



BELCONNEN UNITED FC

Football philosophy and development

We expect all players, coaches, supporters and administrators to live our values on and off the field. We remember our values through the acronym PRIDE:

- ▶ **Passion:** We instill love for the sport that encourages football for life.
- ▶ **Respect:** We respect fellow teammates, coaches, and the club, and support them to our utmost in our team endeavours. We also show the same respect to opponents and referees.
- ▶ **Integrity:** We act in a fair and consistent and transparent manner.
- ▶ **Dedication:** We expect all members to make a commitment to the club and to its teams (teamwork).
- ▶ **Excellence:** We set, work towards, and achieve the highest standards.

VALUES



CULTURE

- ▶ Standards, behaviour and personal conduct
- ▶ Relationships between staff, players, parents and external
- ▶ Code of conduct

FOOTBALL APPROACH

- ▶ National curriculum
- ▶ Coach development
- ▶ Player development
- ▶ Focus on 'home grown' talent

FOOTBALL PHILOSOPHY PILLARS



The BUFC philosophy provides a framework for great cultural values, and a contemporary approach to player development, coach development and style of play...

WHY HAVE A CLUB FOOTBALL
PHILOSOPHY ?



EXPECTATIONS FOR COACHES (1)

- ▶ Safety and well-being of players
- ▶ Delivery of appropriate content to the highest standard
- ▶ Assist in the development of the players personality, self confidence, motivation, concentration and communication skills
- ▶ Instill the highest possible standards to ensure players are pushing themselves to excel

BUFC FOOTBALL PHILOSOPHY



EXPECTATIONS FOR COACHES (2)

- ▶ Demand good behaviour and personal conduct
- ▶ Maintain and display high standards of behaviour and appearance, and lead by example
- ▶ Complete the required reports and assessments
- ▶ Develop a positive relationship with players and parents
- ▶ Work collegiately with other coaches and TD with the club vision as a focus

BUFC FOOTBALL PHILOSOPHY



EXPECTATIONS FOR PARENTS

- ▶ Contact with coaches and coaching staff
- ▶ Communication with coaches, coaching staff and administrative staff
- ▶ BUFC Parent/Guardian Code of Conduct
- ▶ Etiquette at training, matches, tournaments

BUFC FOOTBALL PHILOSOPHY



ADMINISTRATION

- ▶ Registration on Playfootball.com
- ▶ Working with vulnerable people certificate
- ▶ Coaches and team managers who are well supported
- ▶ Communication to parents and players
- ▶ Handbook for parents and players

BUFC FOOTBALL PHILOSOPHY



FOOTBALL APPROACH

- ▶ Age and program related goals
- ▶ Game related approach
- ▶ Proactive style of play
- ▶ Possession based approach (dominate through 'effective possession')
- ▶ Creative combination play
- ▶ Strong 'team mentality'
- ▶ Emphasis on technique before tactics
- ▶ Guided discovery for players and coaches

BUFC FOOTBALL PHILOSOPHY



COACH EDUCATION AND DEVELOPMENT

- ▶ Requirement and support for coaches to be accredited with AFC/FFA certification
- ▶ Mentoring from senior coaches
- ▶ BUFC coaches working together as a team
- ▶ Development opportunities
- ▶ Working with Belsouth, Belnorth and Belwest to identify and develop new coaches
- ▶ Encourage female coaches
- ▶ Significant focus on coach development

BUFC FOOTBALL PHILOSOPHY



COACHES MUST BE ABLE TO:

- ▶ Analyse football
- ▶ Define football moments
- ▶ Design and implement session to realise training aim
- ▶ Understand “Holistic vs Isolated approach”
- ▶ Communicate positively and effectively in an age appropriate way

Perception, decision making and execution
vs
Drills, lines, cones

BUFC FOOTBALL PHILOSOPHY



DEVELOPMENT PATHWAY

The continued success of BUFC requires the maintenance of a system that both nurtures homegrown talent and values coaches

BUFC FOOTBALL PHILOSOPHY



The BUFC Football Performance Program aims to assist players and coaches develop their skills and capabilities within a high performance environment in line with the FFA Curriculum and Whole of Football Plan

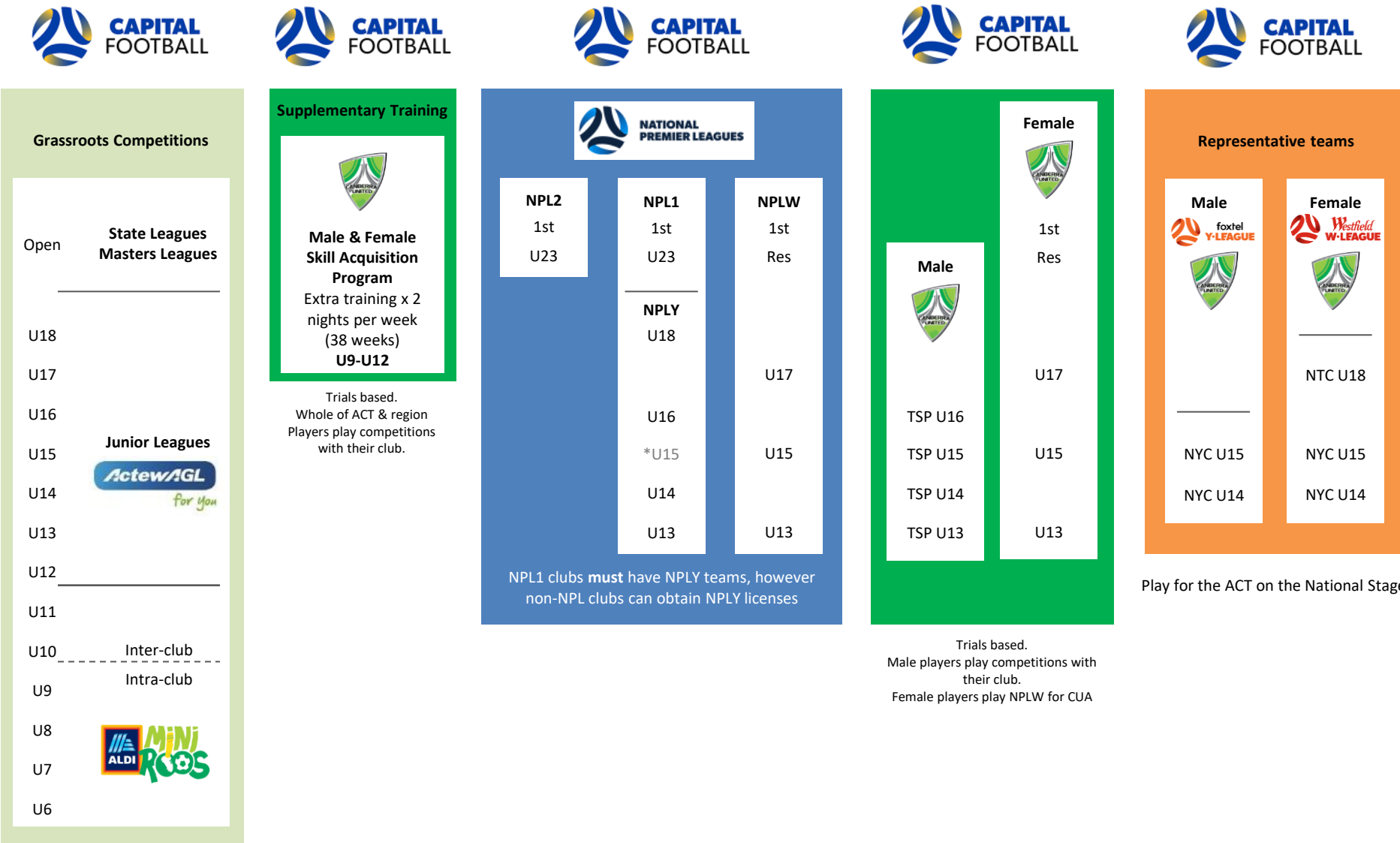
FOOTBALL PERFORMANCE PROGRAM

Age and Program Related Goals

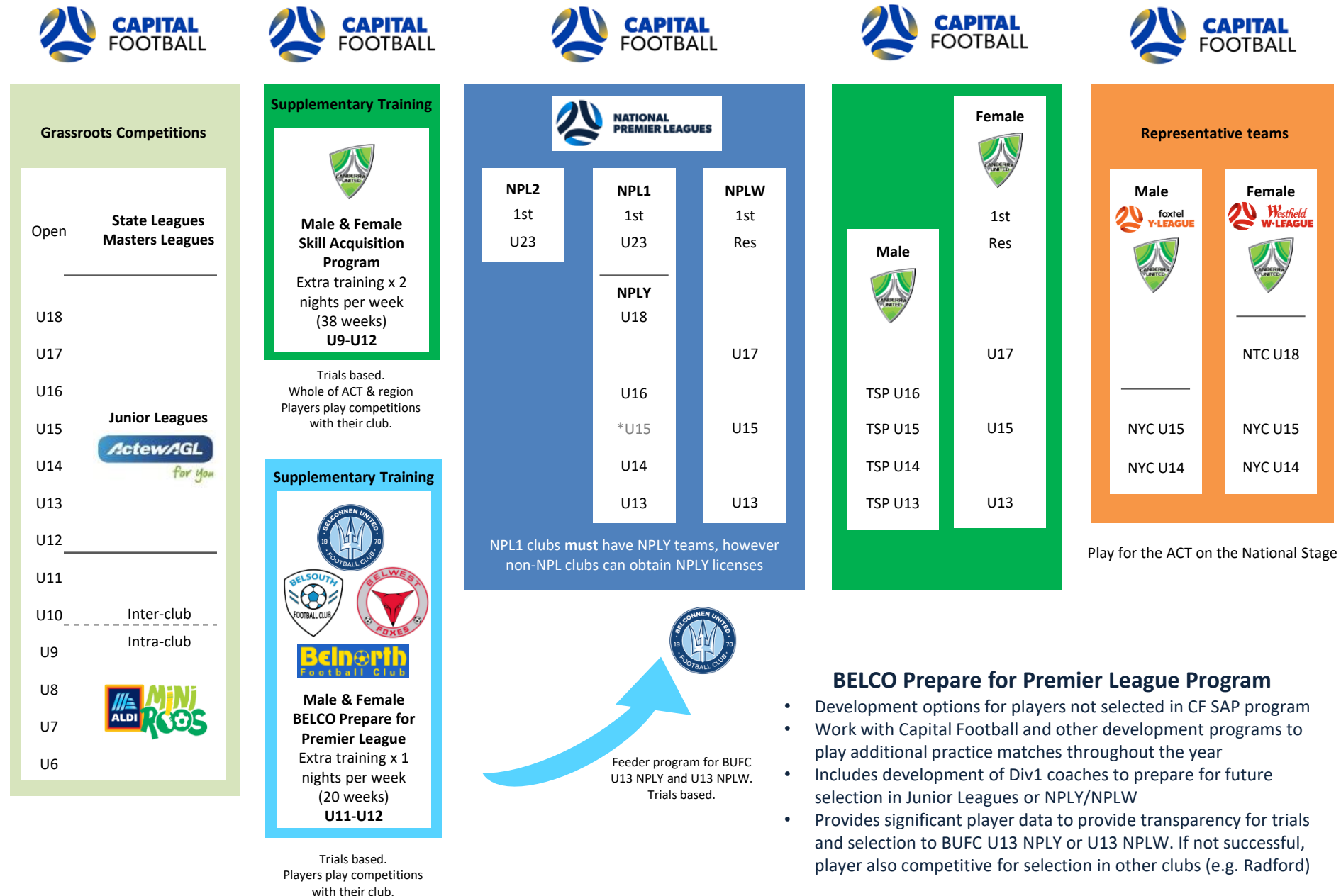
BUFC FOOTBALL PHILOSOPHY



Player development pathways in ACT (Capital Football options)



Player development pathways in ACT (additional option: Belconnen region)





Our framework for football in the Belconnen region

Facilities

A combined Belconnen approach to lobby for continual improvement to football facilities in our region to improve the playing experience for our players

Programs & Events

Support each other in the timing, promotion and attendance of Belconnen club's programs and events to ensure their success and to build our sense of community

Fundraising & Sponsors

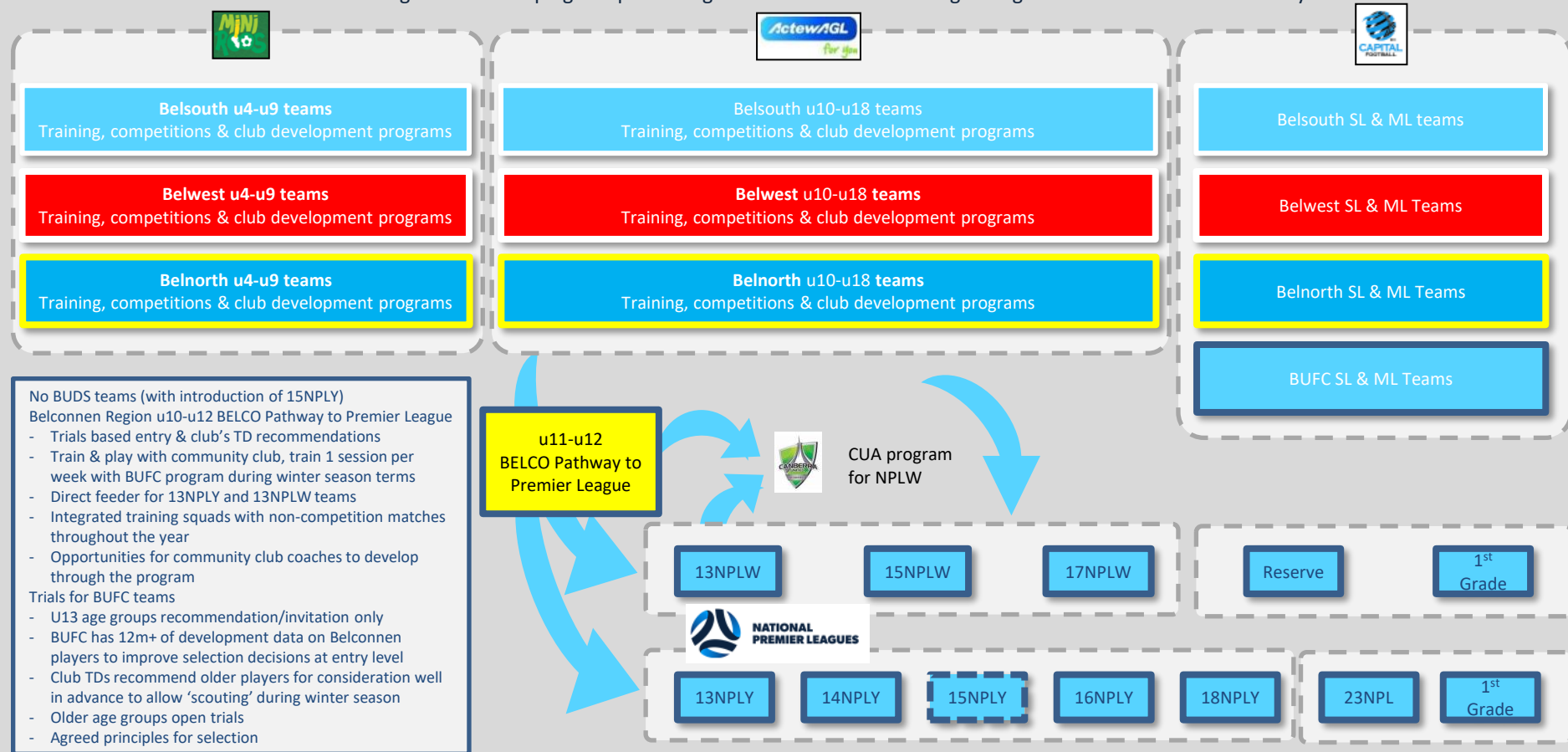
Support each other in our fundraising efforts and leverage opportunities to provide value for our sponsors through our Belconnen football community

Operations

Share knowledge, experience, tools and tips to better plan, govern and manage our individual football enterprises for the benefit of our Belconnen football community

Developing and delivering football programs in the Belconnen Region

Our common goal for developing and promoting a love for football for our growing Belconnen football community





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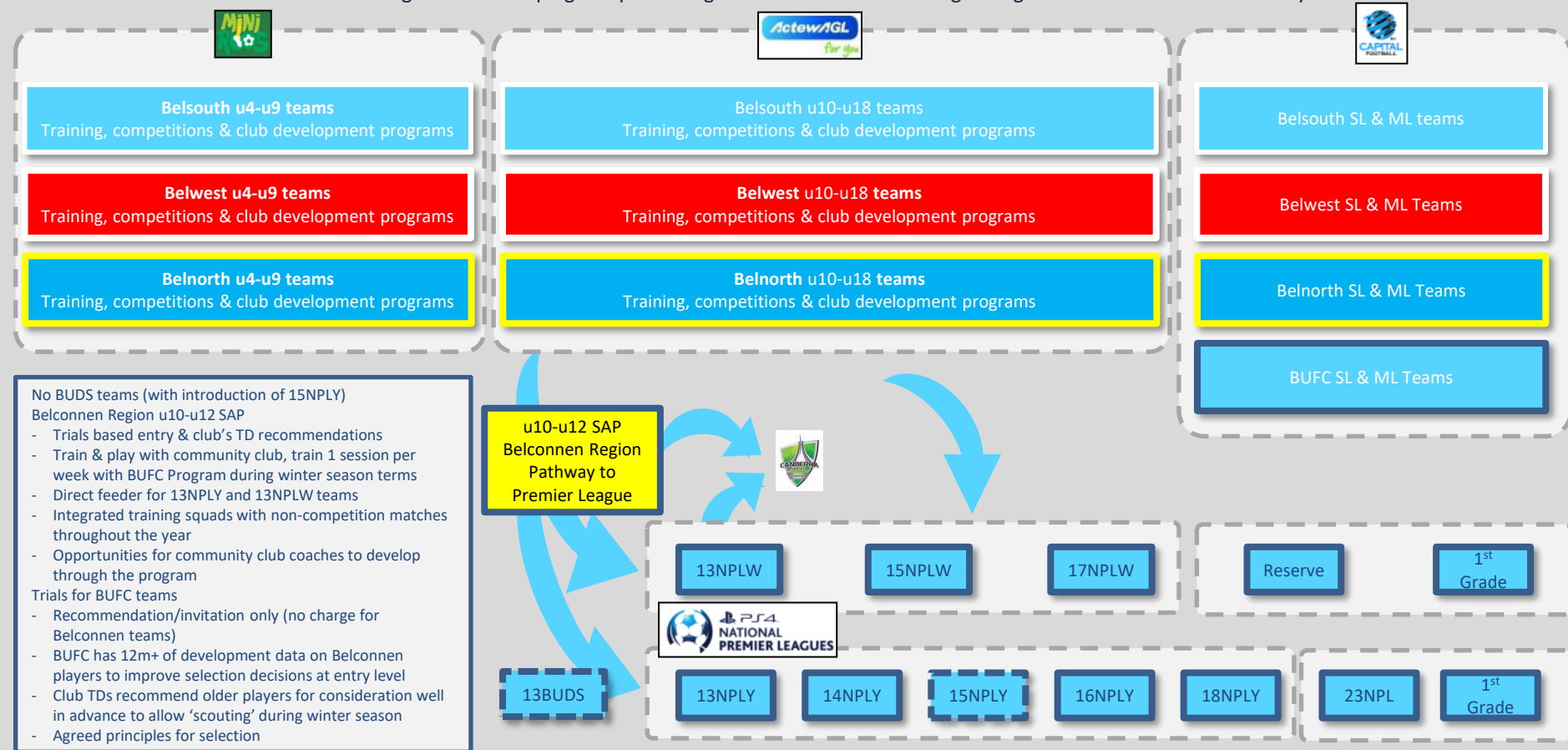
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PATHWAYS Program Approach

- ▶ Specialized age appropriate coaching
- ▶ The BEST with the BEST
- ▶ Purposeful practice to 'automate' the core skills
- ▶ Development over results
- ▶ Developing match winning players for Belconnen, the ACT, and Australia

SKILLS ACQUISITION TRAINING



U10-U12 Belco Pathway to Premier League

COACHING GOALS

- ▶ 4 core skills
- ▶ Positional play
- ▶ (Measure development with core skills)

TRAINING PROGRAM

- ▶ Training: 1 session per week
- ▶ Time/volume: 1 hour per session
- ▶ Also train 2x/week and play with local club and/or school
- ▶ Individual performance plans (homework)

SKILLS ACQUISITION TRAINING



U13, U14, U16 NPL/U13, U15 NPLW

COACHING GOALS

- ▶ Main moments in the game
- ▶ Positional play
- ▶ (Measure development with main moments)

TRAINING PROGRAM

- ▶ Training: 2-3 times per week
- ▶ Time/volume: 1.25 hours per session
- ▶ Individual performance plans (homework)

GAME TRAINING PROGRAM



U18, U23, First Grade NPL U17, Reserve, First Grade NPLW

COACHING GOALS

- ▶ Main moments in the game
- ▶ Positional play
- ▶ Measure by results

TRAINING PROGRAM

- ▶ Training: 3 times per week
- ▶ Time/volume: 1.5 hours per session

PERFORMANCE PHASE



