

## HIV Screening

- ❖ Because most new cases of AIDS are in sexually active 16-25 year olds, the AAP recommends all 18 year olds be screened for HIV exposure
- ❖ If you would like to be tested, your options are
  - ✓ a blood test that takes 7-10 days to get results.
  - ✓ a rapid test done through a finger poke. If this is positive, the full blood test should be done.
  - ✓ An at-home test that can be done with a finger poke or a cheek swab.  
(Check out the [cdc.gov/hiv](http://cdc.gov/hiv) site)
- ❖ The blood tests are offered for free through the Health Department and Planned Parenthood.
- ❖ Forest Hills Pediatrics can order the 7 -10 day blood test through an outside lab, but this will be billed to your insurance