



FDP FUTSAL
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FDP Futsal Presents: Winter Train & Play Select

PROGRAM OVERVIEW

The FDP Winter Train & Play Select Program is designed for committed youth soccer and futsal players looking to elevate their technical skills, speed of play, and game IQ during the winter months.

This 13-week elite training experience with over 30 hours of training and play, blends high-level futsal training sessions with weekly competitive futsal games in a dynamic and fast-paced environment. Players are grouped by age and ability to ensure optimal challenge and growth.



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What Makes FDP Winter Train & Play Different?

✓ **Weekly Futsal Training**

Led by expert FDP coaches, our sessions focus on ball mastery, agility, creativity, quick decision-making, and movement off the ball—all hallmarks of true futsal development. Additionally learn the tactical aspects of the futsal game, like rotations, shapes, plays.

✓ **Weekly Futsal Games**

Each weekend, players compete in small-sided futsal matches that reinforce what's taught in training. This real-game application accelerates development and builds confidence.

✓ **Professional Environment**

Structured like a true academy system, our program offers age-appropriate curriculum, expert coaching, and a serious-but-fun setting that maximizes player growth.

✓ **Built for Soccer Players & Futsal Players**

Futsal is the #1 training tool for developing quick feet, fast thinking, and technical precision—all transferable to the outdoor soccer field.

✓ **Train With a Purpose**

Unlike typical rec leagues or clinics, this program delivers intentional training + competitive gameplay—a proven model used by top international futsal and soccer academies.



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Elite Pathways: National & International Opportunities

Participation in FDP's Winter Train & Play Select Program opens the door to exclusive, invitation-only opportunities for higher-level futsal competition—both nationally and internationally.

As a founding **National Academy Member of U.S. Youth Futsal (USYF)**, FDP's training curriculum is designed to mirror what USYF National Team coaches actively seek. Our sessions focus on core futsal principles, game intelligence, and technical mastery—giving our players a massive advantage when competing or trying out for elite teams.

Why This Matters:

- Players selected to USYF National Teams have little to no time to adjust to the curriculum.
- FDP players are already trained in the USYF methodology, making them standout candidates.
- Our alumni have consistently succeeded at regional, national, and international levels.



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Additional Pathways Include:

- **USYF National Team Tryouts:** FDP players are uniquely positioned for success thanks to our aligned training system.
- **United Futsal ID Camps & Showcase Teams:** United Futsal seeks players with advanced futsal IQ, technical skill, and tactical understanding—all hallmarks of the FDP model.
- **International Training & Playing Events:** Players may be invited to experience world-class futsal abroad, training and competing against top talent while immersed in elite sporting cultures.