



NZFBOC

New Zealand Familial Breast & Ovarian Cancer
Te Pou Manaaki Whānau Mate ā-ira pukupuku o Aotearoa

Community Day - Saturday 7 November

9.00am	Arrival tea and coffee
9.30am	Mihi Whakatau Opening <i>Kate Lahood, MC</i>
Understanding your risk	
9.45 – 10.15am	The path is changing: What's new in familial breast and ovarian cancer care in Aotearoa New Zealand <i>Cindy Zaitsoff, Senior Genetic Counsellor, Genetic Health Service New Zealand</i> <i>Emma Felix, Senior Genetic Counsellor, Genetic Health Service New Zealand</i>
10.15 - 11.00am	Living with uncertainty: Coping and decision making in an environment of increased risk <i>Dr Robyn Jury, Clinical Psychologist, Tāmaki Makaurau Auckland</i>
11.00 - 11.15am	Morning tea
Navigating through a challenging landscape	
11.15 – 11.30am	What to expect from genetic counselling <i>Jordan Wood, Associate Genetic Counsellor, Genetic Health Service New Zealand</i>
11.30am – 12.15pm	Choices along the way: Options to reduce breast cancer risk <i>Dr Josie Todd, Oncoplastic Breast Surgeon, Ōtautahi Christchurch</i>
12.15pm	Bare and share - TBC
1.00 – 2.00pm	Lunch
Wellbeing and lifestyle	
2.00 – 2.45pm	New paths forward: Hormones, lifestyle and cancer risk <i>Dr Megan Ogilvie, Endocrinologist, Endocrine and Reproductive Health Associates, Tāmaki Makaurau Auckland</i>
2.45 – 3.20pm	Living in a body that feels under threat: Caring for yourself when cancer risk is part of your life <i>Dr Kumari Valentine, Clinical Psychologist, Ōtepoti Dunedin</i>
3.20 – 3.50pm	Clearing barriers: Life and health insurance <i>Prof Andrew Shelling, Head, Department of Obstetrics, Gynaecology and Reproductive Sciences, Waipapa Taumata Rau University of Auckland, Co-Lead, Against Genomic Discrimination Aotearoa</i> <i>Fay Sowerby, Co-Lead, Against Genomic Discrimination Aotearoa</i>
3.50 - 4.00pm	What lies ahead <i>Kate Lahood, MC</i>

Ōtautahi Christchurch

Cancer Society
74 Langdons Road
Papanui, Christchurch

Tāmaki Makaurau Auckland

Cancer Society's Domain Lodge
1 Boyle Crescent
Grafton, Christchurch

The Auckland venue provides an opportunity to gather with others and watch the Community Day programme live from Christchurch. There is not a separate Auckland-based programme or speakers.