



# NZFBOC

New Zealand Familial Breast & Ovarian Cancer Conference  
Te Pou Manaaki Whānau Mate ā-ira pukupuku o Aotearoa

**6-7 NOVEMBER 2026**

## Changing Landscapes – Community Day Programme

Saturday 7 November

9.00am	Arrival tea and coffee
9.30am	Mihi Whakatau  Opening <i>Kate Lahood, MC</i>
9.45 - 10.15am	Understanding your risk  The path is changing: What's new in familial breast and ovarian cancer care in Aotearoa New Zealand <i>Cindy Zaitsoff, Senior Genetic Counsellor, Genetic Health Service New Zealand</i> <i>Emma Felix, Senior Genetic Counsellor, Genetic Health Service New Zealand</i>
10.15 – 11:00am	Living with uncertainty: Coping and decision making in an environment of increased risk <i>Dr Robyn Jury, Clinical Psychologist, Auckland</i>
11:00 – 11:15	Morning tea
11.15 – 11.30am	Navigating through a challenging landscape  What to expect from genetic counselling <i>Jordan Wood, Assoc Genetic Counsellor, Christchurch</i>
11.30am – 12.15pm	Choices along the way: Options to reduce breast cancer risk <i>Dr Josie Todd, Oncoplastic Breast Surgeon, Christchurch</i>

12.15 – 1.00pm	<p>Bare and share</p> <p>A private, respectful and supportive session where people may choose to share their lived experience, including showing surgical outcomes or body changes, to help others considering or recovering from similar treatment.</p> <p>Note: this session is subject to confirmation, including suitability of the venue and facilities, and interest from people wishing to share and/or attend.</p>
13.00 – 2.00 pm	Lunch
2.00 – 2.45pm	<p>Wellbeing and lifestyle</p> <p>New paths forward: Hormones, lifestyle and cancer risk <i>Dr Megan Oglivie, Endocrinologist, Endocrine and Reproductive Health, Fertility Associates, Auckland</i></p>
2.45 – 3.20pm	<p>Finding a way to talk with your whānau <i>Dr Kumari Valentine, Clinical Psychologist, Ōtepoti Dunedin</i></p>
3.20 – 3.50pm	<p>Clearing barriers against discrimination in insurance <i>Prof Andrew Shelling, Head, Medical Genetics Group; Director, Centre for Cancer Research / Te Aka Mātauranga Matepukupuku, University of Auckland</i> <i>Fay Sowerby, Co-Lead, Against Genomic Discrimination in Aotearoa</i></p>
3.50 – 4.00pm	<p>What lies ahead <i>Kate Lahood, MC</i></p>