

Apostles Creed Reflection

GOD—Creator, Father, Mother—relational, powerful, and intentional
I believe in God, the Father almighty, creator of heaven and earth.

Questions for reflection-

- Reflect on how God formed humanity from the soil.
- How does being made in the image of God impact the way you live?

Write on the heart below - I see the Creator's hand in... Where do you see the presence of God?

JESUS - Redeemer, Word made flesh, Friend, Savior, and Teacher

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

Questions for reflection-

- Reflect on what it means to be loved unconditionally .
- How do you reflect the love of Jesus?

Write on the heart below (I experience the love of Christ...)How have you experienced the love of Jesus?

HOLY SPIRIT - Advocate, Comforter, Intercessor, Breath of God

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

Questions for reflection-

- Reflect on the fruits of the Spirit (love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control) pray for what you are in need of.

Dip your fingers in water - Make the sign of the cross on your forehead to remember your Baptism.

Write on the card (The Fruit of the Spirit I would like to focus on...)

- What gift or fruit of the Spirit is being nurtured in you right now?

