



COUNSELLING  
TRAINING **HUB**

# PROSPECTUS

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COURSES DESIGNED **BY** COUNSELLORS **FOR** COUNSELLORS

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# Introduction

## Your Journey begins here

Training to become a counsellor is more than a course - it's a personal journey that can transform your life while empowering you to support others in theirs. At Counselling Training HUB, we're proud to offer a warm, supportive learning environment guided by experienced tutors and underpinned by real-world expertise.

Our courses are written and delivered by professionals with strong backgrounds in counselling and mental health, providing a clear and accessible path to becoming a qualified therapist.

This prospectus will walk you through the training options available. And if you need guidance, we're here to help you choose the route that best aligns with your goals.

Whatever your vision for the future, we're here to support you every step of the way. Let us help you become the difference in someone's life.

We look forward to welcoming you to the HUB

## Rewarding career ahead

Every day, people encounter challenges and emotional stresses. As a counsellor, your role is not to provide instant solutions, but to guide individuals toward deeper self-understanding, clarity, and emotional resilience. You'll help people explore what they're going through and support them in moving toward a more confident, hopeful future. At Counselling Training HUB, our mission is to equip you with the skills to support others with empathy, professionalism, and insight. Counselling is a deeply rewarding and transformative career - ideal for those who are passionate about making a meaningful impact in people's lives.

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# About Us

## At the Counselling Training HUB, we believe in training that transforms.

Our practical, engaging, and flexible courses are designed to meet you wherever you are - whether you're just starting out or taking your skills to the next level.

Through a balance of theory, real-life practice, and supportive group learning, you'll develop not just the knowledge and tools of a counsellor, but also the self-awareness and confidence to grow personally and professionally.

By the end of your training, you'll walk away with a strong foundation in counselling, a sense of real achievement, and the reassurance that you've found your path and your purpose.

At the HUB, we don't just teach counselling... we help you truly become a counsellor.

Google 5 Star Rating



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## Though newly established in 2022, the Counselling Training HUB was built on a foundation of experience and excellence.

From the very beginning, we've prioritised assembling a highly skilled team of tutors -each bringing extensive backgrounds in counselling, education, and professional practice. As a privately run organisation, we have the freedom to place our tutors and students at the centre of everything we do.

Our collaborative team is deeply respected in the field and actively contributes to shaping a vibrant, dynamic training environment.

Every course is designed with the student in mind - flexible, inclusive, and responsive to individual learning needs.

As a private company, profits are reinvested into enhancing our training, resources, and student support - ensuring every learner has the best possible experience as they work toward becoming a qualified counsellor. At the HUB, your growth is our mission.

Our courses are designed to fit around busy, modern lives - whether you're balancing work, family, or other commitments. We welcome learners from all academic backgrounds, creating an inclusive and supportive environment where everyone can thrive.

Our teaching style is creative, calm, and engaging - making it both effective and enjoyable. We ensure that our training follows the criteria of our main Professional Bodies NCPS & BACP. Most importantly, our training will lead to full accreditation from the NCPS Professional Body, ensuring your qualifications are recognised and valued within the Counselling Profession and the Mental Health Industry.

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# Our Ethos ‘Creating Competent Ethical Counsellors’

## Why Choose a Private Training Provider Like the HUB?

While larger colleges and nonprofit organisations often rely on funding and donations, they can face significant challenges - such as lower staff salaries, limited resources, and high staff turnover. These pressures can affect the quality and consistency of student support.

At the HUB, we do things differently. As a private organisation, we prioritise the wellbeing and satisfaction of our tutors first - because we know that happy, supported tutors create the best possible experience for our students.

When you as a student invest your time, money, and trust into your training, it’s our team you rely on to guide you. That’s why we invest in the tutors - ensuring they’re valued, resourced and empowered to give you their very best.

It’s a simple approach:  
**Empowered Tutors = Empowered Students**



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# Location & Venue

## A Space Designed for Comfort, Connection and Learning

Our modern HUB is nothing like a traditional classroom - Our two large training rooms are intentionally designed to feel welcoming, relaxed, and professional. With contemporary furnishings, comfortable learning spaces, and up-to-date technology, we've created an environment that supports focus, wellbeing, and community.

We're conveniently located just steps from both the Victoria and Southend Central train lines, with ample parking nearby. Surrounded by local shops and cafés, and just a five-minute walk from the beach, it's the perfect place to learn, unwind, and stay connected.

Inside, you'll find year-round comfort with heating in Winter and air conditioning in Summer. Our on-site 'Snug' library provides a quiet place to study, relax, or borrow a book to take home.

Right across the street is our sister company, Counselling on Sea, which offers our Diploma students the opportunity to complete their 100-hour face-to-face placement, taking away the stress of searching for a placement on your own as other colleges expect of you.



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# State Of The Art Technology

## Extra Large Touch Screens

Our bright, modern LED screens ensure clear visibility from every seat. With a U-shaped layout, you'll stay connected with your peers whilst enjoying excellent screen views—creating a perfect blend of focus and collaboration.

## The Snug Library – Your Quiet Study Haven

Open to all students and tutors, The Snug offers a cosy, quiet place to read, reflect, and explore our extensive collection. Pop in for peaceful study, borrow a book, or join one of our monthly weekend study days for extra skills practice and calm connection.

## iPad-Assisted Assessments

To ease assessment nerves, we use iPads to observe practical sessions remotely. Your tutor watches from a nearby room via live camera—giving you space to focus and perform naturally. These assessments replace traditional written exams, and you'll have plenty of chances to practise.



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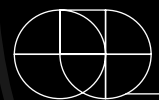
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# How to Apply

## Start Your Journey With These Simple Steps

Start your journey by visiting [counsellingtraininghub.co.uk/training-courses](https://counsellingtraininghub.co.uk/training-courses) and select the course that's right for you. Complete the online application form and submit it to begin the process.

Once we receive your application, it will go through a brief screening process, which may take up to 3 working days. You'll then receive an email confirming the outcome.

- If you're applying for the Level 3 Certificate in Counselling Skills, successful applicants will receive a 'Welcome Email' with next steps.
- If you're applying for the Diploma or Higher Diploma, you'll be invited to attend the next round of interviews before final enrolment.



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## About the Interview

Interviews are for Diploma level or above and held either online or in person at the HUB, depending on your preference and availability.

To make the most of your interview, we encourage you to come prepared. You'll be asked about your previous counselling training and experience, as well as why you believe our course is the right fit for you.

Our interviewers are experienced professionals who not only assess your readiness but also offer valuable insight into what to expect from the course. You're welcome and encouraged to bring any questions you may have about the training, placement, or future opportunities.

At the end of the interview, we'll talk you through the next steps in the application process.

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# Courses

## A Career That Changes Lives — Including Yours

Whatever has inspired your interest in becoming a therapeutic counsellor, it likely stems from a deep desire to support and empower others through life's challenges.

Counselling can be both emotionally and mentally demanding - but it's also one of the most meaningful and rewarding paths you can take.

Few professions offer the same opportunity to create genuine, lasting change in someone's life.

At Counselling Training HUB, our mission is to make a career in counselling more accessible, approachable, and achievable for more people.

That's why we go above and beyond to support our students - both personally and professionally - every step of the way.

From course design to teaching quality, we're committed to continuous improvement.

Google 5 Star Rating



### **Certificate in Counselling Skills**

**Level 3** (equivalent)

7 - 8 month part time

Our unique course is integrated meaning you'll learn several theories, not just person centred

- Face to Face Course
- Assessment and essay - no exam



### **Diploma in Therapeutic Counselling**

**Level 4** (equivalent)

2 year part time

Integrated (multiple theory) course with deeper insight into CBT, TA, psychodynamic theories and more.

- No exam plus 100 hours placement provided (notoriously hard to find).
- Once graduated, you are a Qualified Counsellor.



### **Higher Diploma in Therapeutic Counselling Level 5** (equivalent)

1 year part time

Fantastic refresher course or to add those valuable hours to your qualification and experience.

- A final presentation - no exam
- Recognised by our Professional Bodies therefore industry recognised

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# Course Fees

## Affording Your Training

Returning to study is a significant commitment—emotionally, mentally, and financially. One of the key things to consider is how you’ll manage the cost of your course. At the Counselling Training HUB, you have flexible payment options: pay upfront (with occasional discounts available) or spread the cost with monthly instalments.

If you choose to pay monthly, we’ll send you a regular invoice to make the process straightforward. Please note that once enrolled and the course has started, you are committing to paying at least 50% of the total fee—even if you choose to withdraw—so that the programme can continue smoothly for the rest of the group.

| Certificate in Counselling Skills<br>Level 3 (equivalent)<br>7 - 8 month part time | Diploma in Therapeutic Counselling<br>Level 4 (equivalent)<br>2 year part time | Higher Diploma in Therapeutic Counselling<br>Level 5 (equivalent)<br>1 year part time |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Deposit<br>£150.00                                                                 | Deposit<br>£150.00                                                             | Deposit<br>£115.00                                                                    |
| 6 X monthly payments<br>£135.00                                                    | 23 X monthly payments<br>£150.00                                               | 11 X monthly payments<br>£135.00                                                      |
| Total<br>£960.00                                                                   | Total<br>£3600.00                                                              | Total<br>£1600.00                                                                     |
|                                                                                    | If paid upfront<br>£3400.00                                                    | If paid upfront<br>£1500.00                                                           |

\* Be aware that once signed up, you are contracted to pay half the total, regardless of your situation, to enable the course to continue running for everyone.

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# Accreditation & Recognition

## What does “Accredited” mean?

An accredited counselling course has been formally approved by a recognised **Professional Body**—such as the **BACP** or **NCPS**, both part of the **SCoPEd** framework. This means the course meets high standards in ethics, training, and professional practice, and is recognised across the counselling profession. Be aware: Not all courses are recognised or accredited—even if they are linked to examining bodies like CPCAB or AIM. Currently our courses are ‘recognised’ so that our students can be members of either or both of these Professional Bodies - the NCPS or BACP. In 2026 Our Diploma will be Accredited and our Skills will receive a ‘Quality Check’ giving the courses further endorsement.

## What is an Examining Body?

An examining body—such as CPCAB or AIM—provides pre-designed course structures and learning materials to colleges or private training providers for a licensing fee. In addition to this, they typically charge further costs for external assessments, verification, and administration. While these frameworks can offer consistency and standardisation, they often increase overall course fees for students and can reduce the budget available to fairly compensate tutors. At the Counselling Training HUB, we have chosen to independently design and deliver our own in-house programme to maintain both quality and affordability—ensuring more value for our students and more autonomy for our educators.

## Why This Matters

Recognition by professional bodies like **BACP** or **NCPS** opens doors to credible employment opportunities in settings such as the **NHS, BUPA, schools and colleges**, and **mental health charities** like **MIND**.

Our programme is specifically designed to give you an *ethical, industry-recognised qualification* that leads to genuine opportunities and long-term success. Without this professional body recognition, many graduates struggle to find work in the mental health field or gain acceptance in respected roles.

## Our Diploma meets the criteria set by leading Professional Bodies:

Key Course Features, Our Diploma meets the criteria set by leading professional bodies:

- Minimum 2 years part-time training
- 100+ supervised client placement hours
- 70%+ face-to-face teaching, up to 30% live online
- Supervision at a 1:8 ratio
- Real client work and integrated assessment

## Why We Don’t Use an Examining Body

So that we can:

- Teach a modern, relevant and engaging curriculum
- Prioritise practical skills and professional ethics
- Support every student personally while still meeting all required standards
- Keep the costs down, so that we don’t have to pay an examining body to use their course
- Alter the course far more swiftly to suit upcoming trends and Professional Body requirements
- Keep the courses relevant in their content - avoiding any examining body bureaucracy

## Your Next Step

When you join the HUB, you’re not just enrolling on a course — you’re investing in a meaningful career. Our qualifications are built on ethical foundations and are designed to be respected and recognised across the industry. You’ll be supported every step of the way by a dedicated team of experienced tutors - all active members of leading professional bodies, and passionate about helping you thrive as both a student and future counsellor.

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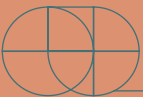
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# Your Graduation

## CONGRATULATIONS

We believe graduation is a moment worth celebrating—and we do it in style, with bubbly, cake, and a thoughtful gift to mark your achievement!

But more importantly, this is when you receive your official Certificate - formal recognition of your hard work and dedication. Your qualification isn't just something we value; it's respected by professional bodies and recognised across the counselling and mental health sector.

Unlike many unregulated counselling courses that may not be accepted by employers such as the NHS, schools, mental health charities, or organisations like Bupa and MIND, our Diploma in Counselling is recognised by our main Professional Bodies NCPS (National Counselling & Psychotherapy Society) and by the BACP (British Association for Counselling and Psychotherapy).

This recognition is vital when it comes to pursuing employment, registering with professional bodies, or setting up in private practice.

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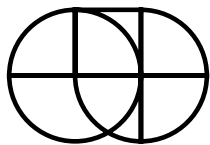
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We would love to hear from you

Go to our website for our Student Reviews, FAQ's,  
Course info and Application forms.  
[www.counsellingtraininghub.co.uk](http://www.counsellingtraininghub.co.uk)

For enquiries  
Email: [manager@counsellingtrainingHUB.co.uk](mailto:manager@counsellingtrainingHUB.co.uk)

Watch out for our OPEN DAYS, where you can meet the  
team and also many of the current students.

Connect with us to know about upcoming events like this  
and other CPD via FaceBook

**PREVIOUS**