

SAS Middle & High School School Bell Schedule 2025-2026

	Regular Day (M, Tu, Th)
Homeroom	7:45-7:55 (10)
Period 1	8:00-8:45 (45)
Period 2	8:50-9:35 (45)
Period 3	9:40-10:25 (45)
Recess	10:25-10:35 (10)
Period 4	10:40-11:25 (45)
Period 5	11:30-12:15 (45)
Lunch	12:20-12:50 (30)
Period 6	12:55-1:40 (45)
Period 7	1:45-2:30 (45)

	Friday
Homeroom	7:45-7:55 (10)
Assembly	8:00-8:15 (15)
Period 4	8:20-9:25 (65)
Period 5	9:30-10:35 (65)
Recess	10:35-10:50 (15)
Period 6	10:55-12:00 (65)
Lunch	12:00-12:35 (35)
Enrichment	12:40-1:20 (40)
Period 7	1:25-2:30 (65)

	Wednesday
Homeroom	7:45-7:55 (10)
Period 1	8:00-9:05 (65)
Period 2	9:10-10:15 (65)
Recess	10:15-10:30 (15)
Period 3	10:35-11:40 (65)
Advisory / Study Hall	11:45-12:00 (15)
Lunch	12:05-12:40 (35)
Enrichment	12:45-1:15 (30)

**Music Ministry meets on
Wednesdays during both lunch and
enrichment periods.*

** LIFE Ministry and SGA meet on
Fridays during lunch and enrichment.*

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Special Schedules:

	Wednesday MASS
Homeroom	7:45-8:05 (20)
Mass	8:15
Recess	9:20-9:35 (15)
Period 1	9:40-10:35 (55)
Period 2	10:40-11:35 (55)
Period 3	11:40-12:35 (55)
Lunch	12:40-1:15 (35)

	Friday RALLY
Homeroom	7:45-8:05 (20)
Period 4	8:10-9:10 (60)
Period 5	9:15-10:15 (60)
Recess	10:15-10:30 (15)
Period 6	10:35-11:35 (60)
Period 7	11:40-12:40 (60)
Lunch	12:45-1:20 (35)
Rally	1:25-2:30 (65)

Notes: There will be no Enrichment on these Special Schedule days.