



JANUARY 2026

Monday	Tuesday	Wednesday	Thursday
			1 MISHLEI- RAIZY HIRTH.....10:30 ART/CURRENT EVENTS.....11:30 COMPLIMENTARY LUNCH.....12:15
5 MIRIAM GETTINGER SHIUR.....10:30 EXERCISE-BONE STRENGTH.....11:15 COMPLIMENTARY LUNCH.....12:00 MIDOR L'DOR FILM.....12:30	6 NUTRITION WORKSHOP10:45 DANCE AEROBICS.....11:30 COMPLIMENTARY LUNCH.....12:15 FELDENKRAIS.....12:45	7 EXERCISE-BARRE BALANCE.....11:00 COMPLIMENTARY LUNCH.....11:45 HAKIVUN -RAIZY HIRTH.....12:30	8 MISHLEI- RAIZY HIRTH.....10:30 ART/EREV SHABBOS T.B.A.....11:30 COMPLIMENTARY LUNCH.....12:15
12 MIRIAM GETTINGER SHIUR.....10:30 EXERCISE-BONE STRENGTH....11:15 COMPLIMENTARY LUNCH.....12:00 MIDOR L'DOR FILM.....12:30	13 CONNECTIONS EVENT	14 EXERCISE-BARRE BALANCE.....11:00 COMPLIMENTARY LUNCH.....12:00 HAKIVUN -RAIZY HIRTH.....12:30	15 MISHLEI- RAIZY HIRTH.....10:30 ART/CURRENT EVENTS.....11:30 COMPLIMENTARY LUNCH.....12:15
19 MIRIAM GETTINGER SHIUR.....10:30 EXERCISE-BONE STRENGTH.....11:15 COMPLIMENTARY LUNCH.....12:00 MIDOR L'DOR FILM.....12:30	20 BOOK CLUB10:45 DANCE AEROBICS.....11:30 COMPLIMENTARY LUNCH.....12:15 FELDENKRAIS.....12:45	21 EXERCISE-BARRE BALANCE.....11:00 COMPLIMENTARY LUNCH.....11:45 HAKIVUN -RAIZY HIRTH.....12:30	22 MISHLEI- RAIZY HIRTH.....10:30 ART/EREV SHABBOS T.B.A.....11:30 COMPLIMENTARY LUNCH.....12:15
26 MIRIAM GETTINGER SHIUR.....10:30 EXERCISE-BONE STRENGTH.....11:15 COMPLIMENTARY LUNCH.....12:00 MIDOR L'DOR FILM.....12:30	27 LET'S SHMOOZE10:45 DANCE AEROBICS.....11:30 COMPLIMENTARY LUNCH.....12:15 FELDENKRAIS.....12:45	28 EXERCISE-BARRE BALANCE.....11:00 COMPLIMENTARY LUNCH.....11:45 HAKIVUN -RAIZY HIRTH.....12:30	29 MISHLEI- RAIZY HIRTH.....10:30 ART/CURRENT EVENTS.....11:30 COMPLIMENTARY LUNCH.....12:15



ABOUT OUR PROGRAM.....

TUESDAY'S ACTIVITIES

NUTRITION WORKSHOP – JANUARY 6TH

Eat well, feel great. Nutrition with Malky Shafran, RDN

BOOK CLUB – JANUARY 20TH

Monthly Book Club with Dr. T (Sara Teichman)

LET'S SHMOOZE – JANUARY 27

Navigating Life's Transitions with Dassy Prager, LPC

MIDOR L'DOR FILM

INSPIRING WOMEN SHARE THEIR LIFE STORIES:

January 5: Mrs. Ruth Katzenstein

January 12: Mrs. Bertha Jacobovits

January 19: Mrs. Shlima Warzman

January 26: Rebbitzin Brog

ART – THURSDAYS@11:30

Canvas Painting

By RSVP Only

\$15 per session or become a

Platinum Member

Call 732-523-5111

COMPLIMENTARY LUNCHES

A RESERVATION IS REQUIRED FOR
COMPLIMENTARY LUNCH
BY 12:00 PM THE DAY BEFORE.

PLEASE CALL **732-523-5111 EXT 2**

IF YOU LEAVE YOUR NAME, NUMBER AND
DESIRED DATE,
YOUR LUNCH IS RESERVED.

PLEASE BE RESPONSIBLE AND SHOW UP IF
A RESERVATION WAS MADE.

ADMISSION FEES – \$10

or

Become a Member!

GOLD – \$360

- Entry to The Square (excluding art)
- Entry to Connections Luncheon
- All Store Discounts

PLATINUM – \$500

- Everything in GOLD
- \$250 off Simcha Hall Rental
- Free entry to art classes

***Pick up our brochure to see full details**



www.lakewoodsquare.org



732-523-5111



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