) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) Chili/Manwich/Chicken & Beef (Maple Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	*Paper Goods (Toilet Tissue, Paper	*Coffee(Ground & Instant)/Tea/Hot
*Mayo/Mustard/Ketchup *Jelly/Preserves (Strawberry) *Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) Chili/Manwich/Chicken & Beef (Maple Brown Sugar) Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	Towels, Tissues)	Chocolate
*Personal Hygiene (V05 Shampoo, Toothpaste, Toothbrush) *ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Cups (100% Juice/No Sugar Added) *Fruit Cups (100% Juice/No Sugar Added) *Chili/Marwich/Chicken & Beef Brownie Mix Chili/Manwich/Chicken & Beef Broth Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	*Sugar/Flour	*Crackers (Saltines/Ritz/Club)
Toothpaste, Toothbrush) Added) ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Added) Brownie Mix Chili/Manwich/Chicken & Beef Broth Cranola Bars (Chewy/Crunchy) Cornbread/Muffin Mix	*Mayo/Mustard/Ketchup	*Jelly/Preserves (Strawberry)
ALWAYS APPRECIATED ITEMS Rice/Yellow Rice Brownie Mix Oatmeal/Grits (Instant) Chili/Manwich/Chicken & Beef (Maple Brown Sugar) Broth Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	*Personal Hygiene (V05 Shampoo,	*Fruit Cups (100% Juice/No Sugar
Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Brownie Mix Chili/Manwich/Chicken & Beef Broth Granola Bars (Chewy/Crunchy) Cornbread/Muffin Mix	Toothpaste, Toothbrush)	Added)
Rice/Yellow Rice Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Brownie Mix Chili/Manwich/Chicken & Beef Broth Granola Bars (Chewy/Crunchy) Cornbread/Muffin Mix		
Oatmeal/Grits (Instant) (Maple Brown Sugar) Vegetable Oil/Vinegar Fruit Snacks/Strips/Roll-ups Chili/Manwich/Chicken & Beef Broth Granola Bars (Chewy/Crunchy) Cornbread/Muffin Mix	ALWAYS APPRECIATED ITEMS	
(Maple Brown Sugar)BrothVegetable Oil/VinegarGranola Bars (Chewy/Crunchy)Fruit Snacks/Strips/Roll-upsCornbread/Muffin Mix	Rice/Yellow Rice	Brownie Mix
Vegetable Oil/Vinegar Granola Bars (Chewy/Crunchy) Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	Oatmeal/Grits (Instant)	Chili/Manwich/Chicken & Beef
Fruit Snacks/Strips/Roll-ups Cornbread/Muffin Mix	(Maple Brown Sugar)	Broth
1 1	Vegetable Oil/Vinegar	Granola Bars (Chewy/Crunchy)
Diced Tomatoes/Rotel Salad Dressing (Ranch & Italian)	Fruit Snacks/Strips/Roll-ups	Cornbread/Muffin Mix
z itt z imatoto ittotti	Diced Tomatoes/Rotel	Salad Dressing (Ranch & Italian)
BBQ Sauce/Hot Sauce Rice-a-Roni	BBQ Sauce/Hot Sauce	Rice-a-Roni
Canned Beans (Pinto/Black/Kidney) Ramen Noodles (Chicken)	Canned Beans (Pinto/Black/Kidney)	Ramen Noodles (Chicken)

THANK YOU FOR YOUR GENEROSITY!