

Sample Syllabus for Semester 1-Internship Class

September	October	November	December
• Contemplation using senses.	• Active listening & responding.	• Following the thread.	• Seasons of the spirit & aging.
• Eco-spirituality.			

- We will be meeting on Wednesday evenings from 6:00-8:00 p.m. We will present a combination of didactic, small group work, and experiential work.
- Every other week you will be involved in a small online group. During this time, you will reflect on the readings, review various prayer practices, be engaged in a book study, and learn about theological reflections in spiritual companionship.
- You will have access to a website which lists our curriculum and activities for each week.
- At the end of each of our four semesters, we will ask you to share, in whatever way you can, what you have learned. This could be in the form of a poem, a collage, a drawing, a piece of art, or even some music.
- At the beginning of the second semester, you will be assigned a volunteer companion to sit with each month so you can begin to practice the new skills you have learned as a Spiritual Companion.