

Sample Syllabus for Semester 1-Internship Class

September	October	November	December
Welcome & getting to know you!	What a session looks like	Contemplative practice's part 1-Lectio Divina, Walking Contemplatively	Individual Supervision
Taking a Contemplative Stance	Goals of Spiritual Direction & Supervision	Contemplative practice's part 2-Centering Prayer, walking with the distant neighbor, those who are suffering	Content in Supervision
Taking a Contemplative Stance in a group and within	Contemplating relationships	Seasons of the Spirit	Writing a verbatim
Deep listening with your authentic self	Contemplating the Cosmos	Movement of the Spirit-Following the thread	Integration of Semester

We meet on Wednesday evenings from 6:00-9:00 for four semesters. We have a combination of didactic, small group work, and experiential work for each class. You have access to a portal which lists our curriculum for the semester and the readings that are assigned each week. Each semester we take time at the end to have an integration of what we have learned. Here you will be asked to share, in whatever way you can, what you have learned. This could be in the form of a poem, a prayer, a piece of music or some artwork. At the beginning of semester 2 you will be assigned a volunteer companion to sit with each month so you can begin to practice your new skills as a Spiritual Companion.