

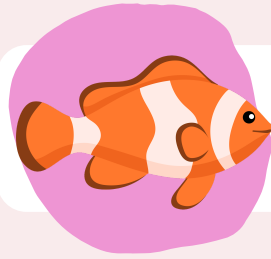
**TURTLES  
(Level 1)**

Introduction to a large body of water, work on breath control, beginning floats, safety in entering/exiting pool. If your child is just starting lessons and/or cannot touch their nose to the water, Turtles is the level for them!



**SEAHORSE  
(Level 2)**

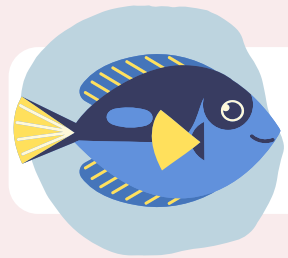
Work on enhancing floating skills, submerging, rolling over, and safety skills.



**CLOWNFISH  
(Level 3)**

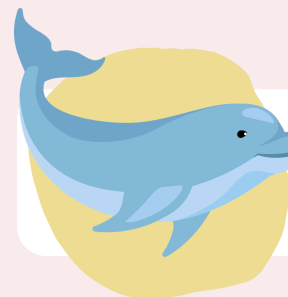
Add glides to floating skills, tread water, back finning, begin working on freestyle. Child will start enjoying going under water.

*\*Note: Many children will need to take Clownfish more than once.*



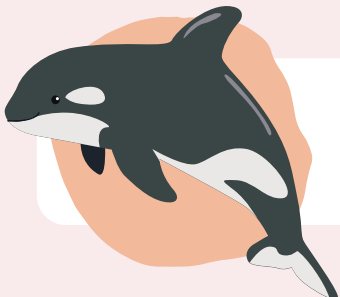
**BLUE GILLS  
(Level 4)**

Introduction of backstroke skills, enhance treading, and refine crawl. Child will be able to swim short distances. This level largely builds off of the skills learned in Clownfish.



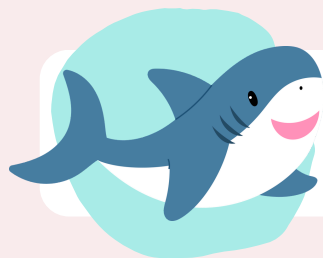
**DOLPHINS  
(Level 5)**

Focus is on the child becoming a stronger swimmer, most still will not be able to touch the bottom of the pool. Strengthens strokes for longer distances, adds side stroke, and dolphin kicks. Many kids will be able to pass the CRC's deep end test **after** completing Dolphins.



**ORCA  
(Level 6)**

During this level we will transition to the deep end of the pool and add additional strokes including the breaststroke and butterfly.



**SHARK  
(Level 7)**

Refines all strokes and works on building strength for longer distance, dives, and turns.

*\*Note: if child enjoys Shark, consider signing them up for CRC Swim Club!*