World

FOOD DAY

October 16, 2026



The World Food Sunday
October 18, 2026

Gathering Music

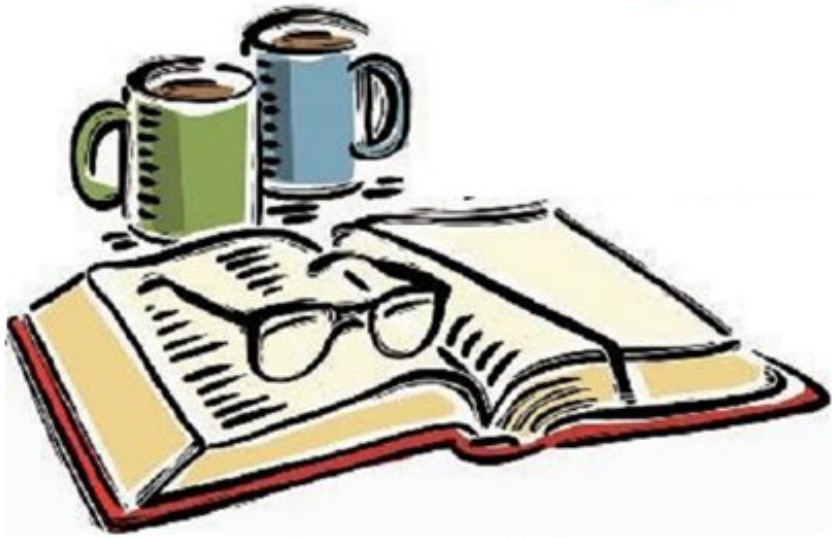
"For the Healing of the Nations" (VU # 678)

Welcome



Announcements

Bible Study



Christian Living

All are welcome !

Wednesday

October 21

@ 7:00 pm

By Zoom

Each session is a complete unit, so you can join anytime.



Light the Christ Candle

We light this candle defiantly, courageously, boldly, to help us remember that the shadow of lament and rage and sorrow do not last forever. The light of Christ is still here, always here, even when we cannot see it. Thanks be to God. Amen.



Prelude

“There will be peace in the Valley for me”

A Prayer and Call to Worship

Holy and gracious God, we gather as seekers, lovers, disciples, and friends. We gather to give you thanks for the blessings of our lives - and to replenish and refuel our spirits for the road ahead. We gather to learn the wisdom of your way and feel the warmth of your love. Bless our gathering as we join our hearts and minds together in worship.

We come ready to just be, together, and to trust God with all of who we are.
Let us worship the God who loves the whole of us beyond measure and without exception.
Amen.



Time with the Young People

by Julie

Children Song

“Jesus Bids us Shine”

Musical Offering VU # 540

Grant us, God, the grace of giving,
with a spirit large and free,
that ourselves and all our living
we may offer faithfully

Offering Prayer



Holy and gracious God, we pray that these gifts help to bless and sustain the work of this church and its mission and ministry in our neighbourhood and in the wider world. Amen.

(The children will leave and have a Fun Day downstairs.)

Prayer of Confession & Assurance

As we pause to give ourselves in worship and confession, Holy Love, empty us of worrisome thoughts. Fill us with light. Empty us of vanity. Fill us with tenderness. Let this be a place and a time of nourishment, of oneness, of searching, of healing.
(*a time of silent prayer*)

Send the Spirit of truth and compassion and determination to fill this place and this people with life and goodness and hope so that we may go out and share your nourishment with the world.
Amen.

Hymn MV # 135 *"Called by Earth and Sky"*

Refrain **Called by earth and sky,**
promise of hope held high
This is our sacred living trust,
treasure of Life, sanctified
Called by earth and sky

1 Precious these waters endless seas,
deep ocean's dream
Waters of healing, rivers of rain
The wash of love again ***R***



2 Precious this gift the air we breathe,
wind born and free
Breath of the Spirit blown through this place
Our gathering and our grace

Refrain **Called by earth and sky,**
promise of hope held high
This is our sacred living trust,
treasure of Life, sanctified
Called by earth and sky

3 Precious these mountains ancient sands,
vast fragile land
Seeds of our wakening rooted and strong
Creation's faithful song ***R***

4 Precious the fire that lights our way,
bright dawning day
Fire of passion sorrows undone
Our faith and justice one

Refrain **Called by earth and sky,**
promise of hope held high
This is our sacred living trust,
treasure of Life, sanctified
Called by earth and sky
Called by earth and sky



The Scripture Reading Micah 4:1–5 *read by Rev. Yun-Hee*

In the last days the mountain of the LORD's temple will be established as the highest of the mountains; it will be exalted above the hills, and peoples will stream to it. Many nations will come and say, "Come, let us go up to the mountain of the LORD, to the temple of the God of Jacob. He will teach us his ways, so that we may walk in his paths." The law will go out from Zion, the word of the LORD from Jerusalem. He will judge between many peoples and will settle disputes for strong nations far and wide. They will beat their swords into plowshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore.

Everyone will sit under their own vine and under their own fig tree, and no one will make them afraid, for the LORD Almighty has spoken. All the nations may walk in the name of their gods, but we will walk in the name of the LORD our God for ever and ever.

This is the Word of God

Thanks be to God !



Reflection

By Rev. Yun-Hee

- **266 million people at risk of acute hunger in 2026**

- **45 million people at risk of acute hunger because of Middle East conflict**

- Report from UN World Food Programme



The Orange Part: The Sahel Region

The World Food Programme & Local Communities Restored 158,000 hectares of degraded land in just 4 years.



R4 RURAL RESILIENCE INITIATIVE

WFP
World Food Programme

SAVING LIVES
CHANGING LIVES

Over 1.7 billion people have been affected by climate-related disasters globally in the last ten years, with the number of people facing acute food insecurity being on the rise. Strategies for reducing and mitigating risks are therefore essential to overcome hunger, achieve food security and enhance resilience.

Since 2011, R4 has broken new ground in the field of climate risk management by enabling vulnerable households to access index insurance products by participating in risk reduction activities.

ABOUT R4

Resource-poor and food insecure households are faced with a wide range of shocks, including climate variability, extreme weather events, conflict, and socio-economic crises. While vulnerable communities have a greater likelihood to suffer heavy losses from these shocks, they often lack access to efficient and effective formal risk management and social protection mechanisms. WFP's vision is to end global hunger by helping reduce risk and vulnerability to shocks and achieving sustainable food security and nutrition. WFP recognizes that in order to achieve its objective, it is essential to rely on a comprehensive set of integrated risk management strategies and tools that address both the climatic as well as non-climatic factors contributing to people's vulnerability.

WFP has been the first UN agency to develop a microinsurance scheme integrated in a broader strategy to manage climate risks in chronically and transient food insecure areas, prone to recurrent droughts and floods. The **R4 Rural Resilience Initiative** (R4) is an integrated climate risk management approach that aims to help communities build resilience, incomes and wellbeing in the face of increasing climate variability and shocks. The initiative combines four risk management strategies: **reducing the risk** of climate-related shocks through nature-based solutions and improvement of agricultural practices; **transferring the risk** of catastrophic events to private insurance markets; enabling better **risk retention** of households and communities through the promotion of group savings and integration with social protection systems; and promoting **prudent-risk taking** through a combination of financial education, livelihoods diversification, and easier access to credit to enable better investments.

November 2023

By 2023, World Food Programme's R4 Rural Resilience Initiative had supported nearly 550,000 vulnerable households across 18 countries.

"R4" stands for the four integrated risk management strategies used to protect vulnerable farmers from climate change and food insecurity

1. The Canadian Foodgrains Bank is a partnership of 15 Canadian Christian churches and church-based agencies working together to end global hunger.



2. World Food Programme (WFP): the world's largest humanitarian organisation and the food-assistance branch of the United Nations

Best for: Fighting hunger on a global scale, especially in emergencies.

The United Nations agency delivers food assistance, supports school meals, responds to famine risks, and helps communities strengthen their food security. In 2025, it assisted 121 million people across the world.

https://www.wfp.org/



World Food Programme (WFP)

3. Action Against Hunger:

Founded: Established in 1979 in France (as *Action Contre la Faim*) by a group of doctors, scientists, and writers.

Best for: fighting malnutrition, child nutrition, clean water, and long-term food security.

This humanitarian organisation combines emergency assistance with nutrition treatment, water and sanitation programs, and support for livelihoods. Its 2025 global impact report covers work across 54 countries.

Action Against Hunger
+1
Official website: actionagainsthunger.ca



Action Against Hunger

4. The Hunger Project: a global, non-profit organisation founded in 1977 that works to end chronic hunger and extreme poverty in Africa, Asia, and Latin America

Best for: Addressing the underlying causes of hunger.

It works with communities to improve food security, empower women, strengthen local leadership, and build self-reliance instead of depending indefinitely on emergency aid. Its 2025 annual report describes partnerships across more than 7,500 communities.

Official website: thp.org



The Hunger Project

5. Mission and Service: provides clean water, food, shelter, medical aid, community of faith support, refugee programmes, and emergency aid, both in Canada and globally.

Transform lives.
Inspire meaning and purpose.
Build a better world.



Hymn VU # 747 *"Psalm 23"*

1 The Lord's my Shepherd, I'll not want;
he makes me down to lie
in pastures green; he leadeth me,
the quiet waters by.

2 My soul he doth restore again;
and me to walk doth make
within the paths of righteousness,
ev'n for his own name's sake.



3 Yea, though I walk in death's dark vale,
yet will I fear no ill;
for thou art with me; and thy rod
and staff me comfort still.

4 My table thou has furnished
in presence of my foes;
my head thou dost with oil anoint,
and my cup overflows.

5 Goodness and mercy all my life
shall surely follow me,
and in God's house for evermore
my dwelling-place shall be.



Minutes for Mission

by Donna

Prayers of the People

Merciful God, thank you for hearing us when we cry out to you. When pain and suffering, ours or someone else's, seem too much to bear, may you help us you are here with us.

Loving God, please help us to remember that this church is your Church. Help us to live faithfully into the mission of the Church universal.

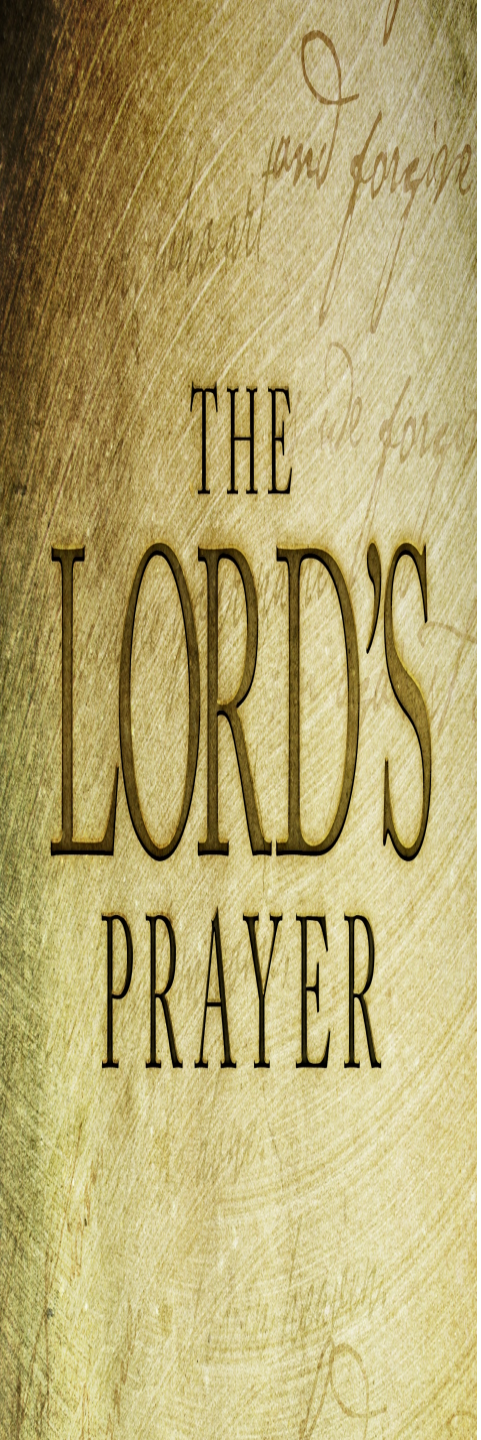
Gracious God, please touch our hearts that we might love the world as you do.
Help us to steward resources faithfully, live generously, and serve others cheerfully.

Compassionate God, help us to accompany and care for those who are dealing with illness of the mind or body. May they receive all they need to heal and regain vitality.

Spirit of God, we take a moment now to remember aloud or in silence those we know and love who are suffering or celebrating in some way…

(a time *of silent prayer*)

Almighty God, may you help us to take time this week to talk to you and share what's on our heart; take time this week to listen and hear the heart of another; take time this week to rest, just as we are, in the heart of God. And share the goodness we find there with all whom we encounter. **Amen.**



VU # 960 *The Lord's Prayer*

Our Father, who art in Heaven,
hallowéd be thy name,
thy kingdom come, thy will be done,
on Earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we
forgive them that trespass against us.
And lead us not into temptation, but
deliver us from evil.
For thine is the kingdom, and the
power, and the glory, for ever and
ever. Amen.

Hymn VU # 682 *"O Day of Peace"*

1 O day of peace that dimly shines
through all our hopes and prayers and dreams,
guide us to justice, truth, and love,
delivered from our selfish schemes.

May swords of hate fall from our hands,
our hearts from envy find release,
'til by God's Grace our warring world
shall see Christ's promised reign of peace.

2 Then shall the wolf dwell with the lamb,
nor shall the fierce devour the small;
as beasts and cattle calmly graze,
a little child shall lead them all.

Then enemies shall learn to love,
all creatures find their true accord;
the hope of peace shall be fulfilled,
for all the Earth shall know the Lord.



Blessing

Go out this day with hope in your heart -

the hope given to us from our God who dwells with us and holds us close, the God who wipes away our pain and makes us new.

Go out this day with the hope of God's love to restore you and all those you encounter. Carry into the world the hope that all may be fed and nourished. Then, in hope, work for that day!

The Grace of Christ attend you, the Love of God surround you, and the Holy Spirit keep you. **Amen.**

Commissioning "Go Now in Peace"

Go now in peace. Never be afraid.
God will go with you each hour of every day.
Go now in faith, steadfast strong and true.
Know God will guide you in all you do.

Go now in love and show you believe.
Reach out to others so all the world can see.
God will be there within, around, above.
Go now in peace,
in faith and in love.
Amen, amen, amen.





God, we thank you for being with us.

Thank you Congregation for worshipping today in person and by Zoom !
and
thank you for your participation !

(adapted from the United Church of Canada's Resources, "Gathering" and *"Season of Gratitude"*
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