

De-Escalating Challenging Behaviors: A CPI Training for Parents and Caregivers

The Lurie Center for Autism is offering a parent and caregiver training series designed to support parents with children of ANY age who:

- Refuse to do what is asked of them,
- Are aggressive toward family members at home or in the community,
- Exhibit other types of challenging behavior at home such as yelling/swearing, tantrums, self-injury, property destruction, or running away.

This highly interactive training series offers parents of individuals with autism spectrum disorder the opportunity to learn verbal, non-verbal and physical de-escalation and holding skills to better manage behavioral challenges in the home setting. Crisis Prevention Institute (CPI) is an internationally recognized organization that offers nonviolent crisis intervention to professionals in many settings such as schools, hospitals, and human services agencies. This unique parent training was developed by the Lurie Center for Autism's Senior Behavioral Consultant, Nicole Simon, EdM, LABA, BCBA, in conjunction with CPI.



The first two classes in this interactive workshop series will be conducted virtually. The second two classes will be taught in-person at the Lurie Center. While this series is open to parents of children of all ages, physical interventions for older/larger children will require at least two adults. Please join us for an informative, active, and fun workshop.

Session Dates: (4) Tuesdays in October

Time: 11:30 a.m. - 1:00 p.m., 6 hours total

Group Participants: Open to parents of children of any age.

Participants do not need to be Lurie Center for Autism patients.

Location: Virtual and in-person at The Lurie Center, Lexington, MA

Cost: \$400 for 4-session series

Registration is required. Call 781-860-1700 or email LurieCenter@partners.org to reserve your spot.

LURIE CENTER FOR AUTISM

Lurie Center for Autism is an integrated and multidisciplinary clinical, research, training and advocacy program dedicated to treating individuals with autism spectrum disorder and other developmental disorders. Our mission is to treat individuals and support their families across the lifespan.