



2026 TRACK & FIELD FINALS SCHEDULE

REGIS COLLEGE, WESTON, MA

FRIDAY, JULY 17

5pm Hammer Throw Only

SATURDAY, JULY 18

Running Events

9:00am 3K Walk (Mixed)

5,000 (MO)

3,000 (BS, GS, WO)

[May be combined]

10:15am 100 Finals on Time (GS, BS, JG, JB)

Mile Finals on Time (JB, JG, BS, GS)

(May be combined)

400 Finals on Time (GS, BS, JG, JB)

110 High Hurdles on Time (BS, GS)

800 Finals on Time (GS, BS, JG, JB)

200 Finals on Time (GS, BS, JG, JB)

400 Hurdles on Time (GS, WO, BS, MO)

1:00pm Steeplechase

100 Finals on Time (WM, WO, MM, MO)

Mile on Time (WM, WO, MM, MO)

(May be Combined)

400M Finals on Time (WM, WO, MM, MO)

110/100 HH Finals on Time (MO,WO)

800 Finals on Time (WM, WO, MM, MO)

200 Finals on Time (WM, WO, MM, MO)

Field Events

9:15am First Session

LJ (BS, BJ) **TJ** (GS, JG) **SP** (BS)

HJ (GS) **DS** (GS) **Turbo** (JB, JG)

PV (GS, WO)

Second Session

LJ (GS, JG) **TJ** (JB, BS) **SP** (GS)

HJ (BS) **DS** (BS) **JV** (BS,GS)

1:00pm First Session

LJ (MO, MM) **TJ** (WO) **SP** (MO, MM)

HJ (WO) **DS** (WO, WM) **PV** (BS, MO) **JV** (MO)

Second Session

LJ (WO, WM) **TJ** (MO) **SP** (WO, WM)

HJ (MO) **DS** (MO, MM) **JV** (WO)

*All events to follow upon completion of prior event

Key

JG - Junior Girls ; JB - Junior Boys ; GS - Girl's Scholastic ; BS - Boy's Scholastic

WO - Women's Open ; MO - Men's Open ; WM - Women's Masters ; MM - Men's Master