



A disciple is defined by FCA as a person who is growing in their relationship with God and the church. One-on-one discipleship is when I meet with an individual athlete to help them grow in their faith and to help them share the gospel with others. I engage with my athlete through walking through life together and praying. I equip them through God's word and in their walk in their faith. I empower them to share their faith with others and go and make disciples. Living out Matthew 28. All of these aspects are always part of every 1 on 1 discipleship relationship.

In FCA All-Abilities we say "all abilities" because we focus on their God given talents and abilities. Because of this I truly get to see the beauty of how God has formed each of the three individuals that I do discipleship with. Each is beautifully and wonderfully made! Psalm 139. The foundation for discipleship is always the same, but each is tailored to the individual and same for when they share the gospel!

With Shane, he likes to have structure and routine. In the beginning we always start with prayer requests, praises, and God moments from the last week. We spend time in prayer and after that talk about what Shane has been working on from last week. Shane is very goal oriented and task driven. He thrives off of a measurement system and consistency with goal progression. We take time to learn and won't rush if we haven't understood it yet. I have seen Shane grow in his faith, go through challenges, and share his faith with several of his friends. He is such a light that God is using to share the gospel in our community!

With Kendrick he likes both knowledge, creativity, and joking. We spend our time doing prayer, bible trivia, memory verse, and working on The Four (a way to share the gospel). Kendrick is a fast-paced learner and often challenges me in a good way to know how to challenge him to grow in his faith. We spend a lot of time breaking down words from the bible and drawing pictures of what we are learning. Kendrick likes to lead his friends in Bible Study through games like Jeopardy. Over the past two years I have seen Kendrick grow in both his confidence and faith! I am so excited to see where God is going to take Kendrick!

My last one on one discipleship is Zinnia. This past summer Z decided to get baptized and one of the things we wanted to do after she was baptized was walk with her in her faith. Zinnia is very caring for her friends and family! We spend similar time as I do with Shane and Kendrick but change how I teach her. She memorizes verses so quickly! We really break down those verses to make sure she understands it. Zinnia loves learning through writing in her journal, object lessons, and using her dolls to teach a lesson. She has grown so much in her faith this past year!

Each of them are learning the gospel message, but each of them gets to learn it in their own time and their own way. They also get to share it in their own way. That's the awesome part

about one-on-one discipleship. We get to see how God is working in their life, their growth in their relationship with God, and how they want to share their faith with friends! How great is our God!