

Grade 6 Prayers

Our Lady of Lourdes Roman Catholic Church

Erath, Louisiana

Prayer to the Most Holy Spirit

O Holy Spirit, Eternal God with the Father and Son, Who sees all my actions and counts all my steps, from Whom no thought is hidden, enlighten me that I may clearly see what evil I have done today, and what good I have left undone. And move my heart that I may sincerely repent and amend my life. Amen.

An Act of Love

O, my God, I love You above all things, with my whole heart and soul, because You are all good and worthy of all my love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and I ask pardon of all whom I have injured.

Memorare (in time of need)

Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help,

or sought Thy intercession was left unaided. Inspired with this confidence, I fly unto Thee, O Virgin of virgins, my Mother. To Thee I come, before Thee I stand, sinful and sorrowful, O Mother of the Word Incarnate, despise not my petitions, but in Thy mercy, hear and answer me. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To Thee do we cry, poor banished children of Eve; to Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O Most Gracious Advocate, Thine Eyes of Mercy toward us, and after this, our exile, show unto us the Blessed Fruit of Thy Womb, Jesus. O Clement, O Loving, O Sweet Virgin Mary, pray for us, O Holy Mother of God, that we may be made worthy of the Promises of Christ. Amen.

**Our pastor encourages us
to pray/review our “First Communion prayers” on a daily basis.**

(See attached pages.)

Recite These Prayers Every Day!

Our Lady of Lourdes Roman Catholic Church (Erath, Louisiana) *(Revised June 2014)*

NOTE 1: The prayers marked with an **asterisk (*)** are useful when we prepare to go to Confession.

NOTE 2: Although these prayers were learned in Grades 1-2, they should be recited every day! The prayers marked with an **(M)** should be recited every morning, while the prayers marked with an **(N)** should be recited every night to help us remember (and reflect upon) on the sins we committed during the day. We should also make plans to go back to Confession soon!

The Sign of the Cross* (M,N)

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer* (M,N)

Our Father, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy Will be done on earth as it is in Heaven. Give us, this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary* (M)

Hail Mary, full of Grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be* (M)

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Angel of God (M)

Angel of God, my guardian dear, to whom God's love entrusts me here. Ever this day be at my side, to light and guard, to rule and guide. Amen.

The Ten Commandments*

1. I am the Lord, your God. You shall not have any other gods before me.
2. You shall not take the Name of the Lord, your God, in vain.
3. Remember to keep holy the Sabbath Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

**("First Communion" Prayers
Continue on next page)**

Act of Contrition*(N)

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishment, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy Grace, to sin no more and to avoid the near occasion of sin. Amen.

Brief Examination of Conscience*(N)

What sins have I committed of thought, word, deed, or omission, against Almighty God, neighbor, and self?

The Apostle's Creed (recite often)

NOTE: All Christians of "reasonable age" should know and be able to recite/explain what we believe. The Apostle's Creed specifically states the twelve (12) most basic articles in the fundamental doctrine of Christianity. It is also recited in the Rosary.

I believe in God, the Father Almighty, creator of Heaven and earth, and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell, and on the third day, He arose from the dead. He ascended into Heaven and sits at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Prayer before Meals (daily)

Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty, through Christ, our Lord. Amen.

Our "conversation" with the priest (and with God) in the Confessional

Bless me, Father, for I have sinned. This is my first Confession. I have (*tell your sins to the priest*). For these and any other sins I may have forgotten, I am truly sorry.

NOTE: Upon our return to the Confessional, we can no longer say "*This is my first Confession.*" Instead, we say, "It has been ____ weeks (or months or years) since my last Confession."