



# 2025 TRACK & FIELD FINALS SCHEDULE

## SATURDAY, JULY 19

### Running Events

**9:00am** 3K Walk (Mixed)

5,000 (MO)

3,000 (BS, GS, WO)

[May be combined]

**10:15am** 100 Finals on Time (GS, BS, JG, JB)

Mile Finals on Time (JB, JG, BS, GS)

(May be combined )

400 Finals on Time (GS, BS, JG, JB)

110 High Hurdles on Time (BS, GS)

800 Finals on Time (GS, BS, JG, JB)

200 Finals on Time (GS, BS, JG, JB))

400 Hurdles on Time (GS, WO, BS, MO)

**1:00pm** Steeplechase

100 Finals on Time (WM, WO, MM, MO)

Mile on Time (WM, WO, MM, MO)

(May be Combined)

400M Finals on Time (WM, WO, MM, MO)

110/100 HH Finals on Time (MO,WO)

800 Finals on Time (WM, WO, MM, MO)

200 Finals on Time (WM, WO, MM, MO)

**\*All events to follow upon completion of prior event**

### Field Events

**9:15am First Session**

**LJ** (BS, BJ) **TJ** (GS, JG) **SP** (BS)

**HJ** (GS) **DS** (GS) **Turbo** (JB, JG)

**PV** (GS, WO )

### Second Session

**LJ** (GS, JG) **TJ** (JB, BS) **SP** (GS)

**HJ** (BS) **DS** (BS) **JV** (BS,GS )

**1:00pm First Session**

**LJ** (MO, MM) **TJ** (WO) **SP** (MO, MM)

**HJ** (WO) **DS** (WO, WM) **PV** (BS, MO) **JV** (MO )

### Second Session

**LJ** (WO, WM) **TJ** (MO) **SP** (WO, WM)

**HJ** (MO) **DS** (MO, MM) **JV** (WO)

**3:00pm** Hammer Check In

Warm Up and Competition for Hammer throw will commence as soon as the Men's Open and Men's Masters Discus concludes.

### Key

JG - Junior Girls ; JB - Junior Boys ; GS - Girl's Scholastic ; BS - Boy's Scholastic

WO - Women's Open ; MO - Men's Open ; WM - Women's Masters ; MM - Men's Master