

Sacramental Preparation

First Reconciliation and First Eucharist

Children in **Grade 2 or higher** may register for our **First Reconciliation and First Eucharist** preparation program. To enroll, children must have completed at least **one year of catechetical formation** (religious education) prior to registering. Children enrolled in a Catholic school attend only the parish sacramental preparation classes.

Parents of children who were **not baptized at Holy Family Parish** are asked to provide a copy of their child's **Baptismal Certificate** before the celebration of First Reconciliation.

Because the Holy Eucharist is the source and summit of the Christian life, **faithful participation in Sunday Mass is an essential part of sacramental preparation.** Children preparing to receive these sacraments, together with their families, are expected to attend Mass every Sunday and on Holy Days of Obligation. Regular participation in the Eucharist helps children deepen their relationship with Jesus Christ, strengthens their faith, and prepares their hearts to receive Him with reverence and love. Parents are the first and most important teachers of faith. By praying together, participating in the life of the Church, and attending Mass faithfully, families help nurture the spiritual growth of their children and prepare them to receive God's grace through the sacraments.

Confirmation

The **Sacrament of Confirmation** is offered to children in Grade 4 and higher. Candidates must have completed at least one year of catechetical formation before registering for the Confirmation preparation program.

Parents are asked to provide a copy of their child's **First Holy Communion Certificate** at the time of registration or before the celebration of the sacrament. Each candidate is to choose **one Confirmation sponsor** who serves as a faithful Catholic role model. In accordance with the norms of the Church, the sponsor must:

- Be at least 16 years of age.
- Be a fully initiated Catholic who has received the Sacraments of Baptism, Confirmation, and Holy Eucharist.

- Be a practicing Catholic who faithfully participates in the sacramental life of the Church.
- Provide a **Letter of Eligibility** from the parish where he or she is currently registered, confirming that they are eligible to serve as a Confirmation sponsor.

Preparation for Confirmation is a time of spiritual growth, discipleship, and a deeper commitment to Jesus Christ and His Church. **Faithful attendance on Sunday Mass is an essential part of this preparation.** Candidates, together with their families, are expected to participate in Mass every Sunday and on Holy Days of Obligation. Through the celebration of the Eucharist, they encounter Christ, grow in faith, and open their hearts to the gifts of the Holy Spirit.

Confirmation completes the grace of Baptism and strengthens us to live as faithful witnesses of Christ. We encourage parents to accompany their children by praying together, participating in the life of the parish, and making Sunday Mass the center of family life. In doing so, families foster a lasting relationship with Christ and help their children embrace the mission of living the Gospel with faith, hope, and love.