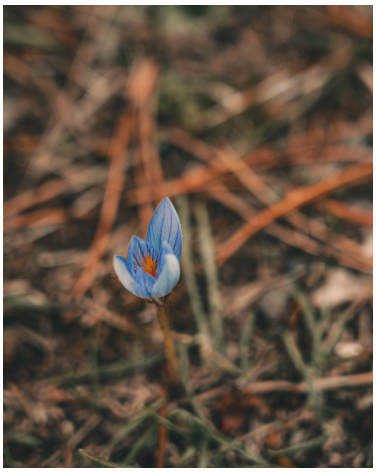
SPIRITUAL LIFE CENTER

Fall 2026

Dear Friends,

As the last leaves fall and the trees stand bare, the natural world has done what it does every season. Visible growth has slowed. The landscape grows quieter. And yet beneath the surface, the work of renewal is already underway. Roots deepen. Energy consolidates. The soil prepares for what it will bring forth next. What appears dormant is, in truth, getting ready.



The Spiritual Life Center has been in a similar season this year.

We made the difficult decision to pause our Spiritual Companioning Training Program. After nearly four decades of forming spiritual directors, we recognized that the program deserved renewal work that could not be done between cohorts. And so we paused for a year to take a long, loving look at it and begin examining what was working, what needed to change, and what needed to be built anew. A pause like this comes at a real cost, a year without tuition income, a year without a new cohort entering formation. It also means the willingness to sit in an open question where a familiar answer used to be. We believe faithful stewardship of this training requires nothing less.

Rather than rushing to construct something new, we chose to see what would grow. And things have begun to grow.

A Renewal Committee of twelve members from across our community has been meeting to examine the program from the roots up, shaping the formation it will offer and building what the next generation of this program will look like. All of this careful work is in service of the person who will one day sit across from a spiritual director and be truly heard.

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We need your help to keep this work going. Your gift supports the ongoing renewal of our training program and positions us to relaunch next September with a brand new cohort of spiritual directors in formation, and helps us continue to offer spiritual direction to anyone who comes to us regardless of their ability to financially contribute.

The Spiritual Life Center has been forming spiritual directors and companions for over forty years. What we are doing now is ensuring it can do so for forty more. Not by holding on to what was, but by having the courage to ask what it needs to become.

I am grateful for your support, your trust, and your generosity. This is a community unlike any other, and it is a privilege to serve it.

With gratitude,

Courtney Canfijn
Executive Director
Spiritual Life Center

We are grateful for your financial support.

Please make checks payable to: **The Spiritual Life Center**

Mailing Address: 77 Sherman St
Hartford, CT 06105

Or visit the donation page on our website at: **Spiritlifectr.org/donate**

The Spiritual Life Center is a 501(c)(3) nonprofit organization. Tax ID: 06-1606685