

JULY 2025

the Handup

OFFICIAL NEWSLETTER OF HELPING HANDS COMMUNITY SERVICE GROUP

Harvest Day in the Denver Community Garden

Volunteer Opportunities and Ministry Updates

Click on the text box for details and contact information about each ministry.

Amy's Closet in Denver is open Tues-Sat, morning. New volunteers are welcome. Applications are available in the store. Proceeds from Amy's Closet support the operation of Amy's House.

The Building and Repair Team completed 2 ramp projects and logged 115 hours of service last month. Click the box to join this amazing team.

Amy's House Domestic Violence Shelter currently has 28 residents. The shelter offers support services and assistance for women and children survivors of domestic abuse. Donation needs are below.

The Denver Community Garden is growing and NEEDS YOUR HELP! Please join the team on Tues, Thurs, and Sat mornings beginning at 8:00am to harvest vegetables and maintain the garden. Click the box for details.

The Asbury Resource Center (ARC) serves students with clothing needs in Lincoln County. Volunteers are needed to process donations and switch clothing from summer to fall. Please see current needs listed below.

East Lincoln Christian Ministry needs volunteers to deliver home meals to neighbors. Each route has 6-12 homes to deliver to. Volunteers drive as little as once a month. Their food pantry needs are listed below. Volunteers are needed at the Family Fashion location on Thursday, Friday and Saturday. Click [here](#) for more information.

The Backpack for Kids shelves are VERY low and food donations are needed to fill the summer boxes and prepare for the school Backpack for Kids program starting up again in September. The Amazon link for donation needs is below.

Battleground Elementary is starting a program to improve the skills of those students who are reading below grade level.

Having Mentors who can commit to one hour a week is critical to the success of the program. To receive additional information or to sign up, click here to email Bob Smith.

The Lincoln County DSS Foster Care Program currently has 79 children in foster care, 36 foster homes, and 24 children cleared for adoption. More foster parents are needed. The next class is Aug 21 - Oct 28. Click this box for details. They currently are in need of pull-ups.

Upcoming Events

Every Tues - Sort donations for Furnish a Future, 9:00-11:00am

Every Tues - Sort clothing donations at the ARC, 10:00am-3:00pm

July 11 Beginning of Summer Room in the Inn Ministry

July 19 Hurricane Helene work day in Black Mountain, NC 6am - 7pm

August 4 Next Helping Hands meeting, DUMC Chapel, 10:30am

August 9 Free Back to School Events for Love Denver and West Lincoln Student Fest





“A new command I give to you, that you love one another, just as I have loved you, you also are to love one another”

John 13:34

Volunteer Opportunities and Ministry Updates (continued)

Click on the text box for details and contact information about each ministry.

Frugal Friends continues to provide financial assistance and education through the Financial Literacy Program. The team has decided to be more available to mentor and make a lasting impact on those we assist. Because of this and limited funds, we are significantly decreasing the number of neighbors we serve each month. Click this box if you are interested in becoming a Frugal Friend mentor. Training is provided.

Journey of Hope is devoted to helping the unsheltered and those that are in danger of becoming homeless. Urgent needs during this high heat season include non-perishable food items listed below.

The King's Daughters Ministry has one spot available in their Emerald House Residency Program and one available in their NON-Residency GEM Program. Click for more information.

The Lakewood TV Project allows community members to support residents of Lakewood Care Center by sponsoring television service. We purchased tv's and provide monthly cable service for everyone able to work a remote control. The cost for a year of service is for each room is about \$100. If you're interested in supporting or leading this ministry, click [here](#).

Moms & Munchkins (M&M's) give teen parents skills needed to keep their children safe and thriving in a stable home and offers encouragement and support for these families. Click for details.

Lincoln County's Room in the Inn ministry will host unhoused neighbors Friday evenings and Saturday mornings July 11th through Aug 29th. Consider joining with local churches as we share the love of Jesus through meals, showers, fellowship and respite from the heat. Click to email for more information.

Soul to Soul Outreach continues to advocate for unsheltered and indigent neighbors who are enduring the summer heat. Their 5K Run will be 10/25/2025 at Sally's Y. See below for a list of current needs.

Sunrise Resource Center Outreach Center is running a summer reading program for children in the community. Click for more information about the ministry.

Hurricane Helene Relief Opportunity
We have an opportunity to serve those neighbors still suffering from the effects of Hurricane Helene. If you are interested in joining the group who will be serving in Black Mountain on Saturday July 19th from 6am - 7pm, contact Dale Webster at webstede@gmail.com for additional information. Details to follow on a second 5-day trip to Asheville in Sept.

Gaston Community Action is currently serving 16 clients with counseling, housing, job search, etc. Jen, from Soul to Soul is assisting clients with issues related to employment-furnished health insurance. Click this box to email about other volunteer opportunities.

The Heartbeats Women's Center performed 25 tests, 28 ultrasounds and assisted 4 new clients in June. The agency's annual Fall Walk for Life is scheduled for September 21st. In addition, they are preparing to move into their new building very soon and need boxes and extra hands for the move. Click this box for additional information.

Hesed House of Hope Homeless Shelter currently has some availability in the shelter in the Men's section. They are also in need of supplies that are listed on their Facebook page. Welcome to Andrew who has joined the Hesed team as Assistant Director!

Current Needs

Most items may be brought to DUMC
Monday-Thursday, 10:00am-3:00pm.

AMY'S HOUSE
Toilet paper

ASBURY RESOURCE CENTER (ARC)
Boys clothing, especially jeans size 5-18
Source for donations of large paper bags with handles
(recommended size 16" x18" x 6"). The ARC uses
about 1000 bags a year.

BACKPACKS FOR KIDS
Canned meat
Hearty meals: Ravioli, Hormel Compleats, Canned
soups and stews, Hamburger Helper
(multiples of 48 are preferable)

DSS FOSTER CARE
Click [here](#) for complete list of items and volunteer
opportunities.

EAST LINCOLN CHRISTIAN MINISTRY FOOD MINISTRY
Complete pancake mix and syrup
Powdered Milk

FURNISH A FUTURE
Counterop microwaves
Queen, full, and twin mattress covers
New standard and queen bed pillows
Queen, full, and twin sheet sets
Full, and twin comforters
Queen and full mattresses
Bath and hand towels
Silverware
Kitchen Utensils

JOURNEY OF HOPE
Non-perishable food:
Chicken/tuna salad
Vienna sausages,
Fruit cups

SOUL TO SOUL OUTREACH
Bug spray
Men and women's shorts
Moisture wicking shirts
Men and women's sneakers, size 6-13
New underwear
Sport bras
5K Sponsors needed for October 5K event

Opportunities for Ministry Support through Amazon/Walmart Wish Lists

BACKPACKS FOR KIDS
Provides food for monthly pick up during summer
months for local children to enjoy- click [here](#).

DSS FOSTER CARE
Supports foster families with needed supplies - click
[here](#).

FURNISH A FUTURE
Provides furniture and household goods for families
starting over - For the Amazon wish list, click [here](#). For
the Walmart list, click [here](#).

HEARTBEATS WOMEN'S CENTER
Provides free pregnancy tests, ultrasounds,
counseling, and needed supplies for women
experiencing an unexpected pregnancy. To
provide needed items for these moms, click [here](#).

HESED HOUSE OF HOPE HOMELESS SHELTER
The only homeless shelter in Lincoln County provides
food, shelter, laundry, education, and more to otherwise
unsheltered neighbors - click [here](#).

JOURNEY OF HOPE
Provides outreach, food/meals, blessing bags, financial
assistance and budgeting guidance for unsheltered and
others near homeless - click [here](#).

SOUL TO SOUL OUTREACH
Support Lincoln County's unhoused neighbors by
providing needed items through this ministry - click
[here](#).

