



MENU

May 8- May 15



Preorder Deadline Thursday @ midnight

PREORDER



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MINCED FAVORITES

Reg / Fam 4

Guacamole Chicken Burger   **13 / 46**
Ground Chicken Burger Stuffed with Fajita Veggies, Jalapeno & Monterey Jack, Served with Grilled Zucchini & a Guacamole Cup **Allergens: Dairy**
500 Cal/ 27F/ 10C/ 4Fiber/ 53P

Sweet & Spicy Chicken with Broccoli   **13.25 / 48**
6 oz Chicken Breast Marinated in a Sweet & Spicy Firecracker Sauce, Sliced & Served over Basmati Rice with Broccoli, Topped with Scallions with Extra Sauce **Allergens: Soy (GF Tamari)**
430 Cal/ 6F/ 47C/ 2 Fiber/ 43P

Spaghetti with Turkey Bolognese   **11.5/ 40**
Gluten Free Spaghetti Noodles (Made with NON-GMO Corn & Rice), Topped with Hearty Lean Meat Sauce & Parsley **Allergens: NO Top 9 Allergens**
530 Cal/ 18 F/ 67C/ 8 Fiber/ 28 P

Apple Berry Salad Grilled Chicken **10.5**
Organic Greens, Diced Apples, Blueberries, Feta, Sliced Almonds, Raspberry Basil Vinaigrette, Grilled Chicken **Allergens: Dairy, Almond**
530 Cal/ 18 F/ 67C/ 8 Fiber/ 28 P

LOOK!

BREAKFAST ITEMS

Turkey Sausage , Cheddar, Caramelized Onion 10
Egg Frittata
Balanced Breakfast Bowl 10.75
Apple Pie Protein Overnight Oats 6.5
Cranberry Orange Protein Overnight Oats 6.5

EXTRAS & SMALL MEALS



Buffalo Ranch Chicken Salad- 12oz 10.75
Buffalo Ranch Chicken Salad with Almond 10.50
Flour Crackers
Chocolate Chip Energy Bites (7 pk) 7.5
Pizza Dippers 7.75

BUILD-YOUR-OWN CUSTOM MEALS

Choice of Protein, Healthy Carb, & Veggie or Choose Low Carb Option



*Proteins, Carbs, & Veggies All Available in 1 lb Bulk

MEAL OPTIONS:

Turkey Taco Meal 11.25
Grilled Chicken Meal 11.75
Chile Lime Shrimp Meal 13.25
Lean Flank Steak Meal 13.50

HEALTHY CARB OPTIONS:

Rosemary Roasted Sweet Potatoes
Roasted Garlic & Herb Red Potatoes
Brown Rice
Basmati Rice
Organic Quinoa
Cilantro Lime Brown Rice
Black Beans

VEGGIE OPTIONS:

Ginger Soy Broccoli
Garlic Asparagus
Seasoned Fajita Peppers
Nashville Hot Cauliflower
Spicy Umami or Homestyle Green Beans
Garlic & Thyme Mushrooms
Herb Roasted Brussels
Sautéed Zucchini

IMMUNE SUPPORT

McKinney Original Elderberry Syrup (8oz/ 16 oz) 21/33
McKinney Seasonal Elderberry Syrup (8oz/16oz) 21/33
Virus Bomb Trio (3 shots) 5.75
Turmeric Super Shooter (12 oz) 7.5
Ginger Lime Shooter (12 oz) 7.25
Four Thieves Vinegar 4 oz 8.5
Four Thieves Vinegar 8 oz 12.5
Aromatherapy Nasal Inhalers* 5
24 oz Local Honey. (Sunnyvale) 13
40 oz Local Honey (Sunnyvale) 18

*Sinus, Virus, or Focus Blends

