



NZFBOC

New Zealand Familial Breast & Ovarian Cancer
Te Pou Manaaki Whānau Mate ā-ira pukupuku o Aotearoa

Saturday 7 November - Community Day

9.00am	Registration and arrival tea and coffee
9.30am	Mihi Whakatau Opening <i>Kate Lahood, MC</i>
9.45 - 10.15am	Understanding your risk The path is changing: What's new in Familial Breast and Ovarian Cancer care in Aotearoa New Zealand <i>Cindy Zaitsoff, Senior Genetic Counsellor, Genetic Health Service New Zealand</i> <i>Emma Felix, Senior Genetic Counsellor, Genetic Health Service New Zealand</i>
10.15 – 11.00am	Living with uncertainty: Coping and decision making in an environment of increased risk <i>Dr Robyn Jury, Clinical Psychologist, Auckland</i>
11.00 – 11.15am	Morning tea
11.15 – 11.30am	Navigating through a challenging Landscape What to expect from genetic counselling <i>Jordan Wood, Associate Genetic Counsellor, Christchurch</i>
11.30am – 12.15pm	Choices along the way: Options to reduce breast cancer risk <i>Dr Josie Todd, Oncoplastic Breast Surgeon, Christchurch</i>
12.15 – 1.00pm	Bare and share - TBC
13.00 – 2.00pm	Lunch
2.00 – 2.45pm	Wellbeing and lifestyle New paths forward: Hormones, lifestyle and cancer risk <i>Dr Megan Oglivie, Endocrinologist, Endocrine and Reproductive Health Associates, Auckland</i>
2.45 – 3.20pm	Finding a way to talk with your Whānau <i>Dr Kumari Valentine, Clinical Psychologist, Dunedin</i>
3.20 – 3.50pm	Clearing barriers: Health and Life insurance <i>Prof Andrew Shelling, Department of Obstetrics, Gynaecology and Reproductive Sciences, University of Auckland, Co-Lead Against Genomic Discrimination Aotearoa</i> <i>Fay Sowerby, Co-Lead Against Genomic Discrimination Aotearoa</i>
3.50 – 4.00pm	What lies ahead <i>Kate Lahood, MC</i>