## Supporting Caregivers in Times of Suicide Care Need

Thursday, November 20, 2025 12 - 1 p.m.

1 FREE CEU approved for the following professions:

- Licensed Alcohol and Drug Abuse Counselors
- Allied Mental Health Practitioners
- Psychoanalysts
- Psychologists
- Social Workers

Intended audience: Primary Care Providers and Medical Staff, Allied Mental Health Practitioners, Psychologists, Psychoanalysts, Social Workers, Community Health Workers, Medical and Nursing Students Join this one-hour learning session to strengthen support for caregivers who are supporting youth with suicide care needs.

Participants will learn about familycentered communication strategies, practical tools such as safety planning, and community resources to address both acute and ongoing challenges.

Led by Andrew Rosenfeld, MD and Greta Spottswood, MD, MPH, the session will highlight approaches for fostering resilience and coordinated care.



## **Andrew Rosenfeld, MD**

Family psychiatrist and associate professor University of Vermont's Center for Children, Youth & Families



## Greta Spottswood, MD, MPH

Child psychiatrist and pediatric medical director Vermont Consultation and Psychiatry Access Program









CONTACT INFORMATION
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