



MENU

Mar 27 - Apr 3



Preorder Deadline Thursday @ midnight

PREORDER



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469-786-5313



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MINCED FAVORITES

Reg / Fam 4

"The Bomb" Burrito Bowl



13.25 / 49

Lean Turkey Taco Meat, Scratch-Made Spanish Rice, Black Beans, Spicy Sautéed Onions, Sweet Corn, Queso Fresco & Jalapeno Crema

Allergens: Dairy

580Cal/ 28F/ 51C/ 7Fiber/ 36P

Greek Chicken Meatball Bowl



13 / 48

Flavorful Chicken Meatballs Packed with Fresh Herbs, Served with Garlic Herb Red Potatoes, Roasted Veggies (Summer Squash Blend, Grape Tomatoes, Red Onion, Cremini Mushroom), Greek Yogurt Dill Sauce

Allergens: Dairy

520Cal/ 20F/ 39C/ 5Fiber/ 49P

Brisket Sweet Potato



12.75 / 47

Baked Sweet Potato with Savory Brisket, Cilantro, Queso Fresco, & House-Made Pickled Red Onions

Allergens: Dairy

440Cal/ 11F/ 50C/ 7Fiber/ 36P

BREAKFAST ITEMS

BLT Frittata (Turkey Bacon)	10
Chicken Chorizo & Egg Breakfast Tacos	10.5
Blueberry Tart Overnight Oats	6.5
Double Chocolate Overnight Oats	6.5

IMMUNE SUPPORT

McKinney Original Elderberry Syrup (8oz/ 16 oz)	21/33
McKinney Seasonal Elderberry Syrup (8oz/16oz)	21/33
Virus Bomb Trio (3 shots)	5.75
Turmeric Super Shooter (12 oz)	7.5
Ginger Lime Shooter (12 oz)	7.25
Four Thieves Vinegar 4 oz	8.5
Four Thieves Vinegar 8 oz	12.5
Aromatherapy Nasal Inhalers*	5
24 oz Local Honey. (Sunnyvale)	13
40 oz Local Honey (Sunnyvale)	18

*Sinus, Virus, or Focus Blends



BUILD-YOUR-OWN CUSTOM MEALS

Choice of Protein, Healthy Carb, & Veggie or Choose Low Carb Option



*Proteins, Carbs, & Veggies All Available in 1 lb Bulk

MEAL OPTIONS:

Turkey Taco Meal	11.25
Grilled Chicken Meal	11.75
Smokey Herb Shrimp Meal	13.25
Lean Flank Steak Meal	13.50

HEALTHY CARB OPTIONS:

Rosemary Roasted Sweet Potatoes
Roasted Garlic & Herb Red Potatoes
Brown Rice
Basmati Rice
Organic Quinoa
Cilantro Lime Brown Rice
Black Beans

VEGGIE OPTIONS:

Ginger Soy Broccoli
Garlic Asparagus
Seasoned Fajita Peppers
Nashville Hot Cauliflower
Spicy Umami or Homestyle Green Beans
Garlic & Thyme Mushrooms
Herb Roasted Brussels
Sautéed Zucchini

EXTRAS & SMALL MEALS

Buffalo Ranch Chicken Salad- 12oz	10.75
Buffalo Ranch Chicken Salad Lunch Pack with Almond Flour Crackers	10.5
Chocolate Chip Energy Bites (7 pk)	7.5
Chicken Satay Skewers w/ Peanut Sauce	9.25