



HUDDLE

GUIDELINES



FCA Huddle Guidelines

Elementary School Huddles

ESSENTIALS

- School Administration Approval
- Huddle Sponsor and/or parent; qualified through FCA's Volunteer Impact Portal and trained by staff
- Signed parent permission slips
- Invite/involve local churches/pastors
- Oversight/consistent presence of staff or trained volunteer
- Have a plan
- Huddle agenda includes 4 W's; Welcome, Warm Up, Workout, Wrap Up
 - Prayer, fun/fellowship, Bible teaching

STRONGLY ENCOURAGED

- Sponsor complete optional trainings in FCA's Volunteer Impact Portal
- Student Leadership Team
 - Approved Student Leader Application (parents help complete)
 - Helps lead huddles (read Scripture, pray, lead activity, etc)
- Logistics: easily accessible location, promote, 3rd grade and up
- Variety at huddles: speakers, athlete/coach testimonies, group discussion
- Meet weekly

HIGHLY RECOMMENDED

- Service project; inside or outside of school
- Normal huddle meeting duration: 1 hour or less (after school), under 30 minutes (before school)
- Giveaway or sell FCA Gear
- Consistent communication with parents

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- E3 Overview and Playbook
- YouVersion Bible App for devotions
- www.fcahuddletools.com
- Huddles Training Course





FCA Student Leadership Team Guidelines

Elementary School Huddles

ENGAGE | EQUIP | EMPOWER

ESSENTIALS

- Students complete Student Leadership Application (with parental assistance)
- Church attendance/involvement
- Meet regularly with Huddle Leader/Sponsor
 - Sponsor disciples student leaders
 - Team helps plan upcoming huddles using 4 W's
 - (Welcome, Warm-up, Workout, Wrap-up)

STRONGLY ENCOURAGED

- Attend local events/camps (if available)
- Participate in local huddle/leadership trainings offered
- Clearly defined roles
 - Lead games, open/close prayer, read scripture, etc

HIGHLY RECOMMENDED

- Work with sponsor to plan service projects
- Work with sponsor to plan fundraisers
- Seek leaders from different grades and sports (male and female)

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- E3 Overview and Playbook
- Huddles Training Course
- YouVersion Bible App for devotions
- www.fcahuddletools.com





FCA Huddle Guidelines

Middle & High School Huddles

ESSENTIALS

- Student Leadership Team; Student Leaders (13+) qualified through FCA's Volunteer Impact Portal (VIP), meet regularly and lead huddles
- Huddle Sponsor and/or parent; qualified through FCA's VIP and trained by staff
- Invite/involve local churches/pastors
- Oversight/consistent presence of staff or trained volunteer
- Have a plan; meet in regular rhythms (weekly preferred)
- Huddle agenda includes 4 W's; Welcome, Warm Up, Workout, Wrap Up
 - Prayer, fun/fellowship, Bible teaching

STRONGLY ENCOURAGED

- Leadership Team/Sponsor: attend leadership camp, complete optional trainings in FCA's Volunteer Impact Portal
- Logistics: Meet before school, promote, create and understand budget
- Variety at huddles: speakers, athlete/coach testimonies, group discussion

HIGHLY RECOMMENDED

- Service project; inside or outside of school
- Meet in easily accessible area
- Giveaway or sell FCA gear
- Host event: Fields of Faith or Courts for Christ
- Inquire about Raising Athletes in Ministry Program (RAMP)

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- E3 Overview and Playbook
- Huddles Training Course
- YouVersion Bible App for devotions
- www.fcahuddletools.com





FCA Student Leadership Team Guidelines

Middle School Huddles

ENGAGE | EQUIP | EMPOWER

ESSENTIALS

- Students complete Student Leadership Application
- Church attendance/involvement
- Meet regularly with Huddle Leader/Sponsor
 - Sponsor disciples student leaders
 - Team plans upcoming huddles using 4 W's
 - (Welcome, Warm-up, Workout, Wrap-up)

STRONGLY ENCOURAGED

- Attend Leadership Camp
- Serve at local events/camps
- Participate in local huddle/leadership trainings offered
- Clearly defined roles
 - See resource for role recommendations
- Lead prayer/testimony/devo

HIGHLY RECOMMENDED

- Work with sponsor to plan service projects
- Work with sponsor to plan fundraisers
- Seek leaders from different grades and sports (male and female)

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- Role Recommendations
- E3 Overview and Playbook
- Huddles Training Course
- YouVersion Bible App for devotions
- www.fcahuddletools.com





FCA Student Leadership Team Guidelines

High School Huddles

ENGAGE | EQUIP | EMPOWER

ESSENTIALS

- Complete VIP and required trainings
- Meet regularly with Huddle Leader/Sponsor
 - Sponsor discipless student leaders
 - Team plans upcoming huddles using 4 W's
 - (Welcome, Warm-up, Workout, Wrap-up)
- Church attendance/involvement
- Clearly defined roles
 - See resource for role recommendations

STRONGLY ENCOURAGED

- Attend Leadership Camp
- Participate in local huddle/leadership trainings offered
- Serve at local events/camps
- Upperclassmen disciple underclassmen
- Seek leaders from different grades and sports (male and female)

HIGHLY RECOMMENDED

- Student leaders serve at church
- Speak at a middle/elementary school huddles
- Leaders share a minimum of 1 devo per year
- RAMP - MVP and intern opportunities
- Extra Trainings through VIP

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- Role Recommendations
- E3 Overview and Playbook
- Huddles Training Course
- YouVersion Bible App for devotions
- www.fcahuddletools.com





FCA Huddle Guidelines

Collegiate Huddles

ESSENTIALS

- Student Leadership Team
 - Qualified through FCA's Volunteer Impact Portal
 - Meets regularly and leads huddles
- Invite/involve local churches/pastors
- Oversight/consistent presence of staff or trained volunteer
- Have a plan; meet in regular rhythms (weekly preferred)
- Huddle agenda includes 4 W's: Welcome, Warm Up, Workout, Wrap Up
 - Prayer, fun/fellowship, Bible teaching

STRONGLY ENCOURAGED

- Leadership Team: complete optional trainings in FCA's Volunteer Impact Portal
- Logistics: meet in evening, promote, create and understand budget
- Variety at huddles; speakers, athlete/coach testimonies, group discussion
- Share the Raising Athletes in Ministry Program (RAMP)
- Promote Winter Recharge and Leadership Camp

HIGHLY RECOMMENDED

- Service project; inside or outside of school
- Normal huddle 1 hour or less
- Giveaway FCA Gear
- Fun event at the start/end of semester
- Social Media presence
- Speak/serve at local middle/high school huddles

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- E3 Overview and Playbook
- YouVersion Bible App for devotions
- How to have a quiet time sheet
- www.fcahuddletools.com
- Huddles Training Course





FCA Student Leadership Team Guidelines

Collegiate Huddles

ENGAGE | EQUIP | EMPOWER

ESSENTIALS

- Complete VIP & required trainings
- Meet regularly as a team (weekly preferred)
- Meet regularly 1-on-1 with staff (when possible)
- Attend FCA huddle/events
- Consistent spiritual rhythms (quiet time, prayer, sabbath, etc)
- Church attendance/involvement

STRONGLY ENCOURAGED

- Involved in ministry planning
- Lead peer-to-peer discipleship
- Diversity of sport/gender/race
- Scheduled times for: Onboarding, Evaluations, Exit
- Serve in K-12 FCA huddles
- Huddle Leader @ Leadership Camp

HIGHLY RECOMMENDED

- Students agree to school-specific:
 - Expectations/roles
 - Terms/duration
 - Non-negotiables
- RAMP - Intern & staff opportunities

RESOURCES

- FCA Athlete Bibles
- The Four
- The Core
- Role Recommendations
- E3 Overview and Playbook
- Huddles Training Course
- YouVersion Bible App for devotions
- www.fcahuddletools.com





FCA Huddle Guidelines

Coaches Huddles

ESSENTIALS

- Two or more coaches present
- Meet in person, a quiet place free of distractions
- Led by staff or trained volunteer qualified through FCA's Volunteer Impact Portal
- Oversight/consistent presence of staff or trained volunteer
- Huddle agenda includes 4 W's; Welcome, Warm Up, Workout, Wrap Up
 - Prayer, Fellowship, Bible teaching, Application
- Respect their time; have a set duration of huddle and stick to it

STRONGLY ENCOURAGED

- Qualified volunteer complete optional trainings in FCA's Volunteer Impact Portal
- Meet weekly for 6-12 weeks
- Ask questions
- Conclude with a question about change
- Promote Coaches' Time Out (Coach & Spouse), if married

HIGHLY RECOMMENDED

- Give FCA Gear
- Consider in-season/out of season
- Promote Leadership Camp (What players they recommend from their team)
- Invite them to speak at school's multi-sport huddle

RESOURCES

- FCA Coaches Bible
- 360 Coach
- The Four
- The Core
- E3 Overview and Playbook
- YouVersion Bible App for devotions
- Discovery Bible Study Method
- Huddles Training Course

